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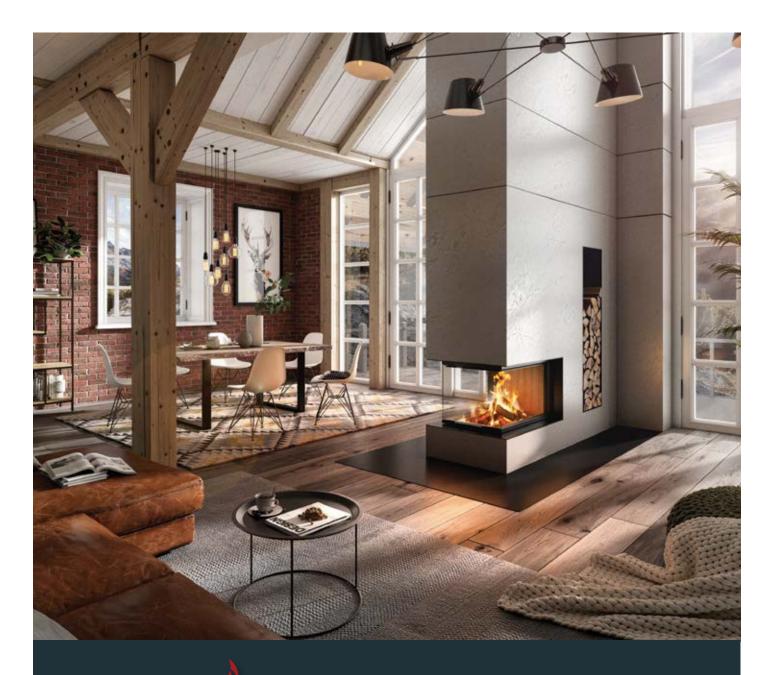
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REGIONAL MANAGING EDITOR Sara Martin

REGIONAL PRODUCTION MANAGER Kelly Donaldson

MARKETING & ADVERTISING Betty Ann Fawcett, 519.372.6338 bettyann.fawcett@ourhomes.ca

#### REACH US EASILY: firstname.lastname@ourhomes.ca

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#### EDITORIAL

EDITOR-IN-CHIEF Georgette McCulloch

ASSOCIATE EDITOR Heather Wright

DIGITAL EDITOR Rachael Havens

MANAGING EDITORS Walter Franczyk, Rachael Havens, Donna Luangmany, Gina Makkar, Sara Martin, Melissa North,

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PRODUCTION DIRECTOR Lynn Derrick

PRODUCTION MANAGERS

Julia Dempsey, Kelly Donaldson, Tracy Shuttleworth

#### OPERATIONS

#### MANAGING DIRECTOR, SALES & MARKETING

Jamie Jefferson jamie.jefferson@ourhomes.ca

MANAGING DIRECTOR, OPERATIONS
Georgette McCulloch

ACCOUNT EXECUTIVE &

DIRECTOR OF DISTRIBUTION Lisa Ormsby

BUSINESS DEVELOPMENT Kelly Craig

**ACCOUNTING** Tyler Annette

#### CONTRIBUTORS

Mike Chajecki, Blynda DaCosta, Nigel Eves, Ashley Graham, Jason Hartog, Rachael Havens, Kelly Horkoff, Connie Jeske Crane, Maddie Johnson, Robin Jowett, Gordon King, Lisa Kooistra, Lauren Long, Sandy MacKay, Sara Martin, Jenelle McCulloch, Tamarisk McNalty Stephens, Devon Pastorius, Lynne Richardson, Erin Rochon, Chelsea Sampson, Megan Smith-Harris, Sarah Tacoma, Patti Wilson

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#### editor's note

MY HOUSE IS IN DISARRAY. Towels cover the sofa, stuffed toys are strewn around the house, paper towels sit in every room at the ready

and liver treats are always in my pocket. I have had one too many close encounters with the sharp edges of

Nylabones, and stuffing the Kong with peanut butter is my go-to for a little quiet time. The reason? Gus, a wheaton/poodle cross - also known as a whoodle – who is now part of my family. He was born at Silver Lake Doodles, where I also found my sweet little girl, Fifi, a papillon/poodle cross or papipoo. If Fifi is anything to go on, Gus is going to be a wonderful addition.

Having a puppy once again is a learning curve. Many people think the learning curve is for the dog, but I look at it differently. I feel the learning curve is for me. Everything I do in my home has become a conscious action with one thought: What will Gus do?

The towels that cover the sofa are there until he understands that furniture is not his resting place. Slowly he is enjoying the big comfy dog beds that are just for him, his toys and treats. He is starting to pay less attention to the vacuum and he knows that cruising alongside the counter in the kitchen is a big no-no. Accidents in the house are becoming less frequent, he is sleeping through the night (in one of those big comfy beds) and he comes when he is called. I don't want to sound like I'm bragging, but he is such a smart boy!

Exposing him to as many different situations and experiences has become my pastime, with the goal of making him chilled about meeting people, going to new places, walking on a leash and

Although dogs do continue to learn throughout their lives, the first three-to-10 months seem to be the best time for their "puppy brain" to absorb information and retain it. As Gus is five months old, I still have time to make him the perfect dog for me. But most importantly, I want Gus to be happy and good natured, love my children and grandchild and anyone who visits my home. So far, that is exactly who this beautiful boy is.

Happy Fall!

Sona Montin

Sara Martin, Managing Editor sara.martin@ourhomes.ca

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A must-have wood-burning fireplace is perfect for family gatherings. Story, page 64. Photography by Sandy MacKay.





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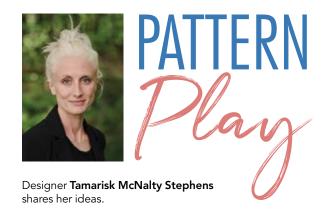


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#### advice



Pattern is a principle of design that refers to the repetition of multiple elements within a design, often seen in wallpaper, fabric, tiles, etc.

Look to nature and you will see patterns all around us (some uniform and some not) in colours, lines and shapes that repeat themselves. Examples of patterns include:

The waves at the beach and the undulating lines they leave in the sand.

A fractal (small-scale, never-ending, complex pattern) found on a snowflake.

The radial symmetry of a tulip or a daisy.

The bilateral symmetry found on a butterfly or leaf (pattern equal on both sides of an axis).

Spirals found on snail shells.

The pattern of the seeds in a sunflower head or when looking at a top-down view of a pinecone.





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#### INTEGRATING PATTERNS IN YOUR HOME

There has been a strong focus on minimalist interiors over the past decade and, currently, a definite shift towards a more traditional approach to decorating. This often means embracing more patterns in our homes – in an updated way and to varying degrees, of course.

Here are some tips to spruce up your space with patterns.

#### 1. PICK A PALETTE

Before you begin to play with patterns, it's important to decide on an overall palette – and stick to it. If you intend to use many patterns, try limiting the number of colours and selecting hues of the same intensity. A cohesive colour scheme will help tie it all together.

#### 2. FOCUS ON FEELING

Decide on the feeling you are trying to achieve in the space (energizing vs. serene, etc.). A graphic wallcovering may help enliven a space whereas a soft tone-on-tone botanical wallcovering may create a more restful atmosphere.

#### 3. EMPHASIZE SCALE

If all your patterns have a large motif, the space will not feel balanced. It is best to integrate patterns from small to large. For example, a large graphic floral print combined with a medium stripe and a small dot could feel complete when they are combined with simple solids and textural elements.

#### 4. PRACTISE RESTRAINT

Don't forget about "negative space" as it ensures the eye can focus on the important elements while providing a moment to pause between them. More is more – until it becomes chaotic. Balancing patterns throughout the space is key.

#### 5. ACCENTUATE A FOCAL POINT

Instead of making a pattern the focal point, try to use it to frame and highlight a natural focal point in the space – whether it is a fireplace, a beautiful view outside, built-in cabinetry, etc. You want to draw attention to the focal point in the space, not confuse the eyes as to where the focus should be directed.

#### 6. WHEN IN DOUBT, KEEP IT SIMPLE

Even neutral patterns can add a layer of visual interest and thoughtfulness to a space – it doesn't have to be bright and bold to have an impact. For example, installing a herringbone inlay as a feature in your hardwood flooring or opting for a checkerboard pattern in timeless grey-and-white porcelain tiles can add an understated element of sophistication to your floors.

You can let your unique style and personality shine when you embrace patterns that speak to you and reflect your aesthetic. Have fun! **0H** 



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## Chai VVHITE RUSSIAN

RECIPE AND PHOTOGRAPHY JENELLE MCCULLOCH

This is a twist on the classic White Russian cocktail. The secret is simple – chai tea infused vodka.

## Ingredients (Makes 4 Cocktails)

#### **CHAI INFUSED VODKA**

8 ounces vodka 4 chai tea bags

#### **RECIPE PER COCKTAIL**

2 ounces of chai infused vodka 1 ounce Kahlúa A splash of heavy cream

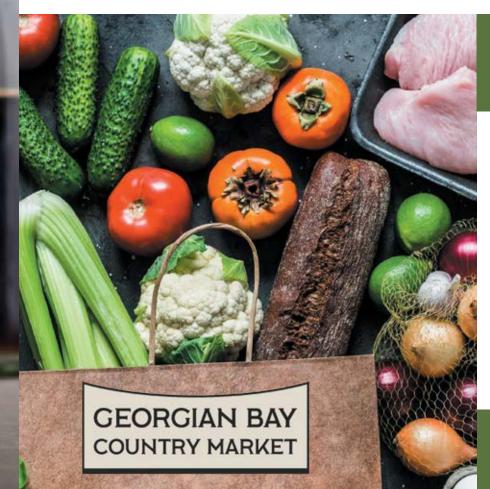
#### Instructions

To infuse the vodka, combine vodka and chai tea bags in a container and let sit for two hours.

When ready to assemble, build cocktail in a serving glass by combining two ounces of chai infused vodka and one ounce of Kahlúa.

Top with a splash of heavy cream. Stir and enjoy! **oH** 





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A kitchen that serves you well has organized storage space, a layout conducive to cooking and serving, and of course, a helping of style. As a peripheral focus, budget is another important consideration. Doing it right the first time will

From someone who's designed more than a few kitchens, here are some key areas to focus on.



#### Traffic

How do you enter, exit and move through your kitchen? How many cooks are working in the space at the same time? Where do you stand to prepare meals and what is your process? Where do you congregate and entertain? The most functional kitchens are designed for the user and their unique lifestyle, so consider this carefully. When planning your kitchen's layout and traffic flow, ensure you're not blocking doorways, windows and pathways or bumping into your partner.

#### Island

If your plan includes an island, don't forget to factor in some room to move around it. Leave at least 42 inches between the food prep area and the perimeter to accommodate one chef, and 48 inches if there's more than one cook at a given time. On the serving and dining side of the island, the counter should have a minimum 12-inch overhang to allow people to sit comfortably.

Aside from your kitchen's overall dimensions, the number of guests you need to accommodate will factor into the island's ideal size. Allow 24 inches per place setting, with a typical dining depth of 18 inches.

Continued on page 32



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#### design ideas

#### Storage

This is a big one. Kitchen storage can include built-in elements like dedicated appliance pullouts (think coffee station or mixer stand), pantries, cabinets and under-island storage, to less permanent, less conventional choices, like a china cabinet, a shelving unit or a table with integrated drawers. Regardless of what you choose, pay attention to height. Convenience is key for certain oftenused items, while highup or awkward spaces are a great place to store occasional items.









**TIP:** Don't forget about the blind spots. There are many often-overlooked areas that can be of good use, like adding pull-out drawers or shelves and sliding waste bins under the sink. Corner cabinets, or those few extra inches between the stove and cabinet, are perfect places for baking sheets and cutting boards.

When planning your kitchen, consider your storage style. Your storage system should be guided by your lifestyle and personality. If you are a visual person, you may benefit from an open-storage system that puts your inventory on display. If this is your organizing style, hopefully neatness is another of your qualities. If you're on the messy side, consider closed cabinets that keep your clutter out of sight and out of mind until you need it.

#### **Technology**

A simple way to meet technology needs and anticipate future ones is to incorporate charging and docking stations into drawers, allowing you to conceal cords neatly out of sight.

The kitchen is, by far, the busiest room in the home. It handles the cooking, eating and entertaining, working and learning from home. It shoulders a huge storage load for daily and occasional essentials. It is where we "do what we do," whether that's hosting friends and family get-togethers, whipping up a gourmet meal or running your side-hustle cupcake business. When your kitchen is built to physically handle your daily lifestyle demands, every day is more enjoyable. он

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They say home is a gathering place where you are always welcome and surrounded by those you love. Steve Brophy and Julie Burnham learned just how true this is when they bought a second home in Markdale in the fall of 2020 and began what was to be the biggest renovation project of their lives. "The house had good bones," says Steve. "It's a white-pine, log cabin home, with a large extension."

The couple from Toronto started exploring different places to buy a recreation home a few years ago. Steve had a strong tie to the Southern Georgian Bay area, bringing his kids skiing here year-after-year when they were younger. "Steve really had his heart in this

general community," Julie says.

In the early days of the pandemic, the couple would spend their weekends driving around, familiarizing themselves with the different communities in the area. They had hired a real estate agent, but only wanted to make the trip north if they could look at a handful of houses. Then Julie stumbled on a YouTube video for a house in Markdale, and she immediately fell in love with the property.

They drove up from the city for a viewing in the spring of 2020 and were shocked by what greeted them. Continued on page 36



ABOVE: The pond is the main feature of the property and what caught Julie's eye. It is a jewel at the centre of the 25-acre property and is surrounded by mature trees and grass. It is not only scenic but serene. Grass is maintained by Vern Scott. RIGHT: The front verandah was rebuilt and now has a covered place to sit and enjoy the view of the property. Black-and-white checked cushions sit on the red Muskoka chairs from The Rusty Star. OPPOSITE: Decks at the rear of the home offer many opportunities to sit and enjoy the pond. Shade-loving plants under the addition to the main house are thriving.



"We got out of the car and we were gobsmacked," says Julie. "Our jaws dropped when we saw the actual property in living colour. It was unbelievable."

The land spans 25 acres of meadows and forest, with a network of trails intertwined. The feature is a lake-sized pond in the middle of the property. A little cabin sits kitty-corner to the expansive main building.

Then they stepped foot into the house and despite what they saw on the listing video, their hearts sank.

"We let out a massive sigh," she says. "You could tell immediately it was going to need work."

But the property, pond and location had stolen their hearts and they saw potential in the house and the cabin. Steve and Julie have five adult children between them, and having that separate living area was a real draw, especially to accommodate their growing family. They knew, over time, it could be the gathering place they had dreamed of.

They put in an offer and closed in the fall, and "have been full-steam-ahead ever since."

**BELOW:** Sitting kitty-corner to the main house, the white pine log cabin is the favourite accommodation for guests. Linwood Industrial Corp. supplied the metal for the roof, which was installed by Boathouse Creations. Hardscape materials were sourced at SW Stone Works.









The main house was built in 1987 with the great room a more recent addition. Conversely, the small cabin is a historic building estimated to have been built in the early to mid-1800s as a settler's construction.

Steve and Julie knew there were three main projects they wanted to tackle. A friend in the Beaver Valley area recommended local contractor **Charles Assels** of **C&A Construction Ltd.** and the trio clicked right away. Charles and his site supervisor **Blair Borthwick** jumped right in.

The first project was the cabin.

"It was a disaster and I think most people would have completely bulldozed it, but we wanted to preserve it," says Steve.

They took it right back to the logs – the floor was dirt – and completely renovated it. It now has two guest bedrooms. Julie says that when they give their guests the option of which building to stay in, they always pick the cabin. Continued on page 39





**TOP LEFT:** The front door of the guest cabin has a charming screen door and a flowered wreath. **TOP RIGHT:** A large firepit at the rear of the guest cabin is surrounded by rustic log benches. **ABOVE LEFT:** The handsome six-year-old mini bernedoode, K-Os, loves his country life. **ABOVE:** Julie and Steve's sense of humour is evident in the sign hanging on the old well pump in front of the guest cabin.









The next project was replacing the large set of stairs situated in the front entryway of the main house.

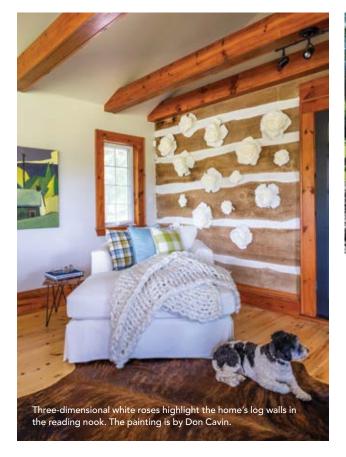
"They were old, very traditional colonial switchback stairs and as soon as you walked in the front door you could basically touch them," laughs Julie. "The entrance was not at all inviting."

A custom-built set of stairs was installed from the basement all the way to the second floor.

"Cavan Dykeman and Scott Kutcy of Boathouse Creations did an incredible job," says Julie. "We had an idea but it was their vision and creativity as artists that brought new life to our home. They made a

As with most major projects, one thing leads to another and they ended up pulling out the entire basement and renovating it, as well as the entire primary bedroom, and turned the only bathroom on the second floor into two: a main bathroom and an en suite for the primary bedroom. Continued on page 40

beautiful open space for us."



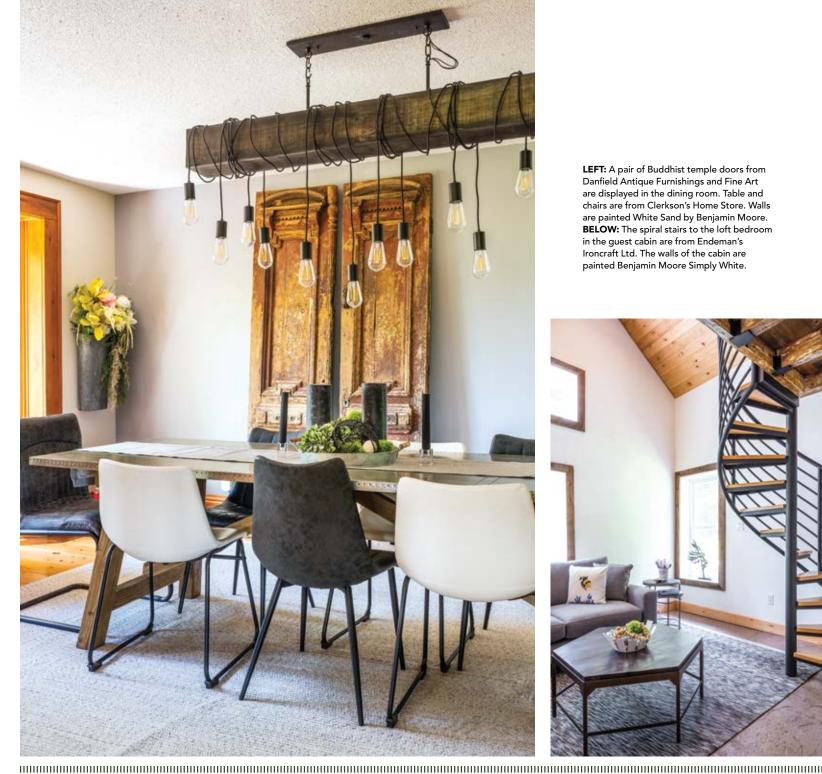


All the guest bedrooms have been numbered to give the house a hotel feel. Julie even added little cubbies in the main bathroom with the room numbers and all their kids' (and plus ones) names so they have a place to store their toiletries.

"I really enjoy having people come here and want them to feel like they are in a special place," she says.

In fact, Julie and Steve say that is the number-one comment they get from anyone who comes to visit, that it feels like a resort. That or a luxury golf course. "We try to be as thoughtful as we can in terms of





**LEFT:** A pair of Buddhist temple doors from Danfield Antique Furnishings and Fine Art are displayed in the dining room. Table and chairs are from Clerkson's Home Store. Walls are painted White Sand by Benjamin Moore. **BELOW:** The spiral stairs to the loft bedroom in the guest cabin are from Endeman's Ironcraft Ltd. The walls of the cabin are painted Benjamin Moore Simply White.



'what would people need here to make their experience as best as could be," Julie says. If every bedroom was occupied, they could sleep 15 people comfortably. And they have.

Their final project has yet to be completed, but when it is, the place will be more than what they ever envisioned.

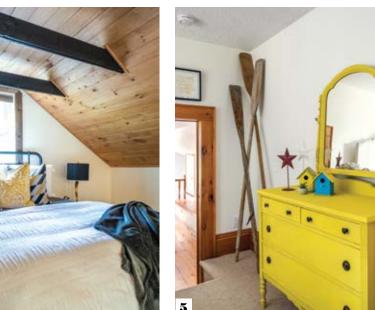
Seven acres of the 25 have all been cleared into a meadow – hence the luxury golf course

feel. But other than the front verandah, there was no outdoor living area. Even the verandah needed a major facelift. So they tore it out and landscaped the surrounding area, and this is where Steve and Julie hang out when they are not down by the pond. The big idea is to build a series of connecting terraces with a roof – an open-air, outdoor-living concept. They expect this to come together within the next year.

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While they gave full creative license to Charles Assels and Blair Borthwick, and they had professional input on the colour palette, they choose almost all of the décor themselves. Julie says the interior decorating in both buildings has been a DIY project.

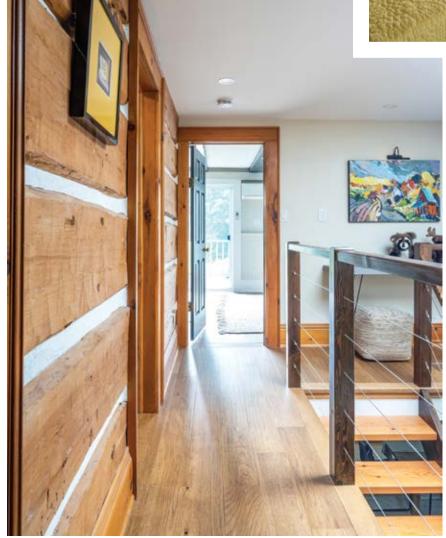
The house also features a jukebox, pool table that converts to a ping pong table, large TVs and a built-in Sonos sound system throughout the main building. "Everything people need to have fun," Julie says. There are also trails throughout the property for snowshoeing and hiking and they even have a John Deere Gator to help them get around in the summer.

But the best part? Julie says the the property has brought them closer as an extended family.

"I didn't expect any of that when we bought this place," she says. "Our family has always been tight, but this really reconnected us in such a special way."

"From my perspective, we always had a vision of creating a gathering place," adds Steve. "People come and stay for a couple nights, we talk and eat together. We love to say, 'only memories served here' and that's exactly what we wanted for this home." OH



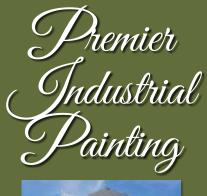




**TOP RIGHT:** Sliding doors in the primary bedroom lead to a private balcony. Heating and cooling for the home and cabin were entrusted to Zeke Air Heating & Cooling. **LEFT:** The design of the new stairs in the upper-level hallway creates openness that highlights the beams of the log structure. ABOVE: Yellow accents in the primary bedroom are layered on the bed. The sign above the headboard starts each day with a positive and joyful affirmation.









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# NAPKIN RINGS

PROJECT AND PHOTOGRAPHY ERIN ROCHON

ELEVATE YOUR DINING EXPERIENCE WITH A WHEAT-LOOK NAPKIN RING. THIS DIY IS EASY TO MAKE AND WILL BRING AN ORGANIC FEEL TO YOUR AUTUMN DINNER TABLE.



#### Materials

Round metal shower curtain rings Dried wheat stalks Hot glue gun













#### How-to

#### STEP ONE

Start by gluing approximately three strands of raffia ends to the shower curtain ring. Once the ends are securely attached, begin wrapping the raffia to completely cover the ring. Once it's covered, glue the ends to hold them in place.

#### **STEP TWO**

Take three wheat stalks and cut one of the stalks to approximately seven inches in length. Cut the remaining two stalks to five inches in length. Use the raffia to either tie the wheat stalks together or add a drop of glue to secure them in place. Add three strands of raffia in varying heights around the stalks to create leaves. Use your fingers to curl the leaves to add more interest.

#### STEP THREE

Add glue to the napkin ring, place the wheat stalks vertically and hold in place until the glue dries. Next, use a raffia strand to tie the stalks in an X pattern to hold it in place. For a more finished look, wrap the ends of the stalks with raffia. Make sure the wheat stalks are secure, then tie off the raffia and glue it in place.

Create a set of napkin rings for your quests, add your favourite napkins and enjoy! on





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# birding STORY LYNNE RICHARDSON PHOTOGRAPHY **NIGEL EVES**

Were you one of the many school kids across the country who memorized this iconic poem that beautifully describes autumn? I was one of those kids and I can still recall it today, word for word. It evokes the simple and charming essence of a fall day.

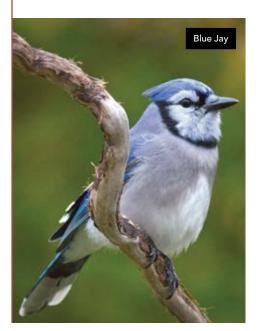
Along the line of smoky hills The crimson forest stands, And all the day the Blue Jay calls Throughout the autumn lands.

Now by the brook the maple leans With all his glory spread, And all the sumacs on the hills Have turned their green to red.

Now by great marshes wrapt in mist, Or past some river's mouth, Throughout the long, still autumn day Wild birds are flying south.

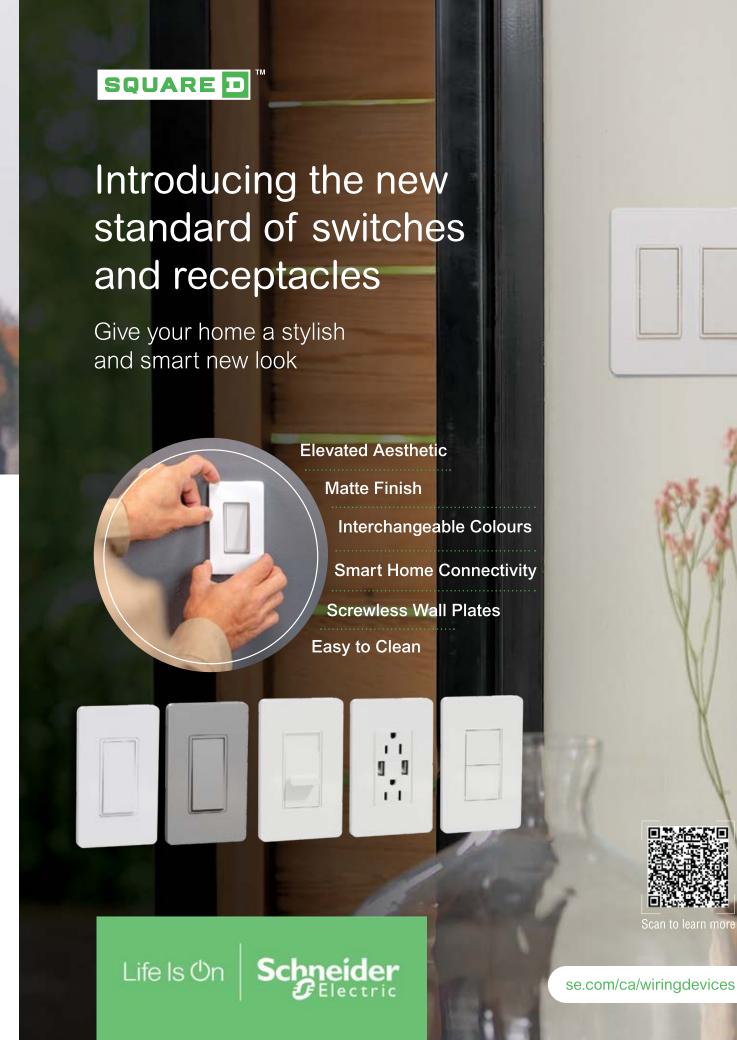
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Wild birds do indeed fly south throughout the autumn lands and in great masses. Roughly three times more than those that arrived in spring migrate in the fall, bolstered by the seasons' crop of young. But even with this mass exodus, the fall flight is somewhat leisurely, with time for gathering into flocks and slowly fuelling up after the frenzied months of courting, nest-building and feeding voracious nestlings are behind them. There is no urgent reason to get to their wintering destinations. However, fall migration still holds its own highlights despite being less intense than the spring journey.



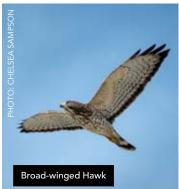
#### **FALLING** INTO WINTER

There are patterns and highlights to the fall flight. It helps to know what to look for and when. Each month features a peak of species that make their move en masse in response to the shortening hours of daylight, the cooling temperatures and the reduced abundance of food. These factors, plus something in their genetic makeup, triggers a mysterious signal to take to the air at a certain point specific to each species. Continued on page 50



# Monthly Highlights









#### AUGUST Shorebirds on the Move

Although technically not yet into autumn, fall migration begins in August, with shorebirds being the specialty of the month. Approximately 35 different species of shorebirds migrate through Ontario in the spring, the majority headed to the high Arctic to nest. These long-distance migrants don't waste any time nesting in the short Arctic summers and surprisingly, turn right around and head back south as soon as the young are fledged. They even leave them behind to find their own way south. How the juveniles, who have never made the trip before and are totally unguided, do that is one of the beautiful mysteries of migration. Shorebird migration runs through most of August. If you're interested in shorebirds, August is the month to check out wetlands and wide shorelines for these unique and fleetingly-seen birds.

#### **SEPTEMBER Kettles of Hawks**

For many birders, hawkwatching is a highlight of the fall migration and southern Ontario has some of the top hawk-watching sites in Canada. The best sites are located between the Great Lakes, where raptors instinctively concentrate to have as short a flight as possible over water, avoiding the expanses of the big lakes. Hawks rely on rising thermals of air to assist their flight on their journey south, conditions that don't form over water.

The main spectacle of fall hawk-watching occurs famously when ideal conditions allow hawks to "kettle" (think rising like steam from a kettle) high into the air and then stream south in spectacular numbers - in the tens of thousands at times - in mid-September! Broadwinged Hawks are the stars of this unique show. Previews of these mass movements can be seen across Ontario on days with the right wind and weather conditions.

#### **OCTOBER** A Diversity of Ducks

October's migratory showpiece features waterfowl. What is more iconically autumnal than the great V formations of Canada Geese honking their way south in the skies above us. Yes, we all know that some have become habituated to staying year-round, thanks to our food-rich, cultivated landscapes, but truly wild northern-nesting Canada Geese still follow classic migration routes south each October.

Ducks as well begin arriving in numbers, adding interesting variety to the ubiquitous local Mallard populations. "Dabblers" such as sporty Pintails and natty Northern Shovelers brighten up the autumn shorelines. Mid-shore "bay ducks" such as colourful Canvasback and Redheads add to the autumnal ambience. Divers, or "sea ducks" such as Scaups and Scoters raft further out in the bigger lakes. And look for tiny Green-winged Teal in marshes, wet fields and smaller ponds. The wide variety of ducks during fall migration helps keep the birding alive and well through October and into November.

#### **NOVEMBER** It's a Wrap

Through the month of

November, as fall days turn frosty, migration winds down. The last of lingering migrants and stragglers of most species have pretty much cleared out. But it's still officially autumn until December 21 and there is one final phase of fall migration - that of the hardiest of our species. These varied species actually migrate not out of Ontario, but to Ontario, to spend the winter with us. Look for the arrival of November specialties such as Common Goldeneye, Long-tailed Ducks, Glaucous and Iceland white-winged gulls, Snow Buntings and the always-awesome Snowy Owl - all in their winter-white plumages. When these appear, you know fall migration is complete. But they will be welcome company through the winter. on









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## CANDLES take CENTRE STAGE

HOW TO EMBRACE THIS HOT DÉCOR TREND THIS SEASON



Timeless as they may be, candles have also been enjoying a moment of incredible popularity marked not only by booming sales, but also a period of gorgeous, Instagram-worthy creativity.

Much of the current buzz stems from COVID. Hunkered down, North American consumers went on a candle-buying spree that doesn't show any sign of slowing. As the National Candle Association noted recently, candles became "a big winner during the pandemic."

There have been lots of creative twists. (Sometimes literally, in the case of the 1970s-style twisty taper comeback.) Shoppers are proving they simply don't want the same-old, same-old. When it comes to candles, we've become choosy about ingredients, sourcing and style.

The net effect, as candle makers step up to meet demand, is ever more creative ways to get a candle fix. We asked Ontario-based candle makers to take us through the hottest trends. Here's a look:



## SUSTAINABLE INGREDIENTS

First and foremost, today's mantra is sustainability. For shoppers seeking an alternative to traditional paraffin wax candles (which are petroleumbased), there's now a bounty of made-in-Canada options.

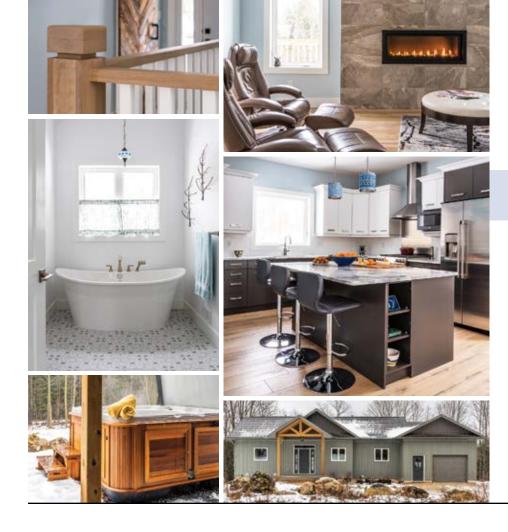
A case in point is Andreea Apostol, owner of Toronto-based Terradomi Candle Co. Andreea says in recent years she's noticed "an increased interest and curiosity from our customers towards the ingredients of the products they use and their impact on the environment." At Terradomi, candles contain natural soy wax, 100 per cent cotton wicks and phthalate-free fragrances. The company also has an innovative container refill program where customers that return containers can either receive a pricereduced refill or a store credit.

In Collingwood, Serendipity Soy Candles is thriving. "We make all-natural soy candles because it is a much healthier way to enjoy candles," says Serendipity owner Jenn Ageeb. "People are buying smarter and they want candles that burn longer and cleaner and that don't cost a fortune."

Jennifer Foshay, who founded Allen Wick Candles 12 years ago in Keene, also embraces natural soy wax and cotton wicks and nixes phthalates. With natural fragrance, she adds, the benefits extend to humans. "They're better for me too, because I'm around the fragrance so much. And better for my customers."

Traditional beeswax is another increasingly popular alternative to paraffin. In Ottawa, Anna Chandler Merlo, the young owner (she's still in high school) of The Wax Studio, is receiving lovely media mentions for her beautiful small-batch modern beeswax candles. Anna, who sources wax from local apiaries, says it's "one of the most eco-friendly and sustainable waxes you can get."

Continued on page 54





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#### **SUPPORTING** LOCAL ARTISANS

Hand-in-hand with sustainability, another hot candle trend is supporting local makers. "Since the beginning of COVID, because so many businesses were shut down, there has been a push to buy local," says Jennifer, noting Allen Wick Candles has seen tremendous growth. "Our business has grown a lot – like 30 or 40 per cent since COVID."

Anna, who's seen a similar rise at The Wax Studio, says, "I feel like people want to be connected more to how the product was made and to buy directly from the people who made it."

Jenn says consumers appreciate products made close to home. "Serendipity ticks all of these boxes and more. With over 350-plus scents to choose from we have something for everyone."





#### CREATIVE FORMS

As for form, jar candles continue to rule the market. As Jennifer says, "For the last five or 10 years, jar candles have been the most popular."

Jar candles aside, the array of options is dizzying. At Terradomi, Andreea says, "Three-wick candles are becoming very popular as a statement piece on the coffee table." There are also lots of trendy shapes from rainbow arches, to bubbles, to body shapes. She says, "Body-shaped candles, particularly female-figured candles are most popular and the seductive shapes offer a great aesthetic for a bathroom or bedroom."

With a small-batch producer, the creativity is ongoing. At The Wax Studio for example, Anna's ever-changing offerings include beeswax birthday candles, twisted tapers, morel mushroom-shapes and owls.



#### **EVOCATIVE SCENTS** AND COLOURS

Finally, today's shoppers want fresh, enticing colours and scents each season. For the fall and holidays, Terradomi will have earthy and cosy aromas like "sandalwood, oud, leather and cedarwood, while reintroducing some of the classics like pumpkin spice and vanilla chai," says Andreea. Closer to the holidays, mulled cider, winterberries, pine, cinnamon and clove scents will also be on the menu.

The colour story is rich. Even beeswax, which Anna says people tend to associate with yellow and white, can be transformed via vegetable-based dyes, "I can pretty much make every colour of the rainbow."

Finally, Jennifer says holiday trends are deliciously rich and traditional. After surveying Allen Wick's customers recently, she says, "Everyone's still very much wanting 'pumpkin pumpkin'." Beyond a rich burnt-orange pumpkin spice candle, Jennifer, whose line includes dessert-themed candles, will carry cinnamon bread pudding and "crisp air and winter berry" scents. And she'll bring back candy cane. "I took a break from it last year and people were disappointed so I'll be bringing it back this year!" **он** 









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While living in Mildmay and attending high school, Luke Lorenz had the opportunity to participate in a co-op program at a custom cabinet business.

The co-op placement segued into a full-time job that lasted eight years.

With the skills he had mastered during that time, Luke made the decision to

establish his own business, and in 2011 **Luxury Woodworking** opened its doors. Not only is Luke a success story for the Ontario Youth Apprenticeship

Program, but he gives back to the program by welcoming students into his

business to experience this intricate and varied profession.

THE PLACE

PHOTOGRAPHY SANDY MACKAY

#### INSPIRATION

Stepping into the showroom opens customer's eyes to the possibilities that are available in custom cabinetry through interactive displays that highlight the quality workmanship offered at Luxury Woodworking. Every item needed to complete a bathroom, mudroom or kitchen project is available, including a trade alliance with TA Appliances & Barbecues in Kitchener. There is an extensive selection of quartz from many well-known manufacturers, as well as stylish faucets and on-trend sinks. The jewelry for cabinets – pulls, knobs and handles – are well represented with traditional and contemporary options. Designer Stefanie Stroeder will guide you through all the options, offer advice and create a design plan, which once approved by clients, travels a very short distance to the large workshop where the construction of the custom cabinetry happens, right behind the showroom!









#### **TRENDS**

Fresh ideas gaining traction in custom kitchen cabinetry include warm woods like maple and oak used to accent warm white cabinets. Blue cabinets are making way for green tones. Solid quartz backsplashes are adding an impressive focal point. Wow factors include pantry entrances concealed behind cabinetry that, when opened, reveal an additional room. on





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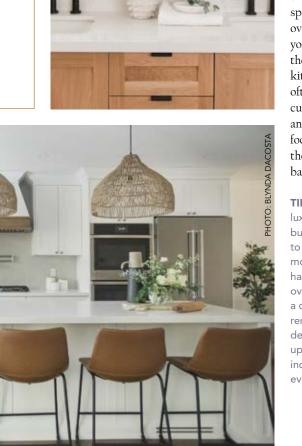
# LITTLE LUXURIES THAT GO A LONG WAY



STORY
LISA KOOISTRA

A little luxury can go a long way in a home. You can maximize your investment by incorporating little luxuries in the right places and in the right ways. Contrary to popular opinion, you don't have to spend a fortune to have an upscale home. If you spend wisely and invest where it counts, you can live luxuriously without breaking the bank. Here are four areas to focus on.





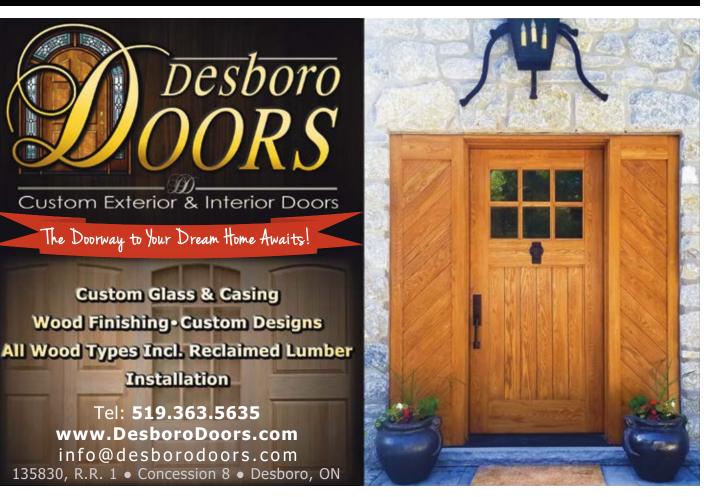
## KITCHENS & BATHROOMS

Kitchens and bathrooms are a focus for homeowners and buyers, so these are both good places to start if you're looking to level-up your luxury. These two rooms will eat up a sizeable chunk of your budget, but the result (when well planned and well executed) is often worth the spend. If there's anything left over, you can put it back in your pocket or put it towards the next project. In the kitchen, justifiable splurges often include countertops, custom cabinetry, lighting and appliances. In bathrooms focus on tile, lighting, the sink/vanity and the bathtub/shower.

TIP: Spend wisely. Yes, even luxury spenders live by a budget. Luxury doesn't have to cost a fortune. It will cost more, but it is possible to have a luxurious home without overspending or enduring a costly and inconvenient renovation. Luxury can be skindeep and sometimes cosmetic upgrades are all you need to increase your enjoyment and eventually, your return.

Continued on page 62





#### design ideas

#### HARDWARE

Hardware is like jewelry – a finishing touch that adds an air of extravagance without being explicit. Cabinet knobs and pulls and the hardware on your windows and doors should complement the overall style aesthetic of the space. Splurge on something you love to dress up neutral cabinets. Go for "highpolish" and consider materials like glass, crystal or anything reflective.

Gold-coloured hardware and fixtures are a favourite in the world of luxury, widely available in polished and brushed finishes. This rich and warm metal is also a great way to warm up another luxury trend – white interiors. Bronze is a good alternative to gold, but with a slightly more rustic character.



# H-DTO: MIKE CHAJECKI

#### WHITE INTERIORS

A monochromatic white room looks larger and brighter than its coloured counterparts, but have you noticed that it somehow looks more luxurious, too? White has a clean, pristine quality to it. It's delicate and refined, exuding elegance. From a designer's perspective, a white interior also offers a clean palette that can be dressed up or down, across trends and aesthetics. A monochromatic colour palette, whether white or otherwise, creates the perfect backdrop to make a focal point - say, a certain luxury item - truly stand out.





#### **DETAILS**

Despite what you may have heard, the "little things" do matter and if you don't think each individual detail is being noticed, you can be sure that the overall aesthetic is. Those seemingly minor details come together to create a broader sense of opulence. This is also a great way to add luxury to the home without doing a renovation. So go ahead and splurge on quality linens, plush cushions and nice candles. Reflective surfaces add essential sparkle and fresh flowers finish the look.

**TIP:** When accessorizing your space with an eye to luxury, be sure to incorporate some "negative space." A home that is too crowded doesn't radiate luxury, but instead implies small, cramped quarters and a lack of breathing room. These empty areas in your home create a sense of space, give the eye a place to rest and allow you to create focal points with art and accessories.

Living luxuriously has little to do with the size of a home or budget. It's about indulging where you can and spending where it counts. You'll find that strategic upgrades can totally transform your home and in turn, how you live and feel in it.

Lisa Kooistra is the creative director and principal designer for Lisa Kooistra Design.



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# ALL THE RIGHT MOVES

STORY RACHAEL HAVENS | PHOTOGRAPHY SANDY MACKAY

Debra Anderson set out to find a new home that could host their family Christmas. After 23 years in Wellington County, Debra and her husband Curtis Rutt were making the move to Grey County.

The couple knew exactly what they wanted, but couldn't find it on the market. It became clear that a custom build was right for them.

Debra knew **Jennifer McInnes** through work, leading to an introduction to Jennifer's husband **Mike McInnes** of **Universal Builders**. A partnership was quickly formed, as Debra and Curtis had found their builders. It also led to the lot their new home is built on, which Mike owned in Eugenia. Driving by immediately after hearing about the lot, Debra remembers "I loved it because it had all the hardwood trees."

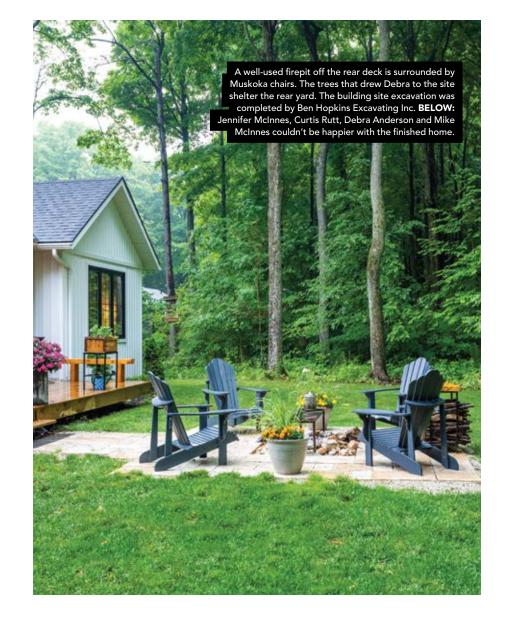
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"Mike has been a carpenter his whole life," says Jennifer. "His father was a carpenter, and he started from an early age, following his dad around. He started Universal Builders in 2003 and now focuses on custom homes, renovations and additions, as well as insulated concrete forms (ICF)." Jennifer joined the business full-time two years ago.

Debra and Curtis had a handful of priorities when it came to the design of their new home, including that it be single-storey, embrace open-concept and incorporate vaulted ceilings. Reclaimed barn beams were also key to the design. Curtis also wanted a three-car garage, while Debra sought a woodburning fireplace.

To accomplish this vision, Mike and Jennifer referred Debra and Curtis to Architectural Technologist Catherine **Lockhart of Residential Graphics &** Design. Across the Grain completed kitchen cabinets, with counters from  $\ensuremath{\mathsf{The}}$ **Granite Company**. Windows and doors are from Van Dolder's Custom Exteriors, building supplies from **Shelburne Home** Hardware Building Centre and flooring from Georgian Design Centre. Rick **Dodd Custom Painting Inc.** completed painting throughout the home, while **The** Master's Workbench handled stairs and railings. "They all did a really great job," Curtis explains. "We're very appreciative of Mike's connections to the trades." Continued on page 69













Debra adds, "Mike's knowledge of local trades helped us get into our house on time." The build was complete in six months, with Debra and Curtis moving in just in time for Christmas. They fondly recall that first festive season in their great room "with our Christmas tree up, lights dimmed and the fireplace going."

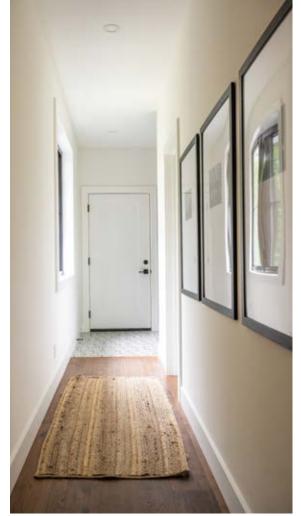
The big, open-concept great room is at the heart of the home with the primary suite at one end and two bedrooms with a bathroom in between on the other end. They had a wonderful experience working with Universal Builders to create this space from the ground up.

Curtis helped out on weekends, too, building the deck and front porch himself. He also built the beautiful rangehood in the kitchen from an inspiration photo Debra found on Pinterest. "It helped make our house feel like it was complete when we moved in," Debra says. "And it kept me busy!" laughs Curtis. Continued on page 71

**LEFT:** An arrangement of beautiful roses sits on the dining table dressed for Thanksgiving dinner with crystal, candles, linens and gold flatware. **BELOW LEFT:** The family dog Rory, short for Aurora, enjoys a rest by the fire on the leather sofa. **BELOW:** Open-cage lighting over the dining table was purchased at Home Depot. The timber frame detail in the vaulted ceiling is made from reclaimed barn beams, which were also used for the fireplace mantel.











Jennifer's favourite part of a build is when the drywall goes up. "Your rooms become rooms, everything starts to take form," she says. Jennifer also appreciated the opportunity to visit the completed house, as she loves to see that "the house you built is now being lived in and it will create memories for another family for years to come."

One of the best parts of the home is the location, which sets the scene for so many of these memories. Debra and Curtis can snowshoe right out their back door, and are also savouring being able to hike the trails in the Old Baldy Conservation Area. Curtis and their daughter, Olivia, refurnished a canoe, and the couple also loves to kayak. Continued on page 72

**TOP LEFT:** A series of photos taken in Austria by Curtis and Debra's daughter Olivia hang in the hallway to the garage. **ABOVE:** The subway tile backsplash was installed by Trendy Designs. The profile on the cabinet doors and drawers is slim Shaker. Gold hardware is a sophisticated choice against the white cabinets. **LEFT:** Encaustic tile in the laundry room carries onto the backsplash. Cabinets were supplied by Across the Grain.



In the primary bedroom, white linen bedding is enhanced with texture and black details. Bedside sconces have adjustable arms so the light can be moved closer to the bed. Painting for the home was completed by Rick Dodd Custom Painting Inc. **BELOW:** This is the view of the en suite from the primary bedroom. The sliding Z-style barn door opens to the walk-in closet.



"THE HOUSE YOU BUILT IS NOW BEING LIVED IN AND IT WILL CREATE MEMORIES FOR ANOTHER FAMILY FOR YEARS TO COME." CONTINUED ON PAGE 74

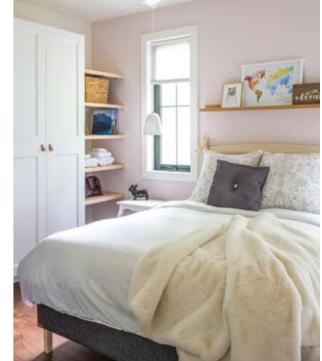




#### home & builder



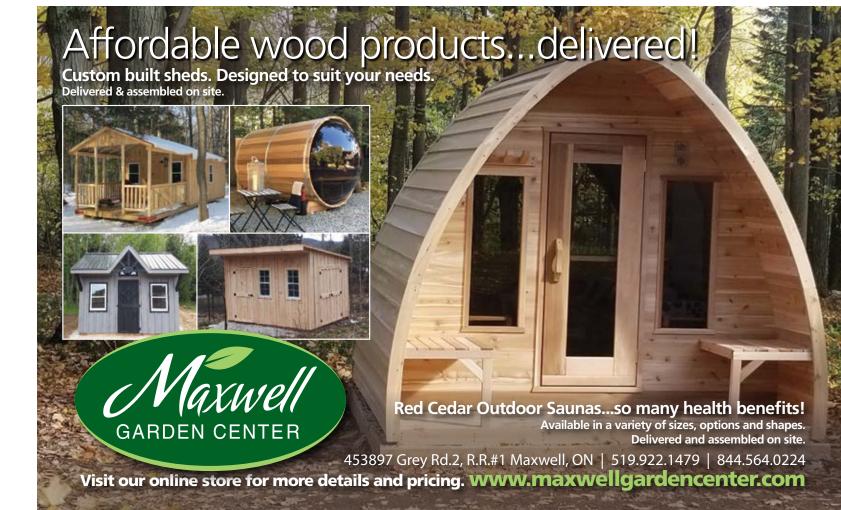
**ABOVE:** Hexagon tile on the floor of the shared bathroom continues up two sides of the shower. The teak bench can be used to hold soap and shampoo or be used as a seat when relaxing under the rain showerhead. **BELOW:** Olivia's bedroom is painted blush pink. The floating shelf above the bed displays mementos and the open shelving by the closet stores extra towels and linens.



"One morning," Debra recalls, "we were having coffee in the great room and our dog started to bark. We looked up and there were deer going through the backyard." Curtis is fond of sitting by the fire with a good glass of wine.

Debra and Curtis are certainly loving life in Grey County. "Fall is beautiful here, I love the changing of the seasons," Debra says, "with lots of privacy and quiet – we're really enjoying it."  $\mathbf{OH}$ 





## Bring on the COLOUR!







STORY CONNIE JESKE CRANE PHOTOGRAPHY CABICO INC

#### MOSSY GREENS. DREAMY BLUES. STATELY CHARCOAL. NAVY. SILVERY SAGE.

As with home décor in general, colour has emerged as a major kitchen story during the pandemic. And yet even as we've all been drooling over those magazine spreads – spotlighting gorgeous cabinetry in unexpected, glorious shades – this trend may leave you inspired, yet also filled with questions. So many questions.

Let's face it, cabinets are a big ticket item. If you're planning a kitchen reno, it's legitimate to wonder: "Will I regret purchasing luscious emerald green kitchen cabinets?" "Would a bold shade even work in my space?" "Is it worth the expense or am I better off sticking to clean and neutral white cupboards?"

With questions in hand, we talked to Jennifer Paul, product development manager of Cabico-Elmwood Fine Custom Cabinetry in St. Catharines. Here are Jennifer's insights and advice on making all-important colour choices when it comes to your kitchen cabinetry:

Continued on page 78









#### Welcome to The Farm!

Meticulously maintained 3 bedroom bungalow built in 2013 has many features including in-floor heat on main floor and in the basement. 1,700 sq. ft. on main level with additional 380 sq. ft. solarium! Beautiful wood fireplace central to the home is very inviting. Walk out to solarium through the dining area. Primary bedroom has large windows with southern exposure and a 4-piece ensuite. Main floor laundry, tiled floors through-out and even a sauna! Unfinished basement with cold cellar and 8ft ceiling height. Wildlife at your doorstep and 3kms of trails throughout the property including a large pond with abundant waterfowl. Landscaped with many gardens and even a sitting area with pergola and pizza oven! If you want to do some hobby farming, there is a driveshed/ barn 48x72ft with 200amp hydro service. Greenhouse with raised beds. Room for pasturing horses or livestock. 4 car garage; 28x48 for additional storage. Something for everyone and easy access to Highway 10; yet very private.



real estate

Where are colour trends going?

First off, the colour shift we've been seeing in home décor absolutely extends to kitchens too - and major elements such as cabinetry. In January, this trend was front and centre at the 2022 Kitchen & Bath Industry Show (KBIS), held in Orlando. As KBIS pronounced in its official publication: "Also on tap for 2022 is an abundance of colour... people want to be happier in their homes these days, and colour can be used to create moods and improve well-being."

Here in Canada, that trend is filtering down. In Ontario, Jennifer says when it comes to cabinetry, there's been some slow change. While there are still plenty of white cabinets on order, her company has seen some customers eyeing more colourful options too. "We are seeing a lot of colour, which is exciting. For the last couple years, we've seen a lot of blue, every tone of blue and in 2022 we are seeing a lot of green now."

As for what colour trends are around the corner, she says, "I think we're just coming out of a colour phase that was very warm and neutral or very pastel and very light." From comforting and soothing shades, she expects more vibrancy in cabinetry choices in the coming year. "Many of the blues and greens are very soothing and comforting kinds of colours and I think we're coming into more of the joyful colour trends."



### Who's embracing colour cabinets?

Jennifer makes it clear that bold coloured cabinetry is not an across-theboard phenomenon.

According to Cabico-Elmwood data, she says, the trend is most evident in luxury or higher-end custom projects. In that category, the company has seen quite a big shift from white, with 15 per cent fewer white kitchens ordered between January 2021 and March 2022.

But budgets aside, Jennifer says personality also influences choices. Bolder cabinetry finishes, she says, are more often embraced by a homeowner whose aesthetic gravitates towards colour, who is comfortable taking design risks, decisive and "more in touch even with how colour makes them feel."



#### MAKING IT WORK

Whatever your budget or feeling about colour, Jennifer says anyone who wants to can work this trend into their kitchen project. Here are her tips:

Pick something you can live with - When choosing colour, don't just follow trends. "Pay attention to how the colour makes you feel."

Get help from a pro - If you want a certain cabinet colour, work with your designer and say, "This is how I want to feel; this is the colour that I love."

Customize - Cabinetmakers like Cabico-Elmwood can colour match and create custom shades. Work with your designer to ensure you get a shade that really works in your space.

Remember you can hold back - If you prefer, incorporate your chosen colour selectively. Paint just an accent cabinet, says Jennifer, or only your island. "We're also seeing uppers in paint and then your bases or bottom cabinets are stained."





Come in for your complimentary colour brochure.

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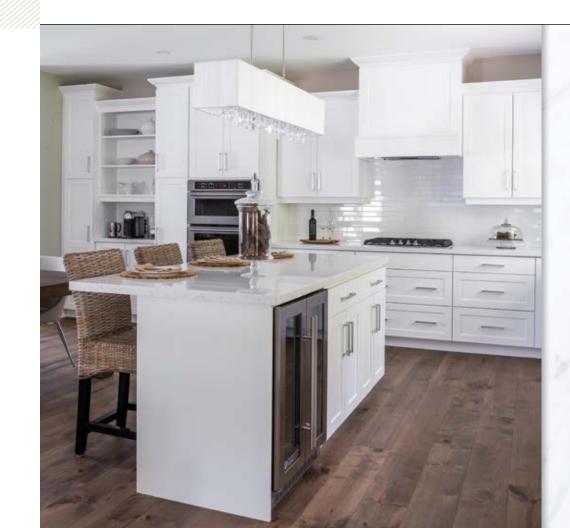
**GreyBrucePaint.com** 

#### Are white cabinets out?

If you still love clean, neutral cabinets, you are not alone and you can rest assured shades of white are here to stay. As Jennifer says, "I'm not sure that we're going to ever see a strong trend going away from white. I think what we are seeing more with the whites is a change in hue - and tones of whites going from cool to neutrals."

To keep a white kitchen on-trend, Jennifer says, homeowners can add in more colour accents or stylish hardware. You can also choose some stained cabinetry elements to add warmth and freshness to your design.

While white cabinets remain a timeless, beautiful option, Jennifer says the presence of so many more coloured finishes has been a game changer. "I do think that opens up a whole world of possible colour to the average homeowner." он







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Combining the Brubacher Cabinets showroom and Benjamin Moore paint store gives our clients the opportunity to create a cohesive design with fewer headaches and travel. Your colour consultant, paint expert and cabinet designers are all under one roof, working together.

"If you desire a spa-like sanctuary or want an energizing pick-me up, the right colour can completely transform a space."

Continued on page 82



#### **TRENDS**

Warm and earthy colours are being combined, like greys with taupe – Benjamin Moore OC-20 Pale Oak used on the walls behind oak or maple floating shelves. That combination could also be used in a kitchen, with the island made of oak or maple and the rest of the cabinetry painted in Pale Oak. Combining these natural tones adds an elegant note however you decide to use them.



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#### **HIGH-R CONSTRUCTION**

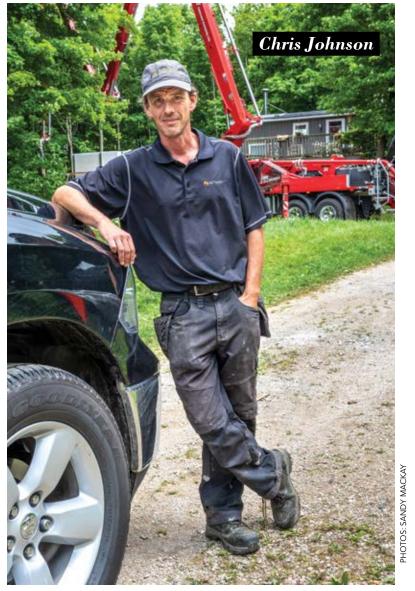
We are the experts when it comes to insulated concrete form construction, better known as ICF. Our team can complete your new build or addition as well as the excavation of the foundation and installation of the septic system.

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#### **COST**

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#### WARMER LOOKS

Monochromatic looks aren't going anywhere but this season the colours are much warmer as we continue to shift from 50 shades of grey to beiges and browns. Accent pieces are all about texture while sticking to the colour scheme. Think camel, cognac and burnt umber.



## SCHUETT FURNITURE & APPLIANCES

Located in Mildmay, Schuett Furniture & Appliances opened its doors in 1906. Andrea and Kristian are now the fourth generation to continue the family business. Whether you know exactly what you're searching for, or need an outside eye to help make it all come together, we would love to help you create the space you've been dreaming of.



#### **COLOUR**

This season we are happy to see bold, earthy colours made timeless by pairing with natural materials and neutral accents, such as this wooden dining chair.

Continued on page 84





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#### people & places

## WILSON SOLUTIONS

We have been helping customers improve their homes since 2015. We offer a variety of custom home finishes, including closet built-ins, garage storage, flooring, window coverings and seasonal space solutions. We work to suit any space, budget and design goal. The best part, we bring our samples to you for a free and personable in-home consultation.

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#### MAKE IT BETTER

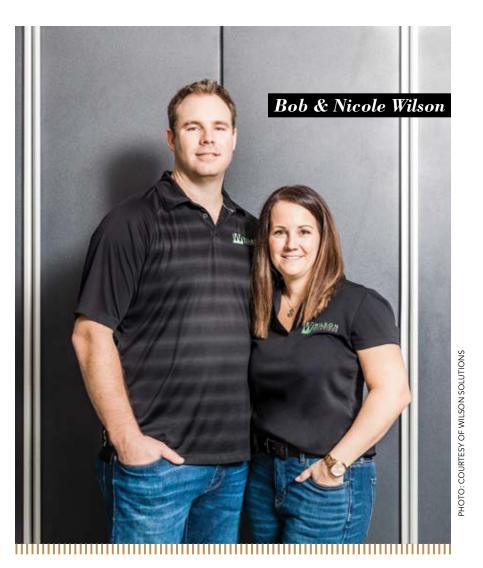
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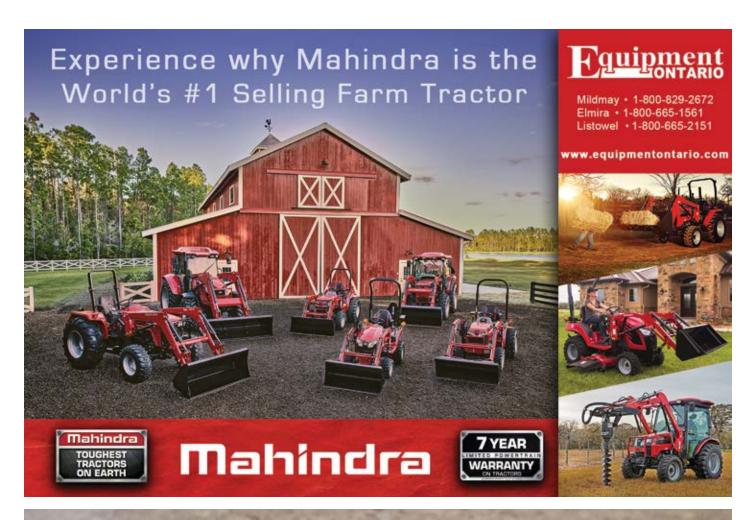
#### MAKE ROOM FOR THE CAR

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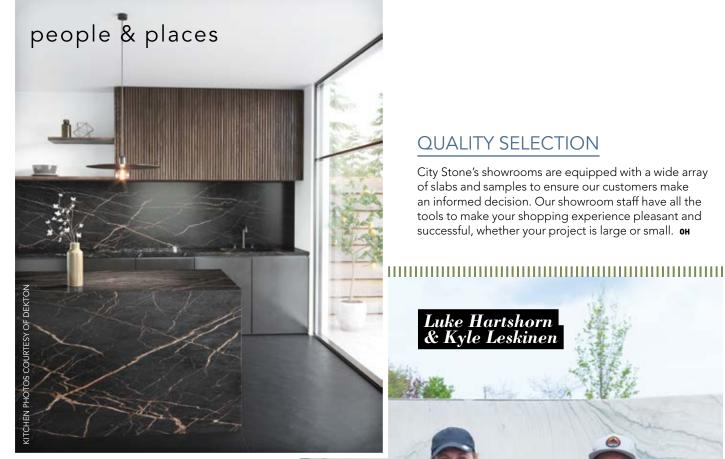
Continued on page 86











#### **QUALITY SELECTION**

Luke Hartshorn & Kyle Leskinen

City Stone's showrooms are equipped with a wide array of slabs and samples to ensure our customers make an informed decision. Our showroom staff have all the tools to make your shopping experience pleasant and successful, whether your project is large or small. OH

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#### **2022 Skills Ontario Competition**

Owen Sound District Secondary School (OSDSS) construction students have reason to celebrate following GOLD and SILVER wins at the 2022 Skills Ontario Competition! Two teams competed in the 'Home and Team Building – Team of Four' category in this year's virtual provincial event, which involved the construction of a small shed at their school on Friday, April 22, 2022. Photos of their build projects were then sent to Skills Ontario to be judged among other submissions from across the province.

Winning GOLD at the provincial level was the OSDSS boys' team of Landon Heathers, Brody Graham. Cole Brown, and Austin Ellis.

Winning SILVER provincially was the OSDSS girls' team of Juliet Williams, Keira Wrigley, Isla Adams, and Sequoia Timmerman.

Bluewater District School Board joins OSDSS and all members of our local school communities in extending deepest congratulations to these teams on their amazing accomplishments. We also congratulate and thank their construction technology teacher, Owen Ferguson, whose guidance and support have been instrumental in the continued success of our students in their exploration of career pathways in the skilled trades.



Cameron Krause was 16 when he began working for JMC Stoneworks Ltd. doing shop clean-up before becoming interested in the Brick & Stone Mason trade. JMC Stoneworks Ltd. owners Mark Coughlin and Jesse Coughlin saw the potential in their young employee and offered Cameron an apprenticeship at age 17 while he was still in his co-op through Elmvale District High School. Cameron said Yes, and they put pen to paper, registering a Training Agreement with Cameron in June 2021.

Stone Mason trade requires 4880 hours of on-the-job work following a provincial standard, coupled with an additional 720 hours of trade school taught at a college level and paid for by the Province of Ontario. Working alongside experts in the trade, Cameron began to sharpen his skills. Now Cameron is a champion, having received a gold medal in the Skills Canada National Competition in Vancouver, May 2022. Cameron's fast and precise work have earned him a place in the World Skills Competition this November in Austria!

Congratulations to Cameron Krause on his hard work and big win, and a gracious thank you to the team at JMC Stoneworks Ltd. for recognizing Cameron's emerging talent and for giving Cameron the first big break of his skilled trades career.





OYAP is a School to Work program that opens the door for students to explore and work in apprenticeship occupations starting in Grade 11 or Grade 12 through the Cooperative Education program. The program is funded by the Government of Ontario.

#### The goals of OYAP are:

- To provide students with the opportunity to start training in a skilled trade while completing the requirements for an Ontario Secondary School Diploma.
- To enable students to make the school to work transition by direct entry into apprenticeship training.
- To provide employers with the opportunity to train the skilled workers they require.
- To provide a viable solution to address the problem of skilled tradespeople shortages in general, and specifically the lack of young people joining the trades.

#### Contact Dave Barrett at Ontario Youth Apprenticeship Program

Bluewater District School Board and Bruce Grey Catholic District School Board 351 1st Avenue North Chesley, Ontario NOG 1LO 519-363-2014 | 1-800-661-7509

#### Contact Elaine McLachlin Ontario Youth Apprenticeship Program (OYAP) Coordinator

Simcoe County District School Board
1170 Highway 26 Midhurst, Ontario L9X 1N6 705-734-6363 Ext. 11342









WITH COLDER MONTHS APPROACHING, OUR WINDOWS WILL SOON BE SHUT MORE THAN THEY'RE OPEN, HEATING SYSTEMS WILL BE FIRED UP AND WE WILL BE WARM AND COSY IN OUR HOMES UNTIL SPRING.

Or will we? Living in a hermetically-sealed environment means air can be stale, dusty and even dangerous. Air pollution inside an average home can be up to five times more polluted than the air outside. According to the 2021 World Air Quality Report, many areas in Southern Ontario exceeded WHO air safety guidelines by two to three times.

There's more. Cleaning products, pet allergens, paint, nail products, shampoos and shaving creams, glues, pets, smoke, dust, insecticides and airborne allergens all contribute to poor air quality that can be deleterious to our health. New furniture, rugs and mattresses can emit volatile organic compounds (VOCs) - chemicals found in products used to build and maintain our homes – for up to five years and trigger breathing problems, eye irritation and asthma attacks. But don't despair – here are seven practical ways to improve the air quality in your home.

#### **GET THE GREEN STUFF**

A simple and beautifying solution: add plants to your indoor spaces. Top contenders include easy-to-clean rubber plants, small-scale prayer plants (perfect for a desk corner) and the showy Dendrobium orchid, which may require a little more care, but will bloom for months. Aloe vera plants not only heal burns but also remove formaldehyde and benzene from the air. These chemicals are commonly found in cleaning products. Spider plants are also a great option.



#### A GOOD DE-DUCT-TION

Cooling and heating your home means ducts are circulating air all year long and are prime areas to collect dander, dust and other allergens. Get your air ducts professionally cleaned to enhance your family's well-being.

#### **UN-FILTERED**

A good rule of thumb is to change out your furnace and AC filters quarterly with every change of season. But there are other filters in your home that need your attention too, including kitchen vents, dryer vents, vacuums and air cleaners.



**DYSON:** Purifier Humidify+Cool Formaldehyde

#### EMBRACE NEXT GEN

Speaking of air cleaners, a new breed of Smart air cleaners will text updates on air quality and the status of the unit's filters. Recently, Dyson engineers introduced the POLAR test, a more accurate, high-tech way to measure the level of air purification in your home.



#### GO AHEAD, VENT

When cooking, utilize your kitchen vent. It's not only there to keep your house from smelling like fried onions, it also sucks up harmful nitrogen dioxide and carbon monoxide from your gas range. Even electric ranges emit smaller amounts of these harmful contaminants, so go ahead, vent!







#### GO NATURAL

Other natural ways to purify your home of micro-allergens and odours include activated charcoal, beeswax candles and using a diffuser with essential oils such as lavender, ylang ylang, peppermint or jasmine. **OH** 



Carpets and rugs do trap dust and other allergens, but if you clean them regularly, they release trapped dust from their fibres. Investing in a high-quality vacuum is a smart move in the long run.



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#### focus









## RANGE of Inspiration

Range hoods are must-have kitchen appliances. They expel gases and odours from your home, remove excess heat, add light to your kitchen and improve your property value. We've selected some of the nicest range hoods in kitchens we've featured. Get inspired and make a statement in your kitchen.



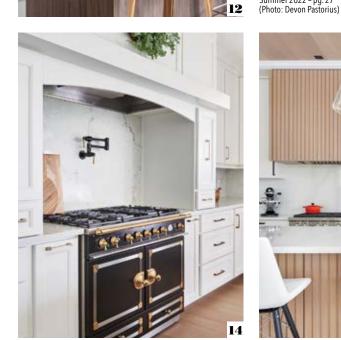














#### As seen in OUR HOMES:

- 1. The City of Ottawa Holiday/ Winter 2021/22 – pg. 72 (Photo: Gordon King)
- 2. Barrie Orillia Midland Innisfil Summer 2021 – Feature Home pg. 35 (Photo: Sandy MacKay)
- 3. The City of Ottawa Fall 2021 pg. 76 (Photo: Gordon King)
- **4.** Southern Georgian Bay Spring 2022 – pg. 56 (Photo: Sandy MacKay)
- 5. Windsor & Essex County Spring 2022 – pg. 47 (Photo: Devon Pastorius)
- **6.** London And Middlesex County Spring 2022 – pg. 41 (Photo: Jason Hartog)
- 7. The City of Ottawa Summer 2022 -pg. 50 (Photo: Gordon King) 8. Oakville Burlington
- B. Oakville Burlington
  Mississauga | Hamilton & Area
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  (Photo: Kelly Horkoff)
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- **10.** The Niagara Region Spring 2022 pg. 36 (Photo: Jason Hartog)
- 11. London And Middlesex County Fall/Winter 2020/21 – pg. 46 (Photo: Jason Hartog)
- 12. Southern Georgian Bay Ski Season 2022 – pg. 75 (Photo: Sandy MacKay)
- 13. Southern Georgian Bay Spring 2022 – pg. 151 (Photo: Sandy MacKay)
- 14. Oakville Burlington Mississauga | Hamilton & Area Summer 2021 – pg. 41 (Photo: Kelly Horkoff)
- 15. Oakville Burlington Mississauga | Hamilton & Area Spring 2022 – pg. 42 (Photo: Jason Hartog)
- 16. Oakville Burlington Mississauga | Hamilton & Area Summer 2022 – pg. 48 (Photo: Jason Hartog) **0H**







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# BEACHFRONT BEACHFRONT BEACHFRONT

Owning a property by the water is a dream many Canadians share. With so many lakes and hidden gems in the Canadian wilderness, it's easy to envision your perfect retreat.

STORY LAUREN LONG | PHOTOGRAPHY SANDY MACKAY



For Laura & Mark Cullen,

designing their ideal all-season getaway was a smooth and exciting process, thanks to the expertise of Beaver Homes & Cottages at Miller's Home Hardware Building Centre in Sauble Beach.

In the summer of 2020, a friend who owns a cottage in Sauble Beach told the Cullens about a quaint one-bedroom log cabin that had just come on the market. Though they knew renovations would be necessary to provide space for their family, and ideally, upgrades for winterization, the beachfront location on Lake Huron made it hard to resist. The cottage became the Cullens' second home.

The Cullens knew of Beaver Homes & Cottages from friends who had an excellent experience when they designed their cottage in Southampton.

"The Beaver Homes & Cottages program is extremely customer friendly," says **Ryan Greig**, Homes & Cottages Design Consultant at Miller's Home Hardware Building Centre.

"Our customers can find everything they want under one roof. Guaranteed pricing and availability relieve a lot of stress. Essentially, the customer can customize their design and do the fun stuff like picking out colours, door and window styles, and we take care of the rest." Continued on page 97

TOP RIGHT: Coreopsis grows in the grass belt between the beach and the house. Windows for the home were manufactured by North Star Windows and Doors and sourced at Miller's Home Hardware Building Centre. RIGHT: The stone skirting on the perimeter of the home is Bruce Blend from Ontario Stone Veneer. The red front door from TruBilt Door Systems was ordered through Miller's Home Hardware. OPPOSITE: Laura and Mark Cullen and the family dog Winnie. The concrete patio deck was installed by Reliable Landscape, Construction & Snow Services and has exposed aggregate that provides traction when wet.



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After Home Hardware's Architectural Solutions Group did an analysis of the existing cottage, the Cullens realized that renovating wasn't really practical, and decided it was best to build brand new. Not wanting to just demolish the existing cottage, Laura hosted a "demo sale" on Facebook Marketplace and was able to sell and repurpose almost everything, from the sink and appliances to the logs and wall panelling.

Laura faced many unprecedented challenges during the construction of the cottage due to the pandemic. She says they were fortunate Miller's recommended local contractor, Rob Christie of RTC Carpentry **Inc.** Rob and his team of tradespeople were able to continue their work at the property on the Saugeen First Nations Reserve during the lockdowns. Rob was great in terms of making the Cullens' dreams a reality. His skill and expertise were extraordinary. Often Laura would suggest an idea and Rob made it a reality. While Rob and the team at Miller's took care of building the cottage, Laura selected materials at the Home Hardware Building Centre in her hometown and sourced appliances, which she then ordered from **Square Deal Neil's TV & Appliances** 

Laura and Mark selected the Dorset 3 bungalow cottage from the Beaver Homes





& Cottages Design Book - large enough to host all their family together at once, with a layout designed for entertaining guests. They made several modifications, including a 400 sq. ft. expansion and eliminated the crawlspace to make it slab-on-grade with in-floor heating.

"We customized a fourth bedroom, powder room and laundry room. The outdoor shower we added has proved handy after walking the dogs or playing with our granddaughter, who loves the sandy beach," says Laura. Continued on page 99





ABOVE: The propane insert is from Continental Fireplaces and available at Miller's Home Hardware. Walls in the home are painted Benjamin Moore Simply White and the Ready Pine ceiling colour is Bennington Gray. Advanced Technologies handled the audio for the home. RIGHT: The carpet in the living area came from Rug and Weave. The Stressless leather chair is positioned to enjoy the view of the water through the expansive windows. OPPOSITE: A deep sectional from Ikea is layered with cushions of different designs, united by the blue accents. The twig coffee table is a nod to traditional cottage style.

"One of my favourite features is the vaulted ceiling in the great room with the Douglas fir beam detail," adds Mark.

The Cullens loved the Dorset 3 design, with an open-concept living and dining area and a u-shaped kitchen. Beautiful Calacatta Flux Quorastone kitchen and island countertops offer a large surface for several people to prepare a meal together.

Expansive windows offer panoramic views of the lake, allowing light to flood the home from the sunrise in the kitchen to the sunset in the great room.

"The windows bring the outdoors in. It is bright and airy with a gorgeous view of the

lake. While sitting inside you feel as though you are sitting on a cruise ship," says Laura. "On fall evenings, we love to sit in the great room and watch the sunset on the horizon of Lake Huron, lighting up the changing colours of the autumn leaves. Every night is a different show."

White shiplap walls and ceilings from **Ready Pine** were chosen to create a traditional cottage ambience. Laura describes the home as "coastal grandmother" with an eclectic edge. The eye-catching front door with a dentil shelf in a vibrant red was sourced by Miller's Home Hardware from TruBilt Door System's Craftsman Gallery. Continued on page 101



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The Cullens' daughter Zoë Grant is a designer of interiors and worked with her mother remotely from her home in Atlanta, due to the pandemic. Zoë custom-designed the kitchen to be functional and efficient. She created a space that would accommodate her mom's love of cooking and big family gatherings. She suggested omitting the walkin closet in the primary bedroom and adding a powder room. Zoë was a tremendous resource during the planning process.

Inside the home, furniture pieces in neutral tones of beige and cream are accented by adornments of blue. Home décor reflecting the coastal theme came from local stores including **The Beach House** in Southampton, **Barebirch** in Owen Sound, and **Unique Pieces** in Sauble Beach. Continued on page 102







TOP RIGHT: Cabinetry for the kitchen was supplied by Wood and Wallworks. Rustic wood floating shelves display décor and cookbooks. ABOVE: Clear glass serving dishes hold an assortment of local treats from the Georgian Bay Country Market. LEFT: Windows behind the farmhouse sink offer a view to the front of the property. Window coverings for the home were sourced at Sunset Blinds & Awnings.

#### feature









TOP LEFT: The vanity in the family bathroom was sourced through AHM Designers Ltd. Lighting for the home was sourced through Chatelaine Lighting. **ABOVE:** The Ready Pine ceiling is repeated in this guestroom. A simple black iron bed is dressed in white linens. Electrical for the home was completed by Ron Nickason Plumbing, Heating and Septic Pumping. LEFT: An antique iron child's bed is adorned with a quilt made by Laura. A rocking chair is ready for bedtime stories.

Continued on page 104







#### feature







The primary bed was purchased at Stoney Creek Furniture. Coastal décor appears in the table-lamp base modelled after a sea urchin and the framed starfish. The quilt

One unique feature of Mark and Laura's home is the quality of the tap water. Many homes in the area rely on well water and purchase bottled water for drinking. A water purification system from Wyckomar UV Purification Systems allows the Cullens to enjoy clean, pure water right from the tap.

The Cullens not only love their beachfront cottage, but also enjoy the peaceful, scenic two-hour drive from their primary home in Guelph to Sauble Beach, avoiding major highways and getting to see some of the prettiest towns and farms in Ontario.

"Customers like Mark and Laura remind me why I love my job," says Ryan. "Walking them through the whole building process and seeing their genuine love for their cottage makes work fun." OH







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Whether it's a brand new construction you need, renovating a space or creating an addition – we've got you. Get in touch, we'd love to have a chat about how we can help. 519.924.0025

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#### HESS **HOME & COMMUNITY** SUPPORT SERVICES GREY - BRUCE

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These programs support area seniors and adults living with disabilities to continue to live in their home, with family, and in their community.

Our programs and services are only partially funded through the Ministry of Health, thus we rely heavily upon charitable donations, over 100,000 volunteer hours annually, as well as community and corporate fundraising and grants. For more information about receiving services, volunteering or making a donation please contact us at: Home & **Community Support Services** Grey-Bruce | 519.372.2091 hcssgreybruce.com (Please see ad on pg 55)



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#### projects



## SOCK PUMPKINS

PROJECT AND PHOTOGRAPHY ERIN ROCHON

The air is crisp, the leaves are changing, fall is finally here! Bring a warm, cosy feel into your space with this spin on classic fall décor. These charming sock pumpkins are so easy to make. Find a comfortable spot and start creating. Here are the materials and steps to make stylish sock pumpkins.

#### **MATERIALS**

3 socks

Fabric scissors

Embroidery needle

**Embroidery floss** 

Dried beans or rice

2 pieces of felt in colours complementary to your socks

Pipe cleaners

Pencil

Stick

Glue gun

#### **HOW-TO**

Start by cutting the top of the sock approximately six-inches in length or just over the heel.

Next, turn the sock inside out, then use the embroidery floss and needle to sew the bottom of the sock. This will be the bottom of the pumpkin. Once complete, pull the thread tight to cinch the bottom and tie a knot.

Turn the sock inside out and back to its original side. Pour the dried beans into the sock to give some weight and stuff with polyfill until the pumpkin is plump. Tie a knot with the floss to close the top and cut off any extra fabric.

To create the ridges of the pumpkin, thread the floss through the needle and insert the needle into the bottom of the pumpkin. Push the needle through to the top and wrap the floss completely around half of the pumpkin, inserting the needle back into the bottom. Make sure to pull the floss tight to create a ridge. Continue this step until there are six ridges on the pumpkin and tie off the thread

To add some detail to your pumpkin, use the felt to cut out a rounded triangle shape and glue it onto the top centre of the pumpkin.

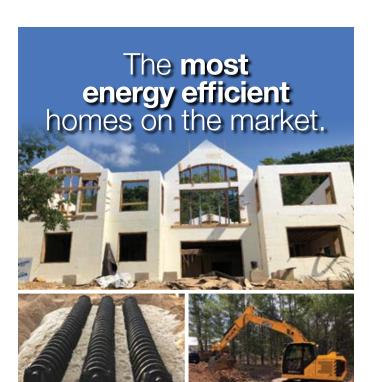
Cut a leaf shape out of the felt and glue it to the top.

Wrap a pipe cleaner around a pencil to create a curl and glue it onto the pumpkin.

Glue a small stick to the top as your stem and your pumpkin is complete! Continue to make a few more pumpkins to make a grouping.

Elevate your space and bring that fall feeling inside by adding these to a mantel, front foyer or on your dining room table. **OH** 









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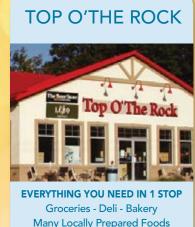
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#### **INGREDIENTS** (Serves 4)

2 spaghetti squash

½ cup ricotta cheese

1/2 cup milk or heavy cream

1/8 tsp ground nutmeg

Salt and black pepper

2 cups mozzarella cheese, shredded

1 Tbsp olive oil

1 pound of ground beef

1 medium white onion, chopped

3 cloves of garlic, chopped

1 can (28 ounce) of crushed tomatoes

1 dried bay leaf

2 tsp dried oregano

Garnish: ricotta cheese and fresh herbs









#### **INSTRUCTIONS**

Preheat your oven to 425°F.

Poke holes into your spaghetti squash with a fork and microwave for three minutes each.

Let cool slightly then cut in half lengthwise and remove seeds. Place on a baking sheet.

Combine ricotta cheese, milk and nutmeg in a bowl. Season with salt and pepper. Stir in one cup of mozzarella cheese and set aside.

To make the marinara sauce, heat olive oil in a large pot over high heat.

Sear the ground beef and brown all over, about five to eight minutes.

Add onion and garlic and cook another two minutes. Reduce heat to low.

Add the tomatoes, bay leaf, oregano and a pinch each of salt and pepper.

Simmer for 15 minutes or until the sauce thickens slightly.

Remove the bay leaf. Taste and adjust seasonings as needed.

To assemble, season each squash with salt and pepper then divide the marinara sauce equally into the cavity of each squash.

Top with the cheese mixture and remaining mozzarella cheese.

Cover with foil and bake for 20-30 minutes, depending on the size of your squash. Remove the foil and bake for 15-20 minutes until golden brown.

Let the squash cool for five minutes and top with additional ricotta cheese and fresh herbs to serve. OH





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