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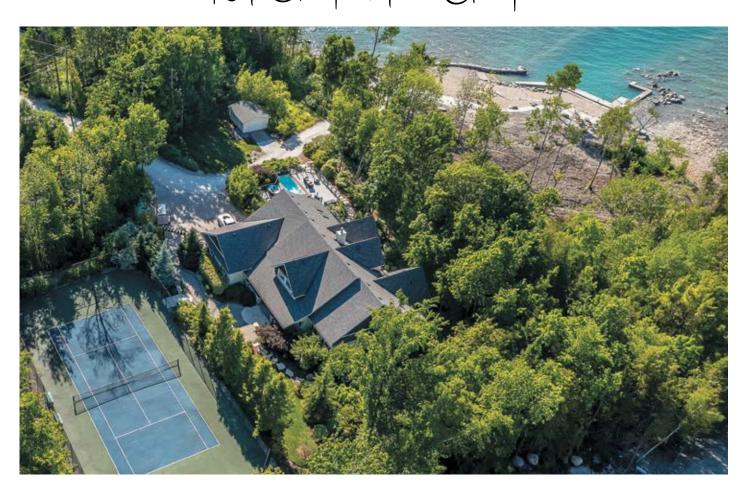
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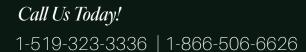


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editor's note



MY FATHER'S PARENTS - NANNY AND BUNKA TO ME AND MY BROTHERS — lived in Ingersoll, where Bunka sold insurance. They had a cottage in Grand Bend that was a short walk from the beach on Lake Huron. They spent every weekend there in the summer, knew all their neighbours and loved cruising the main street, waving or giving a quick toot of the horn to familiar faces.

I spent my early childhood summer weekends there and remember my parents loading up the car Friday evening to spend the weekend at "The Bend" with Nanny and Bunka. Saturday morning, after a breakfast of eggs, bacon, lots of toast and orange juice, the adults would start gathering everything needed for our family day at the beach, including lawn chairs, a radio, towels, plastic shovels and buckets, water wings and donut beach floats. We packed two coolers with sandwiches, hard-boiled eggs, field ripened tomatoes, Tupperware salt-and-pepper shakers and tumblers, peaches, Nanny's signature oatmeal sandwich cookies with date filling, beer for the adults and a large pitcher of Kool-Aid for us kids. With bathing suits under shorts and t-shirts, we would take the short walk to the beach with everyone carrying something.

We spent the day swimming, burying someone in the sand, digging holes to see how far down you could go until you found water, making sandcastles, riding the surf on our donut floats and walking along the shoreline looking for sea glass. The picnic lunch was the highlight of the day, with even a simple peanut butter and jam sandwich tasting divine. My brothers and I were allowed to sprinkle our hard-boiled eggs and

tomatoes with salt and pepper. We might have over-seasoned, but there was plenty of Kool-Aid to quench your thirst from too much salt!

After lunch we weren't allowed to swim for an hour, so we rested on a beach towel as a bed and another towel as a blanket. Sometimes one of us would fall asleep, but mostly we lay in anticipation of getting back into the water to cool off, back to the holes that were being dug or the forts being built. Time slowed down on those days at the beach. Even when it was late afternoon and time to head back to the cottage, with sand in our hair and between our toes, tired and sunburned, we would walk slowly, hoping the idyllic, hot, sunny day would last a

I hope every day this summer is as perfect for each of you as it was for me at my grandparents' cottage.

Sona Montin

Sara Martin, Managing Editor sara.martin@ourhomes.ca

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A custom home with a modern and bright interior exceeds expectations. Story, page 40. *Photography by Sandy MacKay.*

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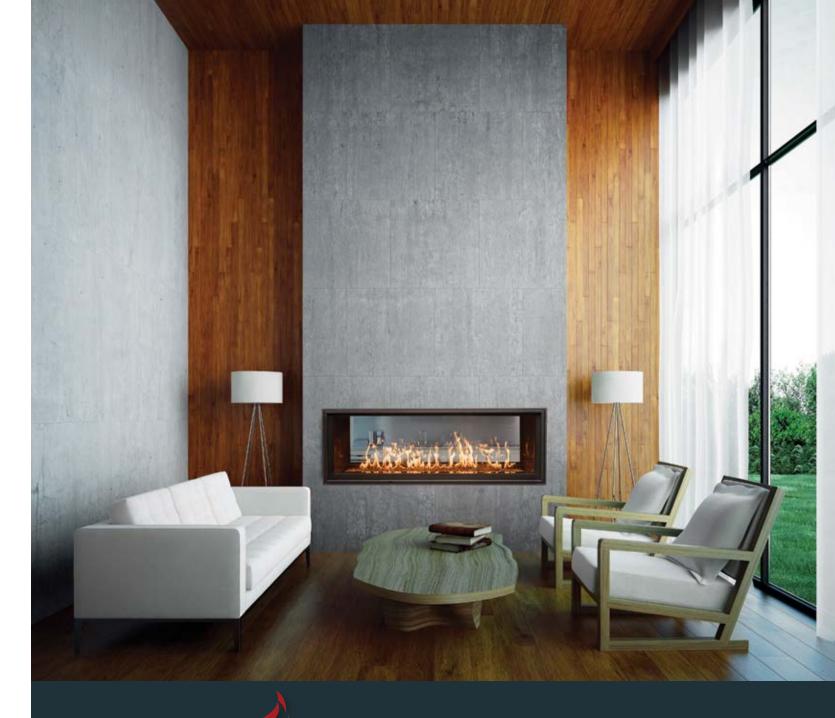


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Seeking SHADE

Designer **Tamarisk McNalty Stephens** shares her ideas.

THE ARRIVAL OF SUMMER IN ONTARIO BRINGS A COLLECTIVE DESIRE TO EXTEND OUR LIVING QUARTERS OUTDOORS. AFTER MONTHS OF COLD, SNOWY AND GREY WEATHER, WE DON'T WANT TO START COMPLAINING ABOUT THE HEAT! HERE ARE SOME SOLUTIONS — AT VARIOUS PRICE POINTS AND LEVELS OF PERMANENCY — THAT OFFER A REPRIEVE FROM THE HOT SUMMER SUN SO YOU CAN BE MORE COMFORTABLE ENJOYING LIFE OUTDOORS.

Hats

A good old-fashioned, wide-brimmed hat will provide instant shade from the sun. Choose an option that is lightweight and breathable (such as cotton or straw). A four-inch brim generally provides the protection you need on your face, ears and neck.

Umbrellas

An umbrella is an economical solution that can provide shelter from the glaring summer sun – and it can be moved to where you need it around your property. Umbrellas can tilt as the sun shifts during the day and raised or lowered depending upon the strength/heat of the sun. You need a sturdy base and remember to take it down during high winds! Choose high-quality fabrics that are colourfast and provide UV protection.

Shade Sails

Shade sails offer protection from the sun (and light rain/drizzle) and are more affordable than a more permanent roofed structure. However, you need to ensure appropriate supports as shade sails are aptly named and can catch the wind. Available in a wide array of colours and different shapes, they are a great way to provide UV protection for children's play spaces in open areas.



Retractable Awnings

Retractable awnings can be secured to your home or building. The benefits are that you retract an awning when you want the sun (perhaps spring and fall or early morning/evening in the summer) and extend it during the hottest times of the day when protection from the sun is most desirable.





Pergolas

Pergolas are identifiable structures with columns that support cross beams and open rafters (no solid roof). Pergolas diffuse the harshness of direct sunlight but do not protect from rain. They allow the breeze to circulate freely. They can be freestanding or attached to your home and can be designed to be contemporary or traditional, depending upon your design aesthetic. Pergolas can also offer a structure to support climbing vines and blooms, providing visual interest and additional shade. Consult a landscape professional when considering which plants will thrive in your zone (as well as the soil, exposure to wind and sun, drainage, maintenance, the possibility of invasiveness, etc.). There are also retractable canopies and canvas shades that can be incorporated into pergola designs.

Gazebos

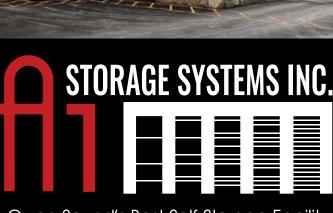
Gazebos are roofed structures often constructed in a hexagonal or octagonal shape and open on all sides (although sometimes screened in) and traditionally have a railing between the posts. They often act as ornamental structures to complement gardens, courtyards, parks, etc. They can enhance the aesthetic value of your property.

Covered Porch

Attached to a dwelling or building, a covered porch is a permanent structure that offers protection from the sun and rain. As a porch generally has a wood or concrete floor, it is easy to clean and provides a



sturdy base for outdoor furniture. A covered porch is also a natural extension of your home in the warmer months while being accessible to the amenities, such as the kitchen and bathroom, when entertaining. Although a larger investment than some other options, you will probably recuperate the cost as a covered porch is a desirable feature for prospective homebuvers as it adds a particular charm and can increase curb appeal. OH



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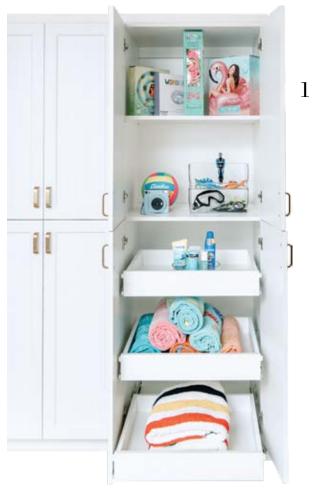
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style picks





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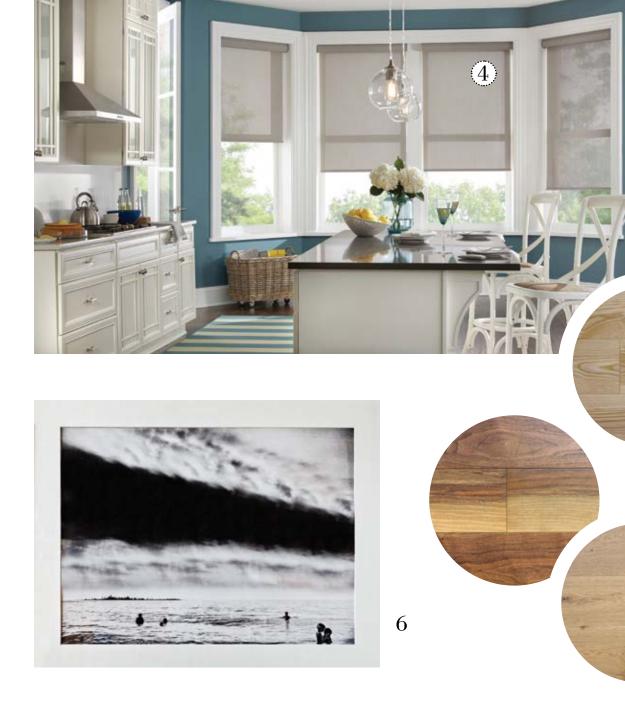
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6 STUDIO 101 ART GALLERY

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Capturing the sun shining through the clouds at the beach, this archival inkjet photograph by Michael Cannon, titled *Late Afternoon Light*, is showcased along with paintings and pottery from local and American artists.

5

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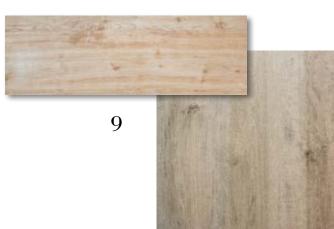
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style picks









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4 hamburger buns

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QUICK PICKLES

½ cup white vinegar

1 tsp sugar

1 tsp salt

1 clove garlic

Fresh dill

1 cucumber, sliced

HERBED DRESSING

4 Tbsp mayonnaise

2 Tbsp yogurt

Fresh dill

1 clove garlic, smashed

INSTRUCTIONS

QUICK PICKLES

In a small saucepan over medium-high heat, add vinegar, sugar, salt and garlic.

Cook until liquid begins to simmer and sugar dissolves.

Add dill and sliced cucumbers to a heatproof bowl.

Pour simmering liquid over the cucumbers and stir to evenly coat.

Allow to cool at room temperature or chill before serving.

HERBED DRESSING

In a small bowl combine mayonnaise, yogurt, dill and garlic. Mix together.

COD & **ASSEMBLY**

Set aside quick pickles and herbed dressing until ready to assemble cod burgers.

Season cod fillets with salt and fresh pepper.

In a pan over medium-high heat, sear cod fillets until cooked through.

Remove from pan once cooked and place the hamburger buns in the pan to toast.

To assemble, layer the herbed dressing, fresh arugula, fresh red onion, seared cod and top with pickles. OH





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These are a few plants I like to use in gardens. Some are native and some are not, but all are growing in zones 5 and lower. They are low maintenance, drought tolerant and will resist some of the diseases common with overused plants. Some are good pollinators as well.



Instead of prickly horizontal junipers, try soft-needled Microbiota decussata or Siberian Carpet Cypress. Grows 30 cm tall and 175 cm wide. This evergreen can be grown in dry shade or full sun. The operative word here is dry. A bonus is that their foliage turns a copper penny colour in the late fall and winter.



Hypericum kalmianum or Pot O' Gold St. John's Wort can work very well instead of lower growing Spireas. This St. John's Wort has four seasons of interest starting with profuse golden yellow flowers on a two-foot-high shrub with bluish green narrow leaves. Persistent brown seed capsules and exfoliating bark add winter interest.

Hepatcodium miconioides or Seven-Son Flower is a large (fourby-two-metre) uncommon shrub with white blooms later in the season. The highlight of this shrub is the pink to red calyxes left on after the flowers fade The exfoliating bark is great for winter interest. Use this plant when you need a focal point in your garden.



Amelanchier canadensis or Serviceberry is a well-used native in our landscapes for its beautiful white flowers, edible fruit and great red fall colour. I would use this native large shrub/small tree as a replacement for Burning Bushes (Euonymus alatus) which is now considered an alien invasive as it is a prolific self-seeder. Continued on page 34



gardening



Caryopteris x clandonensis or Bluebeard could be used as an alternative to Lavender in the garden when you still want purple flowers, but later in the season. Caryopteris is drought tolerant, a great pollinator and has fragrant foliage. Grows 80-by-80 centimetres.



Clethra alnifolia or Summersweet is a summer fragrant flowering shrub with white or pink bottlebrush type flowers, ranging in height from 100-to-200 centimetres. It attracts the pollinators, too.



Geranium macrorrhizum or Bigroot Geranium and Asarum canadense or Wild Ginger are great ground covers for full-shade areas in the garden. Periwinkle is considered an aggressive alien and should not be planted anymore. Geranium has pink or white flowers with fragrant foliage. Wild Ginger has interesting flowers half hidden under the leaves.



TIRED OF CEDARS? HERE ARE A **COUPLE OF EXCELLENT ALTERNATIVES:**

Picea abies 'Cupressina' or Columnar Norway Spruce is a great choice when space is limited. It grows to eight-metres tall and 200-centimetres wide and has dense branching to the ground with dark green, stiff, short needles.

Thuja x 'Green Giant' or Western Cedar (a cross between Thuja plicata and Thuja Standishii). Although this is a cedar, it is not on the menu for deer, which is why I have included it here. It can grow to 13-metres tall and four-metres wide. It can be used for hedges and tolerates



By using some of these less common selections, you are supporting sustainable

The next time you are at the nursery, look for these plants. If they don't have them, ask for them. We need more diversity in our gardens and if we ask the garden centres for these not-so-common plants, we create a demand, and they will start bringing them in. on

Teresa Matamoras has a Bachelor of Science degree, an Ontario Diploma in Horticulture and is an ISA Certified Arborist.



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STORY FRANKIE CASTRO PHOTOGRAPHY VALERIE WILCOX

You probably spend more time in your laundry room than you'd like. What if you actually wanted to spend time there? A space that's well-equipped and aesthetically pleasing can make laundry feel less like a chore. Finding that balance can be challenging, especially when considering a household's diverse needs. These are the top five laundry room essentials.

Location, Location, Location!

Laundry rooms were historically unsightly, utilitarian rooms, usually tucked away deep in the basement where the machines could whirr, hum and buzz all day or night. This placement had its practical purpose, shielding living areas from noise and potential water leaks. But thanks to advances in machine technology and aesthetic design, many modern homes are now putting the laundry room in more convenient locations, near upper-level bedrooms, or adjacent to the kitchen or entryway mudrooms.



Storage Space

Smart storage is essential to an effective, efficient laundry room design. Customizing under-counter cabinets and uppers are a great option to maximize every inch of space. And while having everything behind closed doors leaves the space neat and tidy, it lacks visual interest. Consider incorporating a combination of open and closed shelving, which allows you to have a few frequently used items on hand and some decorative pieces on display. Ultimately, your storage system should match your needs and personality. If you're naturally messy, closed storage may be better suited to you. If you are neat and highly visual, you may benefit more from open shelving.

FUNCTIONAL ESSENTIALS: Bonus elements within the cabinetry design include an ironing board, a shelf for storing baskets and everyday cleaning products, and rods mounted high enough to hang shirts and longer items like dresses. Don't forget to factor electrical outlets and adequate lighting into your design plan.

Continued on page 38



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design ideas

Counter Space

As a designer, I love a long spacious countertop like the butcher block countertop we used in this design pictured below. As a doer of laundry, I can also attest that ample counter space is great for folding, ironing and organizing, too.

SPACE-SAVERS: If your laundry room is tight, there are many alternatives to a traditional countertop that can do the trick. Fold-down counters or tables on casters can create more space and can be moved in and out of the way when not in use. A retracting shelf or rack is another great addition to compact spaces. Installed beside the washer and dryer, or tucked between a stacked washer/dryer unit, this pull-out surface is a convenient and unobtrusive place to rest your laundry basket as you load and unload your machines.





Large Laundry Tub

While still available on the market, the oversize utility sink has gone by the wayside, making way for more modern options in various materials that match durability with style. For example, look for under-counter mounted sinks in stainless steel or acrylic porcelain or other hardwearing materials that are made to last. Regardless of the specifics, make sure the sink is large and deep enough to handwash your delicates, soak your dirty shoes or give Fido a good scrub.



Some Style!

A laundry room is a great place to try out the latest design trends you've been coveting. Since this is typically a smaller room that isn't open to the living areas, it's a great place to be bold and introduce some colour. Try a patterned wallpaper or tile, or test out a trending hardware style, such as matte black or one of the brightly texturized, coloured hardware options.

Ultimately, it's important to take stock of what you're trying to achieve in your laundry room and ensure that you have a solution to simplify each task. And don't forget to have a little fun with it. Separating the whites from the darks is boring enough without a dull beige wall staring at you! он

Award-winning kitchen and bath designer Frankie Castro is the Creative Director and founder of Square Footage Custom Kitchens & Bath Inc.



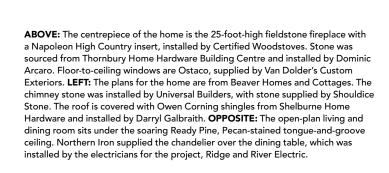






As the sun's summer rays light the hamlet of Eugenia in a warm glow, Steve and Christina Moricz enjoy the natural beauty of their peaceful, wooded haven. "It's such a beautiful environment," says Steve. "We love the house and this wonderful community."

Their three-bedroom, chalet-style house, designed by **Beaver Homes and Cottages**, sits on property steeped in family history. Steve's parents bought the property 25 years ago and renovated a small existing cottage. Over the years, Steve and his family enjoyed the fresh air, outdoor activities and breathtaking scenery throughout Grey County. The Moriczes, including sister Sue, who lives in Switzerland, are pleased the property remains in the family after all these years. Continued on page 42



home & builder



With retirement looming, Steve and Christina decided to relocate and build on the family property. "Steve is from Bolton and we lived there for a long time," says Christina. "We felt it was time to get out of the city." At first, the thought of building a house was daunting and they were apprehensive as they searched for a builder. "We have never built a house, so we didn't know what to expect," she says. "We were really nervous and hesitant." Their anxiety quickly dissipated when they found **Universal Builders**. "They were so accommodating right from day one," says Steve, recently retired from Canadian Border Services Agency. "We can't say enough about Mike and Jenn. Everything was on time and budget. There were no surprises and lots of communication."

Continued on page 44

LEFT: Jennifer and Mike McInnes of Universal Builders and Christina and Steve Moricz on the stairs sourced from The Master's Workbench and installed by Rick Hartley. **BELOW:** Simply Put Designs brought to life Christina and Steve's vision for a modern and bright interior. Georgian Design Centre supplied the white oak engineered hardwood flooring for the home, which was installed by Universal Builders.



EVERYTHING WE NEED



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home & builder

RIGHT: The custom deep blue cabinets in the kitchen were supplied by Across the Grain. Appliances were sourced at Home Depot and the quartz countertops that sparkle with luminescent flecks are from The Granite Company. BELOW: A bright and cheerful arrangement of yellow Gerbera daisies sits on the peninsula in the kitchen.





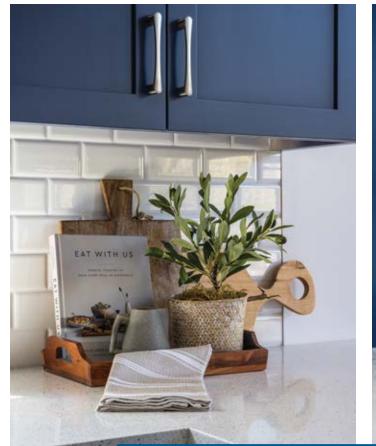


The traditional Swiss celebratory wedding plate was given to Steve and Christina from Steve's sister Sue.

Established in 2003 by Mike McInnes, Universal Builders specializes in custom builds, renovations and additions. Mike believes his attention to detail, ability to visualize the completed project and a quest for quality sets him apart from other builders. "We make people's dreams come true so we don't take it lightly when someone chooses us," says Mike's wife Jennifer, who is involved in many aspects of the business, including working onsite and handling administrative tasks. Mike's father, also a builder, taught him the trade from the ground up. "Mike is particular and his attention to detail is exceptional," says Jennifer. "He doesn't cut corners or take shortcuts. He is proud of his work and wants

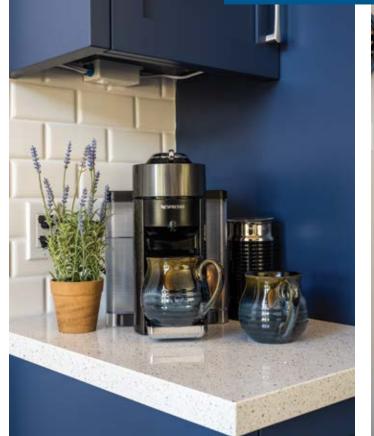
clients to have the best possible experience." Establishing a relationship with clients is key. Often friendships evolve from an initial business connection. "Steve and Christina are an amazing couple," says Jennifer. "They made the process easy and we are really good friends now."

Decorator Keri Stewart of Simply Put Designs helped the Moriczes design the interior. They envisioned a chalet-style theme, modern and bright. An open floor plan allows natural light to cascade throughout the main level. Floor-to-ceiling windows, supplied by Van Dolder's Custom Exteriors, flank a stately 25-foot fieldstone fireplace. A wood-burning Napoleon insert glows with an aromatic fire that warms chilly evenings. Continued on page 47





TOP LEFT: A thoughtful vignette on the kitchen counter contains useful items. Subway tile was installed by Trendy Designs. TOP RIGHT: Goldie is 8-years-old and is very happy with its new home. BOTTOM LEFT: The coffee machine has coffee mugs within easy reach in the upper cabinet and coffee pods in the drawer below the counter. BOTTOM RIGHT: Frosted doors let sunlight from the pantry flow into the foyer of the home. Interior doors were supplied by Shelburne Home Hardware and installed by Universal Builders.





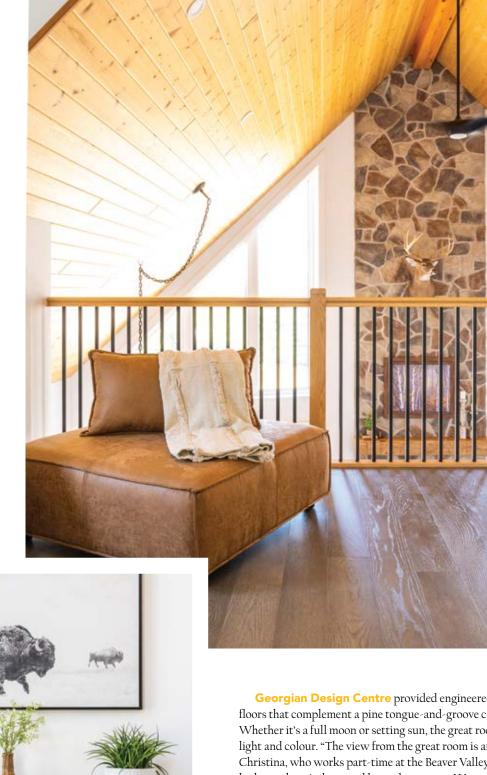
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home & builder



RIGHT: The loft has a view of the soaring stone fireplace and the mature trees that give the property privacy. Heating and cooling for the home was installed by Geo Tech Mechanical. **BELOW:** A bar cabinet in the living room holds glasses and libations while a preferred tipple sits on top with crystal tumblers.

OPPOSITE: The blue tone of the sofa from EQ3 is in the same spectrum as the custom cabinets. Steve found the horn coffee table at a yard sale in the area. The home was framed by Sunrise Carpentry.



Georgian Design Centre provided engineered white oak floors that complement a pine tongue-and-groove cathedral ceiling. Whether it's a full moon or setting sun, the great room shimmers with light and colour. "The view from the great room is amazing," says Christina, who works part-time at the Beaver Valley Ski Club. "We look out the windows and love what we see. We can't believe it's ours," says Christina.

Steve loves to cook so his favourite room is the well-equipped compact kitchen. White stone-topped counters, sprinkled with luminescent dark flecks, sparkle in the sunlight while deep blue cabinets, supplied by **Across the Grain**, add contrast and interest. A glass-panelled door leads to an adjacent pantry. "The pantry frees

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In the two-and-a-half bathrooms, Christina has folded the tissue paper into beautiful designs. Bath and kitchen fixtures were sourced from Mueller Plumbing Contractors, which also completed the plumbing for the home.



up so much space in the kitchen," says Steve. "There are lots of shelves and room to store appliances." Two large spice drawers skirt the stove, providing easy access during cooking.

located on the ground level. "We plan to stay here forever so we want everything we need on the main floor," says Christina. Off the bedroom, a walk-in closet with roomy sliding drawers ensures organized, easy access to clothing and accessories. The focal point of the en suite is a spacious glass-enclosed shower with unique barn board-like tiles installed by Trendy Designs. Continued on page 50

ABOVE: The primary bedroom on the main floor offers Steve and Christina the ability to age in place. Christina's father made the headboard and side tables. Walls are painted Crystalline and the ceiling is Chantilly Lace, both from Benjamin primary en suite has a large glass-enclosed shower with





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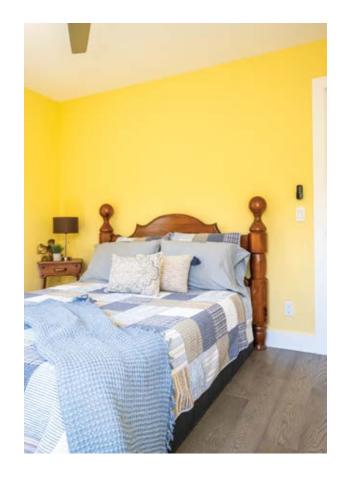
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barn board-style porcelain tiles that mimic authentic aged wood.







LEFT: Steve and Christina like to watch television in the cosy loft. Christina purchased a sectional from EQ3, which, when purchased was a tad too long. Now, part of it serves as a separate comfortable seat. BOTTOM LEFT: Ready for visiting family and friends, this quest bedroom offers a comfy sanctuary. The walls are painted Fernwood Green by Benjamin Moore. ABOVE: The cannonball bed frame resided in the original cottage and is a family heirloom. A patchwork quilt and pale blue bedding are inviting lures for a restful sleep. Walls are painted Hawthorne Yellow while the ceiling and trim are painted in Chantilly Lace, both by Benjamin Moore.

Connected by a pale oak staircase from The Master's Workbench, a cosy loft offers a bird's eye view of the great room and lush wooded property. "It's a cosy little nook where we watch TV in the evening," says Christina. Her favourite room is one of the adjacent guest suites, painted Benjamin Moore Hawthorne Yellow. This bold, sassy shade smacks of golden sunlight. "The sun always shines here in the morning. It's such a bright, cheery room," she says.

Steve and Christina embarked on an adventure when they decided to build. Although there were a few ups and downs, they enjoyed the journey. "We were worried our expectations were not realistic," says Christina. "But, in the end, our experience surpassed our expectations. Mike is a perfectionist so we didn't have to worry. We feel so good about the result." on













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BIRDS BEHAVING CUTELY

Bird behaviour has always been a favourite part of birdwatching for me. Courtship displays, foraging techniques, a territory being vigorously defended by a feisty wee ball of feathers, and a wide range of other avian action adds interest to your observations and provides insight into the secret life of birds.

Behaviour watching can also provide some of the most rewarding sightings and photo ops. Picture this: A mother duck swims into view. Following close behind are a string of downy ducklings. Your interest level rises; baby birds are always appealing. Click, click, you get a picture with your camera - or in your mind's eye. You're about to carry on with your birding day when you notice the row of ducklings is shorter. Where did the others go? Then you see them. A few have scrambled up onto the mother's back! The cuteness scale just shot up! Witnessing a moment such as this is one of the highlights of the summer nesting season.

ALTRICIAL OR PRECOCIAL

Summertime is a busy time for birds. Songbirds have nests full of baby birds that hatch out featherless, helpless and completely incapable of surviving on their own. These nestlings are classified as altricial young, meaning they require much feeding and nurturing to maturity. They are also, let's face it, not cute, with their naked featherless bodies, their big bulging eyes and their oversize gapey beaks.

But not all young birds hatch out that way. Some species crack out of the egg ready to hit the ground running, or swimming. They are the epitome of cuteness with their fluffy feathers and the way they can motor about and feed themselves. These species include the waterfowl family, which are in the precocial class of birds. Precocial comes from the Latin word for precocious and is an apt term for a chick who can swim circles around its parents and practically fend for itself from day one. However independent, these wee birds still require some level of parental protection and guidance to learn strategies for staying warm and conserving their limited energy supplies as they make their way in their big watery world. Continued on page 54





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birding

PIGGYBACK RIDES

The poster bird for cottage country, and everyone's favourite, the Common Loon, is beloved for its iconic wails, yodels and tremolo calls throughout the summer. But equally endearing is its habit of carrying the young on their backs for the first few weeks of their little lives. The young loonlets instinctively know they will be safe and warm when up on their piggyback perch. Adult loons are strong, fast paddlers; baby loons not so much yet, so they climb up and snuggle down when they tire or when they catch a chill from paddling about in the cold waters of their natal lake.



PREDATOR PROOF

Another bonus of catching a ride is the protection it provides from underwater predators. Adult birds can move their young away from danger very quickly by carrying them on their backs. A loonlet's little legs just can't paddle fast enough. And by remaining in the water, the chicks' feet are dangling down rather enticingly in front of a lurking fish, snapping turtle or even a mink. Better to jump on the fast-moving mama's back and get outta there in a hurry!





GETTING YOUR DUCK(LINGS) IN A ROW

Hitching a ride isn't the only energy-saving strategy in the baby duck repertoire. They soon learn that swimming all in a row behind their mama is easier than swimming in a bunch behind her. There's physics at work here. The V-shaped wake the mother duck makes as she swims along forms a tiny wave the ducklings can surf down the sides and into the trough below. This wave energy gives them a wee push forward and the ability to keep up with their fast-moving mother. Each duckling down the line seems to know where to precisely position itself to get the benefit of the next ripple in the wake. That's why the ducklings are so evenly spaced out in their row and this perfect symmetry makes for such an appealing scene.



SNUGGLE DOWN

Even fully-feathered precocial baby birds aren't totally able to regulate their body temperature at first. For the first few days after hatching from their warmly incubated egg, the chicks of some species will simply scramble onto the patient parent's back and snuggle down into its thicker, warmer feathers. They'll even do this on the nest, perhaps getting ready for the parent's launch into the lake. This back-brooding is common with the Pied-billed Grebe and again provides such appeal to birders' eyes and camera lenses alike.

BIG BIRD

Nature is full of surprises. It turns out piggyback rides are not limited to just the waterfowl family. The Sandhill Crane is a big bird; more than one-metre tall, with long legs that raise it over the tall vegetation of its marsh-and-meadow habitat. Their young on the other hand - known as colts - are but centimetres tall at hatching and somewhat unequipped to keep up with their longlegged parents. The short wee colt (so named because of its ability to run around right after hatching like a young member of the horse family) is not averse to taking it easy when it can. So why not hitch a ride and get a bird's-eye view of its domain.

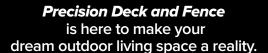


As a bird behaviour buff, I highly recommend an early morning paddle or stroll along the beach, camera or binoculars at the ready, for a chance glimpse into the life of a baby loon, grebe, or merganser, or any other gift nature may present you with. It's time well spent. on



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REDUCE, REUSE, RETHINK

HOW MILLENNIALS ARE REDEFINING SUSTAINABLE LIVING



Natalie DeYoung Ricci, 40, is a busy millennial mother of two. Her fierce determination to resist the fast-paced disposable culture of single-use plastics led her to a surprising destination: her own kitchen.

"The kitchen is more accessible than other areas where changes might be more expensive and out of reach, like vehicles or clothing," Natalie explains. She uses washable silicone bags in her kids' lunches and cloth bowl covers for baking.

For other millennials, activities outside the house are a more meaningful pathway to sustainability.

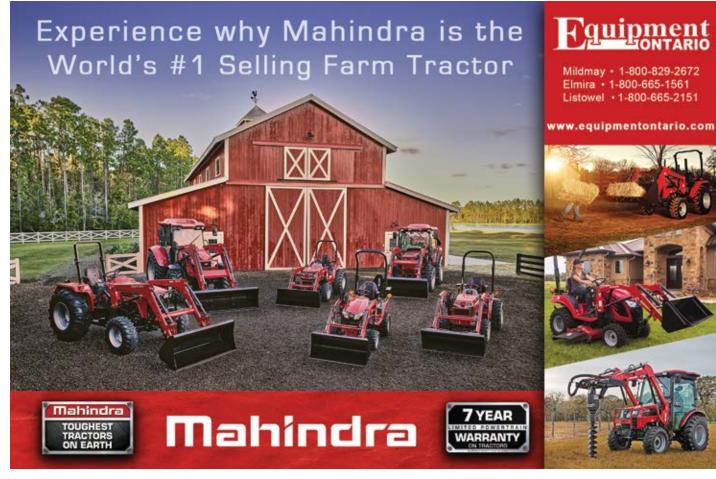
"I group my errands together so I can drive less," says Meadow

Holtby, a younger millennial who grew up on a small island and now lives in the city.

Meadow knows that a small change to weekend errands will only have a minor effect on her overall carbon footprint. However, this strategy helps her feel more in control.

For Meadow – and for many millennials – depressing headlines and discouraging politics do not offer enough reassurance to feel super hopeful about the planet's future. As the parent of a young child, Meadow finds that a single personal commitment provides the psychological stability and integrity to move forward. Continued on page 58





green living

Does the prospect of switching to a green lifestyle sound complicated? You might be shocked to discover how simple sustainability can be.

Anna Culver, now 34, was in her late 20s and in between jobs when she started to seriously prioritize green living. Anna refills her soap, lotion and household products at zero-waste stores like Keep Refillery (locations in Toronto, Kingston, Creemore and Meaford). Reducing the clutter and waste of disposable products is not only good for the planet but it "greatly simplifies my life," she says.

The pessimists among you may be thinking, 'Sure, these changes are nice to read about but they won't actually change anything.' But millennials have actually hit upon a powerful insight.

Green living is not about changing the

world, it's about changing yourself.

Yes, we need systemic change. Yes, we must advocate for better policies and invest in climate-friendly infrastructure. But, what do we do in the interim?

Millennials do not have David Suzuki's hope, nor do they have Greta Thunberg's rage. However, this generation is doing something far more radical than hoping or raging: they're taking action.

"I know that my little contribution isn't the same as large-scale, systemic change," says Natalie, "but it helps me psychologically to have some agency so I don't feel hopeless."

Quietly and conscientiously, millennials are driving the green revolution by aligning their personal habits with sustainable lifestyle choices. Millennials are showing us that we can live like there's hope for the future.

Sustainable options for the kitchen







MILLENNIAL PLAYBOOK FOR GREEN LIVING

Identify one area of your life that creates a lot of mental anxiety for you around climate change. Example: "I feel incredibly guilty about takeout containers. I just don't have the time to wash them or cook a meal at home right now."

Figure out how your current habit is meeting some of your nonsustainability values. Example: "I love being able to spend more time with my kids instead of cooking or cleaning. I want to feed my family a balanced meal even if I'm really busy."

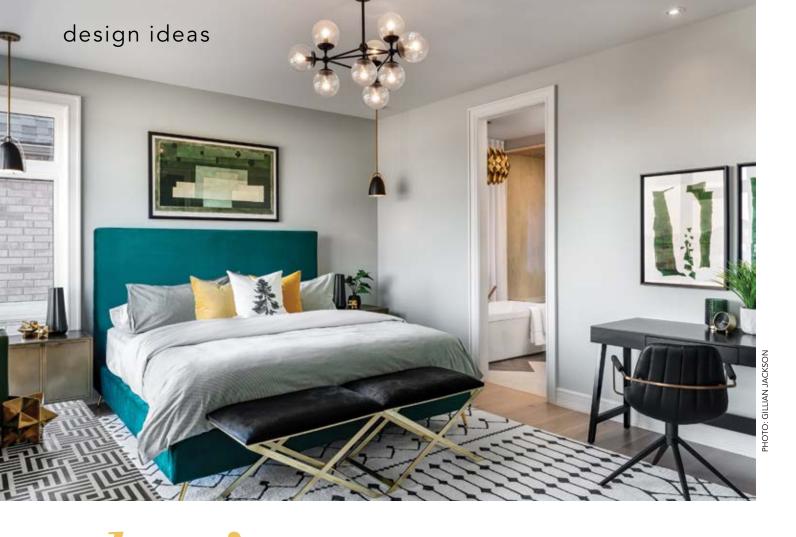
Brainstorm creative ways you could live your other values while making a slight improvement on sustainability. Example: Set up a meal swap with a friend. Sign up for a meal kit subscription and cook as a family. Pay your kid to wash the takeout containers. Research local restaurants to find out who offers sustainable packaging.

Commit to one small change that balances your personal values with environmental impact. Example: "I value convenience and time with my family, so takeout is still the right option for me right now. But because I value sustainability, I will make a list and try to only order from local restaurants that use compostable and recyclable packaging for takeout containers."

Nurture your new green living habit until you start to notice a difference in your mental health.

Repeat again, aligning another area of climate anxiety with your values by changing a small personal habit. on







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what's your STORY JANE LOCKHART DESIGNAESTHETIC?

Coastal, minimal, Mid-century modern, farmhouse, Bohemian – these are just a few design styles popular today. Type any one of these in a search engine and multiple photos pop up displaying rooms for each look.

But what is a "design aesthetic?" Isn't it the same as picking a style? In today's world, it seems like they should be interchangeable terms and "design aesthetic" is simply another way to describe your style, right? In fact, a design aesthetic is a more in-depth understanding of a style. It relates to all elements included in the lifestyle represented by that style, not just the things we see in beautiful photos, like pillows or furniture. It digs deeper than the surface elements. To simplify, a design aesthetic includes not only the décor elements but also how you interact and behave in your space.

For example, if you lean towards a modern design aesthetic, simple furniture shapes and an uncluttered interior would appeal to your sense of style and you would also prefer to own

minimal stuff in general, with clean, organized closet interiors as important as the exterior living space. Design aesthetic is the way you live IN a space as much as the space itself.

A personal design aesthetic represents the authentic you. It captures what you love, rather than a passing fad or design trend that may come-and-go over your lifetime. That's not to say an aesthetic won't change as we age – it should change, as it represents our true self. As we evolve and re-evaluate our lifestyle over time, our style evolves with us.

How then do we identify our design aesthetic? It sounds a lot harder than just picking a style! The two do cross over, but to really drill down to finding a style that's meaningful to you, it has to fit your lifestyle. Continued on page 62

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HERE ARE SOME GUIDING PRINCIPLES FOR SELECTING YOUR PREFERRED DESIGN AESTHETIC.

LOOK AT YOUR SPACE

Do you like open spaces, high ceilings and light walls, avoiding the feeling of being closed in? If the answer is yes, look for design aesthetics that incorporate this feel, such as modern, Mid-century modern, farmhouse modern or architectural. These styles all share light-painted walls, light floors, minimal decoration, large windows and lots of lighting, all of which create the feel of open space (even if your home is not big and open).

INJECTING COLOUR

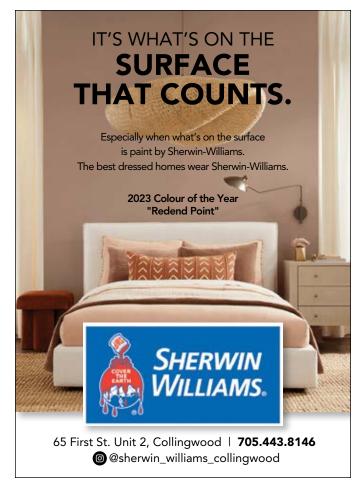
Do you love colour and gain energy from having it applied to walls or furniture? If you do, consider a rustic, coastal or Mediterranean look, as each incorporate colour as a main staple.

INTEGRATING **KEEPSAKES OR MEMENTOS**

Do you find comfort in seeing your memories displayed, and photos of family around you, or do you like to collect items from travel as reminders of the past? If so, select a style like countrycore or rustic country that incorporates more surfaces, walls and furniture for display of precious photos and mementos. These styles don't fight your natural preferences and instead easily allow you to incorporate elements that YOU love.







FINDING WARMTH

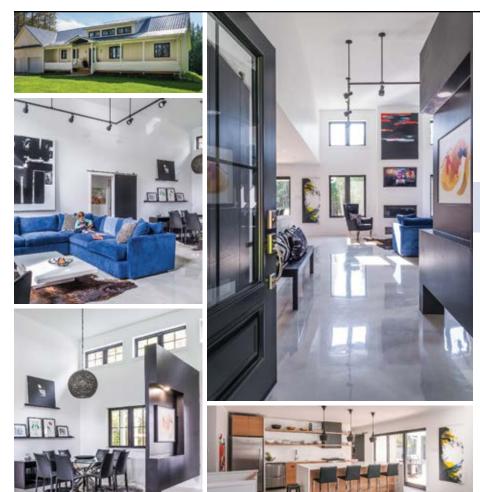
Does wood add warmth and a casual element you've always loved? If so, select an aesthetic that heavily incorporates both casual living and wood touches to it naturally. This would include a coastal or rustic look, even cottagecore or lodge. Each of these styles use wood as a main expression, whether light or dark and would fit your overall design aesthetic.

These principles offer simple examples of how to reverse engineer the style question to become "what are things that make me happy and that I want to experience every day in my space?" Once you know this answer, look at photos to see where your preferences fit within the millions of images of spaces available today.

Upon choosing a design aesthetic that captures how you want to live and feel, start building your style from there. And, of course, make it your own. All of these aesthetics can mesh into your own style, which is entirely the point! OH

Jane Lockhart is an award-winning designer, colour expert, TV personality, author and the principal designer at Jane Lockhart Design.







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PHOTOGRAPHY SARAH TACOMA







NEW OWNERS

With a successful track record in retail business, Jacqueline and Philip Murray recognized the unique opportunity presented by Macdonald's Furniture & Appliances. Its location in spectacular Southern Georgian Bay, a loyal customer base and the opportunity for growth in a thriving community made it a perfect fit for these new owners. The Murrays are thrilled with their decision to buy the business and look forward to enjoying everything the area has to offer, while making Macdonald's Furniture & Appliances the region's best destination for quality and selection in home furnishings.

SHARED VALUES

Macdonald's has created a strong history of family friendliness, community support and a high level of customer satisfaction and service - the same shared values will continue under the Murrays' ownership. With their energized vision, the 25,000 sq. ft. showroom has been transformed into a light and bright space that displays furniture, appliances, mattresses, lighting, Napoleon barbecues and area rugs, making shopping for your home enjoyable and streamlined. The intent is for each customer to find stylish, quality products within budget. The option to finance purchases with competitive payment plans and the introduction of a customer loyalty card for future discounts are some of the many advantages to be enjoyed.









A PERSONABLE CONNECTION

Philip and Jacqueline recognize that a team effort is required to get the right product to the customer efficiently. Each positive interaction with the sales staff, service staff and management provides a unique, tailored experience. Qualified design professionals are available for consultations in the store or at home to create your perfect look. Whether you are outfitting an entire house, a single room or just looking for that individual piece, the Macdonald's team looks forward to assisting you



EXPANDING THE LINEUP

The addition of luxury appliances by Wolf, Sub-Zero, Cove and Thermador to the full complement of appliances the store offers gives customers many options to outfit their kitchens. With a large in-stock inventory, Macdonald's can offer quick delivery on most appliances. They are also pleased to add Brentwood Classics, an exceptional Canadian-made home furnishing brand that is highly customizable. OH

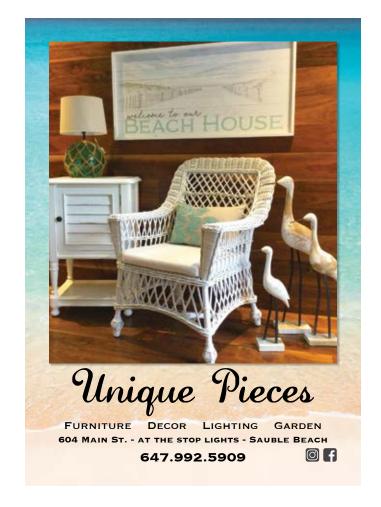
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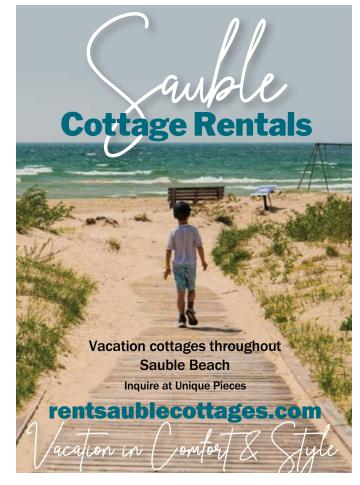
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STORY RACHAEL HAVENS PHOTOGRAPHY SANDY MACKAY

Ian met local builder **Tim Clancy** through a local recreational hockey league. Tim is a second-generation builder at **Clancy Builders Ltd.**, a company building custom homes in Grey and Bruce Counties since 1988. "We don't build the same house twice, we always start with a plan and continually customize it to the wants and needs of the customer," Tim explains. "Even during construction, both the homeowners and I are always trying to think of new ideas to keep making the house better and better. The more work and thought that goes into something, the better the new home ends up."

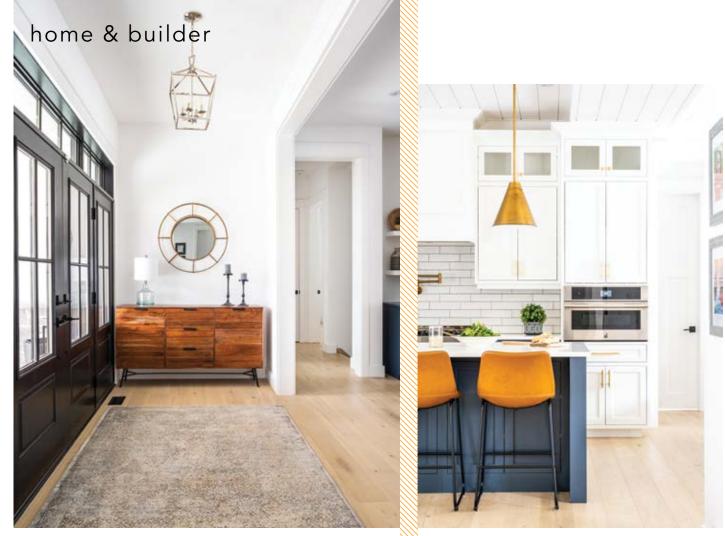
This was certainly the case with Jess and Ian. It took about five years to find the perfect building lot. After viewing several other properties with Tim, none fit the bill. That was until Tim's business acquired three lots along a shore road just north of Owen Sound.

Continued on page 72



ABOVE: The view of Georgian Bay from the front of the home is what caught the couple's attention when they viewed the building lot. RIGHT: The covered front porch is a favourite spot for the family to relax. Windows were supplied by Dashwood Industries Inc. Just Roof It installed the timberline shingles and the standing seam steel accents, which were supplied by Miller's Home Hardware Building Centre. The stone skirting is from Shouldice Stone and installed by Vinny's Masonry.







This property had the best of both worlds, with a view of Georgian Bay in the front and mature forest in the back. It was worth the wait, as the lot perfectly suits the home.

By the time they began construction in 2021, the couple knew exactly what they wanted. "Ian and Jess have their fingerprints all over this house," says Tim. Ian describes the style as "a modern take on traditional." The front-and-centre dormer and the quad foyer door, allowing for lake views, are what caught the couple's attention.

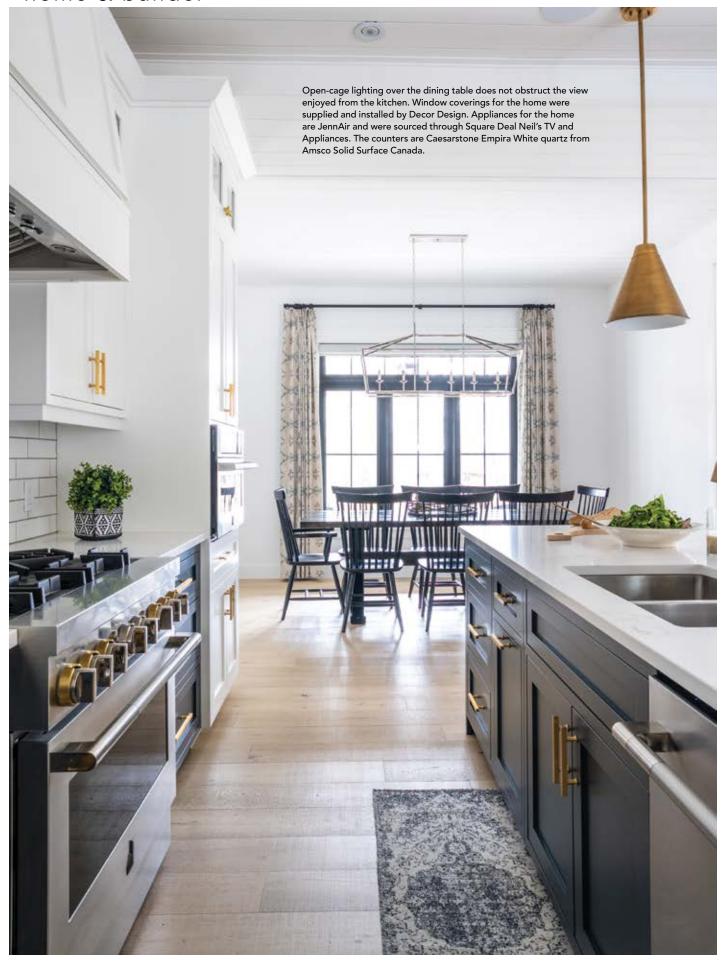
The colours of the lake have been brought indoors. Though the design is neutral, there is a pop of blue in the kitchen to reflect the water. It's Jess's favourite room in the home. "I love to cook so it's a

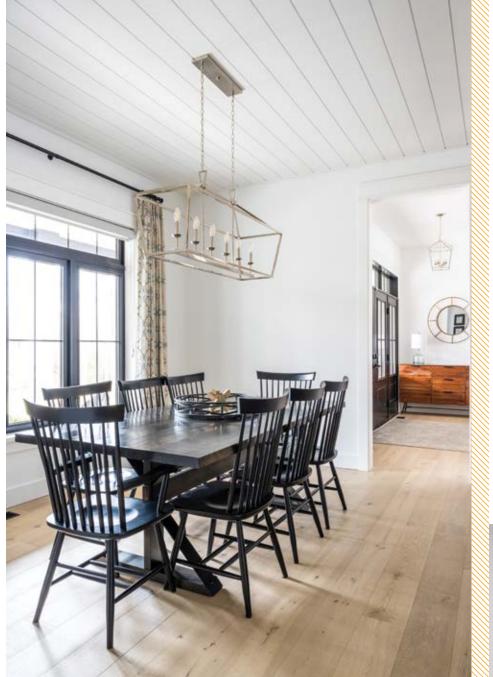
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home & builder







main-floor powder room is topped with Caesarstone Empira White quartz. Plumbing fixtures for the home were supplied by Acton's Plumbing and Heating Inc.

dream for me to have the counter space, a large island where the kids eat breakfast and the gas range." she says.

Tim can't pick just one favourite room in the house now that it's complete. The open-concept great room (gas fireplace supplied by **The Fyre Place and Patio Shop**) is his initial choice, quickly followed by the beautiful and functional mudroom. "It's perfectly set up for a family to stay organized," he says. "And the house really stands out from the road. It has great curb appeal. It's as nice on the inside as it is on the outside." Continued on page 77

ABOVE: Flooring throughout the home is Grandeur Enterprise Collection in Stratus oak, supplied by Floorcrafters. Shiplap on the ceiling adds another design element to the dining area. Electrical for the project was installed by LDS Electrical. RIGHT: Urban Zebra Metal Art tile in black is laid in a herringbone pattern in the combination mudroom/ laundry. Bench seating, lots of hooks for raincoats and upper cubbies keep this area organized for the family. Trim for the project was installed by Wood and Wallworks. The counter over the washer and dryer is Silestone Snowy Ibiza from

Amsco Solid Surface Canada.

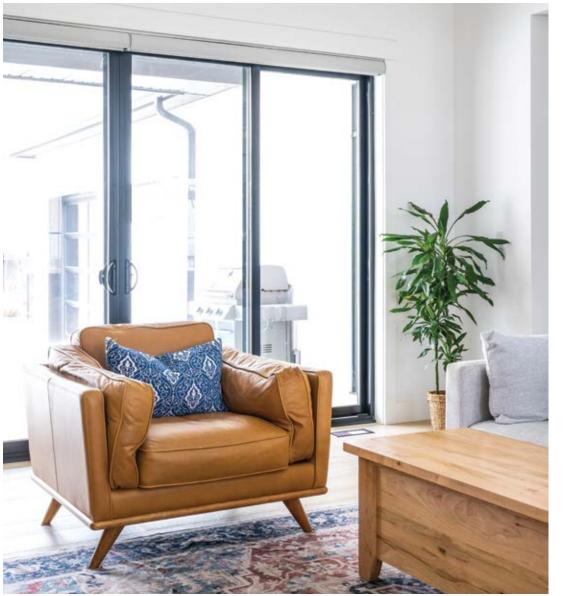
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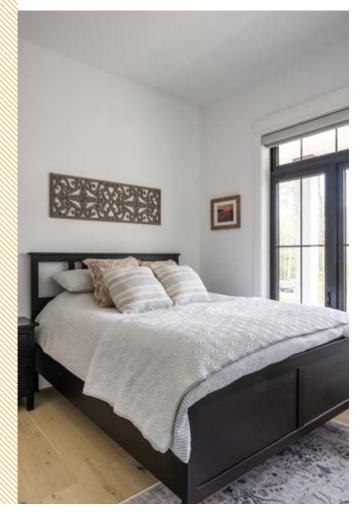
LEFT: The impressive stone fireplace is flanked by closed cabinetry painted Benjamin Moore Blue Note. Floating shelves display textural décor. Audio for the home was installed by Balaklava Audio. The gas fireplace was supplied by The Fyre Place and Patio Shop.

Jess and Ian can't thank Tim enough for his patience and expertise. He was quick to offer helpful suggestions and took the couple to see other homes he built on several occasions. Ian explains, "we might have been hung up on a specific detail, such as windows in the en suite, but Tim would take us to see a real life example and help us make the final decision." Jess adds, "nothing was overlooked, even last-minute changes. Tim always found a way to make things work." **Balaklava Audio** installed the home's audio-visual system. *Continued on page 80*

BELOW: Patio doors lead to the pool installed by Ground Effects Landscapes. The leather accent chair is one of the comfortable seating options that surround the fireplace in the great room. **TOP RIGHT:** lan's office has dual-aspect windows, plenty of desktop space and built-in storage that keeps the room clutter-free and organized. **BOTTOM RIGHT:** The main-floor guest bedroom has a view out front. Heating and cooling for the home was installed by Acton's Plumbing and Heating Inc.







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ABOVE: The accent wall in the primary bedroom is Benjamin Moore Boothbay Gray. The distressed wood bedframe and the side tables add a natural element. TOP RIGHT: A velvet stool in the primary en suite sits at the makeup counter, while a round silver tray holds perfume bottles. Interior doors were sourced at Miller's Home Hardware Building Centre and installed by Wood and Wallworks. **RIGHT:** A chest of drawers in the primary bedroom offers extra storage and matches the bedside tables. A plush sheepskin rug is layered on top of the large area rug. **FAR RIGHT:** The white oak double vanity in the primary en suite has a quartz countertop. The vessel tub sits on heated tile flooring – Urban Zebra Metal Art in Black, sourced from Complete Flooring.













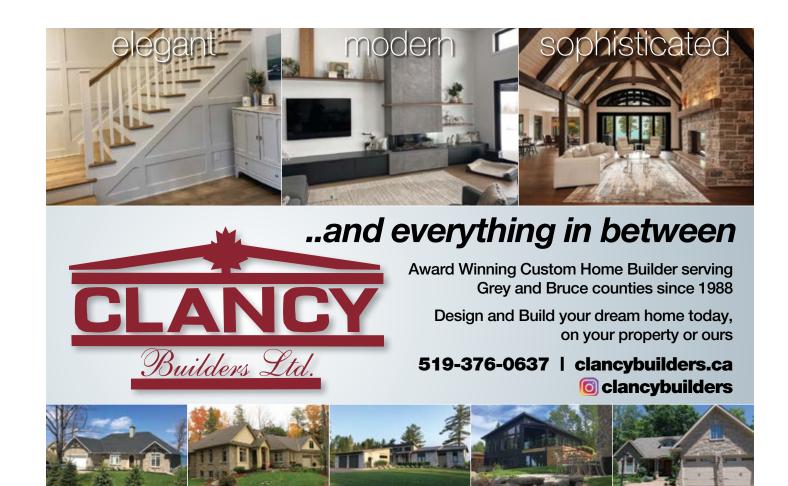
Jess, Ian and their kids, 10-year-old Ivy and 8-year-old Evan, moved in on December 23rd, 2021. They had been living in a small townhouse during construction. Jess laughs as she recalls asking Tim, "is Santa coming to the townhouse or our house? I felt that he was going to get us in here and he did. It all came together and it was a whirlwind, but it was wonderful for the kids to come down the steps on Christmas morning."

Now that they are settled in at home, the family doesn't take it for granted. Jess most enjoys sitting under the covered porches, listening to the boats pass, the waves and the birds. "I love watching the coyotes, deer, wild turkeys – you never know what you're going to see," Jess says. "It really feels like a little community out here. You rarely pass a person who doesn't look at you, smile and wave."

"I grew up on a farm and I feel more at home here than I have since I left my childhood home," Jess shares. Ian adds, "it feels so nice to be home. It's been a long time in the making." OH







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"Will Lever own a home?" These days, more than ever, this is a question that keeps many Canadians up at night. For would-be home buyers weary of pounding the pavement, and for young people (and concerned

parents) looking ahead, Canada's

housing market is daunting.

STORY CONNIE JESKE CRANE ILLUSTRATION SHEILA BRITTON

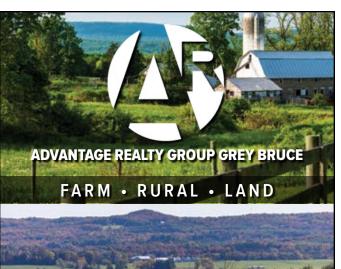




THE LAST FEW YEARS, fuelled by inflation, interest rate hikes and lack of supply, an affordability crisis extends well beyond hotspots like Toronto and Vancouver.

Is there any recourse? We looked at some government initiatives

and contacted Gary Taitt, a broker with RE/MAX Hallmark Realty Ltd. in Toronto. While there's no magic solution, creative longerterm strategies can be very helpful for many first-time buyers. Here's a closer look: Continued on page 84





557329 4th Concession S, Meaford

Located on the 4th concession of Meaford with 30.66 acres. A mixture of farm fields, bush, valleys of streams & an old cattle pond. The property is surrounded with views of bush, farms & wildlife in an area of unusual drumlins in Ontario. A winding drive leads you through trees & past rock fences to rise-up onto an 8-acre high open field. Views for miles across the valley to the south & east to Walters Falls & beyond, as well as warm lower protected areas. Mixture of hardwood bush & pines. The Niagara Escarpment & Bruce Trail is 1.5 miles to the North & access is also nearby in the Strathaven valley. A tributary stream runs through the property, which feeds the Big Head River to the south. Cross Country ski trails in the bush & nearby in the Grey Sauble Conservation Areas. Equestrian facilities also nearby. Suitable as a country estate, farm or possible a resort lodge. Fronts on maintained municipal roads. Close commute to the GTA, and close to all activities in Grey-Bruce-Simcoe. 15 minutes to Meaford. Owen Sound & 35 minutes to Blue Mountain. There are a variety of development opportunities on this rare property. MLS: 40402204





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Grand family home in Sauble Beach with triple garage and self-contained in-law suite. Situated on a beautiful landscaped half acre lot in a nice neighbourhood. Featuring 5 beds/4.5 baths on 3 full finished levels w/walkout basement. Magazine worthy kitchen & engineered hardwoods throughout the main level. Exceptional outdoor living space includes massive covered stamped concrete patio and screened-in room, plus huge deck above. MLS®#: 40415177





Nestled on a private treed lot, this lovely 2+1 bed/2 bath home in Sauble Beach boasts great curb appeal. Enjoy serene views of the mature forest from 3 decks. Charming main floor layout with kitchen/dining that opens up to the elevated deck, plus walkout basement that includes a huge family room with gas fireplace and sliding doors to the hot tub. This move-in ready home is super clean and well maintained...a real pleasure to view! MLS®#: 40418710





RIVERFRONT GEM! Located on the beautiful Saugeen River in Southampton, this charming 1 bedroom/1 bathroom home or 4-season cottage has so much to offer and has seen many updates over the years. You'll appreciate the bright and open living space with panoramic windows showcasing seasonal views of the river. Outside you will find a large side yard w/firepit, two large decks, and a solid set of stairs down the river's edge. MLS®#: 40410096



DAN GRAHAM Realtor Cell: 226.668.3008

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DOWN PAYMENT REALITIES

Understanding Canada Mortgage & Housing Corporation requirements is a crucial first step. (Hint: you may need more of a down payment than you think.) Talking with a lender can help buyers get clear on how much they need to save.

For example, the Financial Consumer Agency of Canada states, "If your down payment is less than 20 per cent of the price of your home, you must buy mortgage loan insurance." At the same time, "Mortgage loan insurance isn't available if the purchase price of the home is one million dollars or more." It means many first-time buyers are constrained to stick under that million-dollar price.

Gary says due to lofty requirements, even dual-income buyers with healthy salaries can struggle with a "down payment problem."

GOVERNMENT INITIATIVES

As for financial assistance, Gary says, "The government's come up with new incentives to help first-time buyers."

This April, among several initiatives, Canada introduced a First-Time Home Buyers' Tax Credit (HBTC), plus a registered First Home Savings Account (FHSA). The FHSA allows first-timers to save up to \$40,000 tax-free towards down payments - and unlike RRSP Home Buyers' Plans, funds don't have to be repaid.

Provincially, Ontario first-time home buyers may qualify for a land transfer tax rebate.

FAMILY HELP

Where possible, asking for family help is an increasingly common strategy for younger buyers. According to a recent CIBC report, almost one-third of first-time buyers get financial help from family for down payments.

On the ground, Gary says, "I see that way more now, where people get money from the bank of mom and dad."

CREATIVE STRATEGIES

Finally, by necessity, today's first-time buyers can apply other can-do strategies:

Smaller centres – Choosing to buy outside of Canada's priciest centres can boost affordability. As Gary says, "If you're living in Toronto, it may seem daunting, but if you're living in Calgary or Ottawa, you just need a really good plan."

Fixer uppers - While many buyers gravitate towards magazine-perfect "showpiece" homes, Gary says the "junky houses, the fixer uppers" are where buyers can find lower prices and add value.

Condos - In this niche, Gary says, "Now it's kind of flipped where buying a new condo costs more." Currently Gary sees more resale condos available and says for first-timers, these can be more affordable and easier to upgrade. "They only really have to do flooring, kitchen and bathroom."



Co-ownership – Slowly gaining traction in Canada, Gary feels this strategy works for some, citing three buyers he worked with who bought a large house together in Toronto. "They held it for four years and by the end of it, they sold and each made enough for their down payments and moved on to their own houses."

Finding tenants - Becoming a landlord during the early stages is another route Gary is seeing. "I would live in a basement and rent out the upstairs until my principal came down."

MINDSET

In Canada, Gary has seen affordability concerns rising for 10 years or so. "I started hearing it when my kids were around eight or nine. 'Oh, they'll never be able to afford a house' and parents say these words."

every 10 years, give or take," he says, and five or 10 years down the road. OH



Challenges aside though, Gary believes in a solutions mindset, and in the lasting value of home ownership. "Real estate values double encourages buyers to have a vision not just of today's challenges but of where they could be

36 is the average age

of first-time home buyers in Canada

\$40,000 is the maximum first-time buyers can contribute towards a home purchase via Canada's new tax-free First Home Savings Account (FHSA) (up from 20 per cent in 2015)

BY THE NUMBERS

43 per cent of Canadians aged 20-34 own their ome (30 per cent lower nan other age groups)

30 per cent of first-time buyers in 2021 received financial gifts towards a down payment (up rom 20 per cent in 2015)

\$82,000 was the average down payment gift received by first-time buyers in 2021 (up from \$52,000 in 2015)



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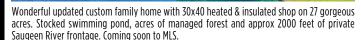




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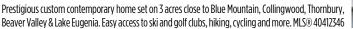
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Work in the trades can sometimes be hard, physically demanding work, and women are held to the same standards as men, however, a woman can be just as physically fit, determined, confident, and capable of operating the same tools and machinery as their male counterparts. It takes more than a physical requirement in the skilled trades, to get the job done. Balance, dexterity, hand-eye coordination, stamina, and even academic skills like reading, writing and mathematics are assets for working in the skilled trades.

Think you know what a career in the trades is all about? *Time to think again!*

While electrician, plumber, auto mechanic, carpenter, and welder first come to mind, the skilled trades are actually so much more diverse – think everything from...

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- Information Technology and more,

all leading to rewarding, lucrative careers. With over 100 designated trades in Ontario to choose from, no matter what your passion is, there is a trade for you. Skilled tradespeople are in high demand to fill well-paying jobs and build rewarding careers.





OYAP is a School to Work program that opens the door for students to explore and work in apprenticeship occupations starting in Grade 11 or Grade 12 through the Cooperative Education program. The program is funded by the Government of Ontario.

The goals of OYAP are:

- To provide students with the opportunity to start training in a skilled trade while completing the requirements for an Ontario Secondary School Diploma.
- To enable students to make the school to work transition by direct entry into apprenticeship training.
- To provide employers with the opportunity to train the skilled workers they require.
- To provide a viable solution to address the problem of skilled tradespeople shortages in general, and specifically the lack of young people joining the trades.

Contact Justin Graham at Ontario Youth Apprenticeship Program

Bluewater District School Board and Bruce Grey Catholic District School Board

351 1st Avenue North Chesley, Ontario NOG 1LO 519-363-2014 Ext. 2132 | 1-800-661-7509

Contact Elaine McLachlin Ontario Youth Apprenticeship Program (OYAP) Coordinator

Simcoe County District School Board

1170 Highway 26 Midhurst, Ontario L9X 1N6 705-734-6363 Ext. 11342

Contact Steacy Hinton Ontario Youth Apprenticeship Program

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Continued on page 90

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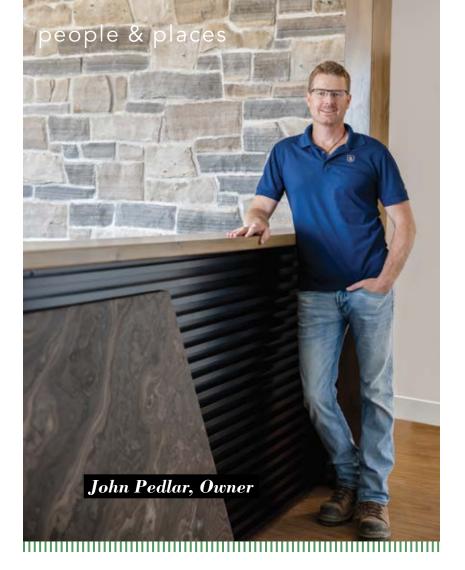
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Continued on page 96





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We prioritize the use of healthy and sustainable materials with our client's health and comfort in mind. With a strong focus on energy efficiency and natural materials, we are current on new building technologies to help protect our planet, one project at a time.



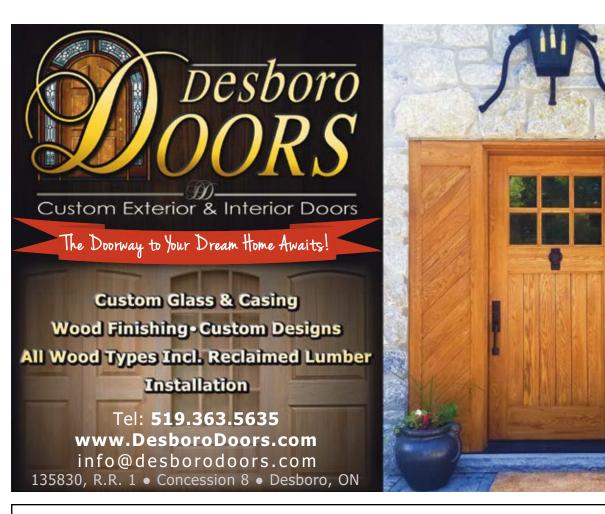


PERSONAL APPROACH

Based in Markdale, we are a family-owned-and-operated team. Each project we work on receives our full attention and care. We value clear communication and transparency, prioritizing our client's goals to deliver the best quality and value.

Continued on page 98





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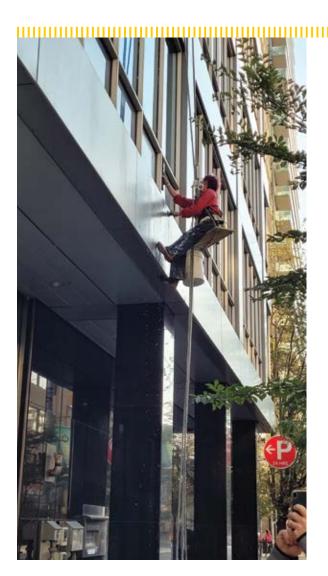




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Continued on page 100

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Continued on page 102



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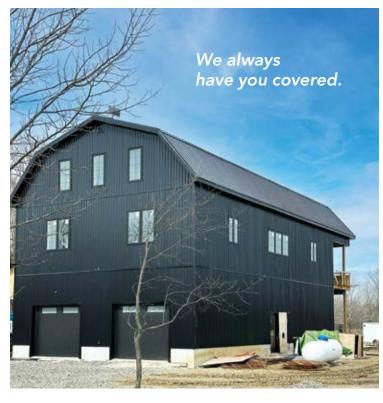
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3 cups mango juice

2 packets gelatin or 4 Tbsp of agar-agar*

½ cup mango purée**

1 cup coconut water

1-3 Tbsp honey or sweetener of choice

Whipped cream for garnish

*Use agar-agar for a vegan-friendly version does not need to be bloomed and can be added right into the heated juice. Cook for 5-10 minutes.

**Make your own mango

Instructions

gelatin activates.

In a saucepan over medium heat, heat the rest of the mango juice, mango purée, coconut water and honey. Adjust amount of sweetener to taste.

whisk until dissolved.

Pour into four serving fridge until firm.

When ready to serve top cream. OH



Get more recipes

Ingredients

SERVES 4

of this recipe. Agar-agar

purée by blending the fruit of one mango.

Bloom the gelatin by placing ½ cup of mango juice in a bowl and sprinkling gelatin on top. Wait five minutes until the

Add bloomed gelatin and

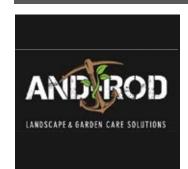
glasses and let cool in the

with a dollop of whipped





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same professional approach as AND-ROD Construction Ltd. Drop us a line today to book your Spring/Fall Clean Up, Garden Maintenance Consultation or New Garden **Discovery Meeting with** Cheri today! and-rodcontracting.com 226.459.0141

(Please see ads on pg 103)



FOREST HILL REAL ESTATE -GREY COUNTY

For most of us, buying or selling a home is one of the biggest decisions we'll ever make. You need experienced professionals you can trust to guide you through the process and ensure your best interests are kept at the forefront. At Forest Hill Real Estate – GREY COUNTY, Mark and Laura Murakami's primary focus is, and has always been, to provide outstanding customer service, open communication and regular feedback to EVERY client, EVERY time. In fact, it's what they've become known for.

When you work with Mark and Laura Murakami, you can count on personal, attentive service, excellent knowledge of the area, proven negotiation skills and strategic expertise supported by a strong network of local experts.

With over 40 branches specializing in a variety of unique estate homes, chalets and cottages, Forest Hill Real Estate has mastered the art of marketing, selling and facilitating transactions in many distinct locations. This long-established, reputable and exceptional real estate brand is proud to be represented in Markdale and the surrounding towns and villages by Mark and Laura Murakami.

greycountyhomes.com Check out their 5 star Google Reviews! Mark Murakami, Managing Broker | Laura Murakami, **Managing Partner** 21 Main St E, Markdale 519.270.6702 mark@greycountyhomes.com (Please see ad on pg 85)





FLAIR STYLE COMPANY

Home staging has changed the way real estate is being sold. It is, without question, a homeowner's most effective marketing tool in order to obtain the highest selling price in the shortest amount of time.

That said, connecting with me should be your first priority when you decide to sell. As a Certified Staging Professional, I have spent the last 7 years perfecting a seamless process to guide you easily and efficiently through the pre-listing phase:

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envision themselves in the space.

Learn more about how I can help you sell: 519.270.4482 julie.b@flairstyleco.com flairstyleco.com @ @flairstyleco

(Please see ad on pg 119)



SIGNS IT MAY BE TIME TO MOVE TO A SENIOR LIVING COMMUNITY

Changes in daily routine and living spaces are signs that older adults are declining. "Many times, families and caregivers wait too long until things have progressed to a breaking point before investigating Senior Living options" says Senior Living Specialist, CL Foster.

Common signs to look for: HOUSEHOLD CHANGES:

• Food is spoiling in the refrigerator • The house isn't as tidy as it once was – perhaps dishes are piling up in the sink • Prescription medication is left untouched in its container • Mail remains unopened • There are new dents or racing stripes down the side of the vehicle

LONELINESS AND ISOLATION: • Loss of friends and companions • Difficulty listening, talking • Lack of transport

HEALTHCARE CONCERNS:

• Chronic health conditions that limit activities of daily living

Recurrence of falling • Changes in personality • Unexplained bruising • Loss of appetite • Bad hygiene • Forgetfulness

CHANGE IN MOBILITY:
• Struggling to sit or stand

- Can't get around the home as easily as you used to
- Experiencing dizziness Falling
- Experiencing difficulties going up or down the stairs

JUDGEMENT WITH FINANCES: • Uncharacteristically overspending • Uncharacteristically not paying bills

Recognize any signs? Call Carole-Lee to learn about senior living options at Elgin Lodge 519.389.5457

(Please see ad on pg 16)



DAN GRAHAM I SALES REPRESENTATIVE – WILFRED MCINTEE & CO

Born and raised in Bruce County, Dan's roots run deep, and he knows our beautiful area well. With 14 years of real estate experience and the support of Wilfred McIntee & Co. Ltd. Brokerage (celebrating 70 years) behind him, Dan is excited to help you achieve your real estate goals!

Selling your home in today's market takes a solid action plan and you can be sure that Dan will be by your side every step of the way. In addition to his in-depth understanding of local market conditions, Dan uses the latest technology to ensure that his clients receive the most effective marketing strategies, including professional photography, drone photos and video, 3D Virtual Tours, floor plans, social media campaigns, and more.

Whether you are a firsttime homebuyer or seasoned homeowner looking for your dream home, Dan is committed to providing personalized, professional service. He can help you find the perfect property!

Dan has helped buyers and sellers alike throughout Bruce/ Grey County, with his core business in the Saugeen Shores, South Bruce Peninsula, Arran-Elderslie, Georgian Bluffs, Owen Sound areas.

As your knowledgeable and friendly local Realtor, Dan is here to provide you with all the support and guidance you need during your buying or selling journey

dan.graham@mcintee.ca C: 226.668.3008 O: 519.797.5500 dangrahamrealestate.com (Please see ad on pg 83)



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We know exactly what it takes to deliver a quality job at competitive prices with the best customer service in the business

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519.387.5022 builtwrightfencing.ca (Please see ad on pg 6)



GREY BRUCE DESIGN STUDIO

Established in 2023 as a resource for designers, architects, homeowners and custom home builders, the Grey Bruce Design Studio brings a wealth of design knowledge and experience to the Grey-Bruce, Simcoe, Barrie, Muskoka, Dufferin and Parry Sound areas of Ontario. Founded by a resident of Grey County who returned to Ontario after many years working around the globe, GBDS offers a curated collection of technical and decorative lighting, interior glass and hardware, interior and exterior railing systems, new and vintage furniture, and a unique selection of decorative products. With an in-house RID (registered interior designer) and CKBD (certified kitchen and bath designer), the Grey Bruce Design Studio can assist builders and designers, offer hourly consultation, or provide full-scope residential and commercial interior design services, completely customized for each individual project.

In addition to representing numerous manufacturers and a variety of well-established suppliers from across Ontario from our boutique storefront on Main Street West in Markdale, we have access to a vast range of architectural and decorative products from which we can help select and procure.

A dedicated exhibition area showcasing Canadian and international artists will rotate on a regular basis, with opening events scheduled throughout the year. Consultations by appointment.

519.369.8890 | gbds.ca #5 Main Street W, Markdale (Please see ad on pg 61)



HOME AND COTTAGE WINDOWS AND DOORS INC.

Locally owned and operated with over 25 years experience and an exceptional customer satisfaction rating, Home and Cottage Windows and Doors Inc. offers quality installations of windows, doors, siding and more at an affordable price.

at an affordable price.

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enhance your home's natural
light and make it more enjoyable
to live in. Good quality
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investment. They will save you
money on utility bills and keep
your home safe and comfortable
year-round. We offer high
quality, Canadian-made windows
from NorthStar or KV.

DOORS: Your front door is the first thing greeting visitors to your home. If your door isn't making the right statement, our extensive colour palette and variety of styles can help you choose the right door for you.

SIDING: Interested in Board and Batten? Shakes in your gables? How about a stone knee wall? With so many styles and colours to choose from, we'll help you find the right siding for your home.

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(Please see ad on pg 51)



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passionate about helping you complete the project of your dreams! We offer innovative colour selection tools, exceptional paints and stains and a wide selection of brand-name painting supplies to both homeowners and professionals. We also provide personal trademark customer service and expert advice. Need help choosing the right colours for your space? We provide FREE colour consultations to provide you with confidence in your choices. Consultations are 30 minutes via phone, text or video chat. Our certified colour consultant will provide you with colour recommendations and send colour samples directly to your door! Are you a contractor? Sign

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Be sure to try our chocolate dipped waffle cones.

Our business is built through the support of our many loyal customers. Our mandate is to serve the needs of our community by providing the highest quality in products and services.

We strongly believe in supporting our local suppliers and growers. You will find many of their products in store.

Our mission is to simplify your life by providing you with a memorable, quick and easy shopping experience.

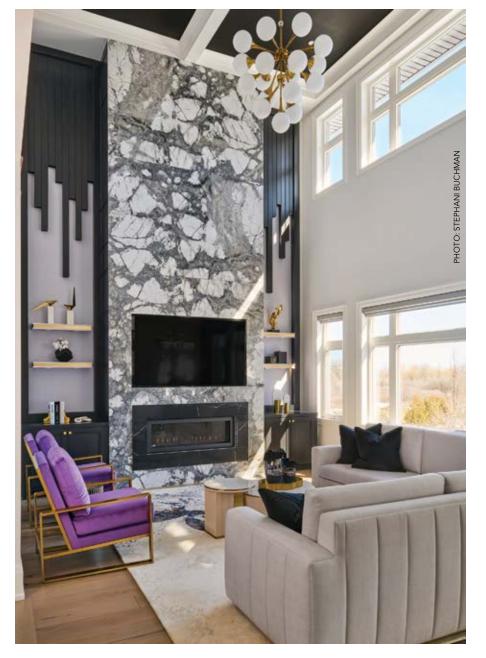
We are always ready to listen to your needs and suggestions. Please stop in, say hello to our friendly staff and let us know how we can better serve you.

194424 Grey Road 13, Eugenia | 519.924.3244 topotherock.com (Please see ad on pg 91)

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How to Create a FEATURE WALL

Feature walls come in all shapes and sizes and they all serve a very important purpose – to create a focal point, attract attention and deliver that essential wow factor that no room is complete without.





STORY DIANA ROSE

FEATURED FUNCTIONS

The purpose of a feature wall is to catch your eye. Will your feature wall be the focus, or will you use it as a way to highlight another focal point in the room?

A feature wall is a great way to invite attention to existing elements, such as a unique architectural feature or as a dramatic backdrop to a sophisticated fireplace, a fabulous staircase, a powder-room vanity or a prized piece of furniture. You can see how a bold colour or wallpaper selection can complement and underscore the high points throughout the home.

In the absence of an existing focal point, a feature wall can serve as the highlight every room needs. It is an eye-catching yet costeffective way to make a visual impact.

When choosing your feature wall, consider your view when you enter a room, or in the case of an open-concept area, the view from various points in the space. Which wall is your eye naturally drawn to? What's the first thing you see when you walk in? That's likely to be your target area. Avoid walls with windows and doorways, which can diminish the artistic integrity of the wall itself. Plus, a large blank wall is practically begging for some flair.

Continued on page 110













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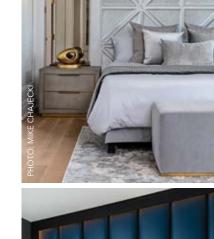
decorating

MATERIAL MATTERS

A little paint can go a long way. When choosing a colour for your feature wall, create contrast. If the room is light and neutral, consider a vibrant or dark colour. If colour graces your walls, look opposite the colour wheel for some options that pop.

This opposite approach works for materials, too. Think glossy meets matte, rustic meets refined, classic meets minimalist - you get the idea. Create an element of surprise with unexpected additions such as metal inlays, upholstered wall panels, eccentric wallpapers and unusual tile patterns. From sleek to rustic, wood is another neutral material for an accent wall that is high impact and goes with everything.







TRENDING: Use three-dimensional tiles and marble slabs to create a feature wall that elevates a space by adding texture, colour and movement. There are some truly stunning paintable 3D tiles on the market, which use shadow and light to create an ever-changing effect – from subtle to dramatic, depending on the time of day.



THE OPEN-CONCEPT CONUNDRUM

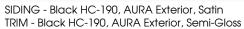
Open-concept homes have risen in popularity in recent decades, but their proliferation has also brought to light some distinct design challenges. One of these is defining various functional areas within these vast, wall-less floor plans. Adding a feature wall is an effective way to visually differentiate a specific area without closing it off or straying from the overall style of the space. Adding a feature wall behind the dining table creates just enough drama - especially if you've taken my advice to leverage contrast! Similarly, a feature wall can also be applied in a front entrance area, in the office or reading nook and in the kitchen, to help visually separate these distinct areas from the others. If you're planning to create multiple feature walls, don't finish them with the same treatment. Remember, the goal is to make them stand out. Just be sure to give each one enough breathing room, so they don't clash or compete for your attention.



Perhaps the best part about adding a feature wall is that sometimes it can be relatively easy to do and requires no structural changes. All it takes is some design creativity and a little bravery on the homeowner's part. But trust me, it'll truly transform and make for stylish and impactful interior spaces. OH

Diana Rose is the award-winning principal and creative director for Diana Rose Design.









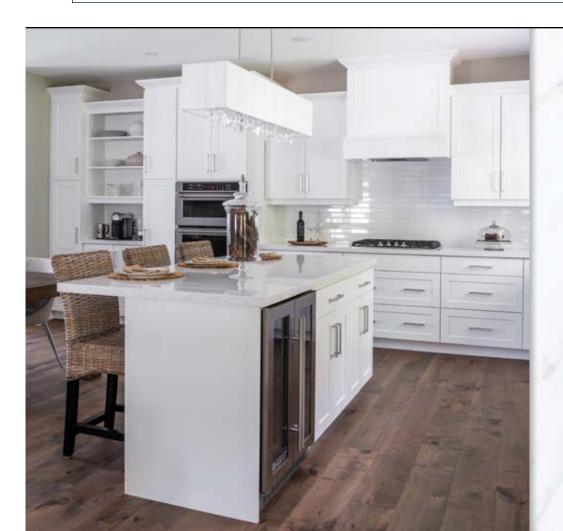






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Farmhouse RENO





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Continued on page 11:



feature







LEFT: The galley-style kitchen has lots of storage, new appliances sourced from Tom The Dreamer, and a view through the full glass front door to the rural landscape that surrounds the home. **ABOVE:** Fresh coffee, fruit and a platter full of croissants gets the day started on the farm. **BELOW:** Scott Crowther of EXP Realty Brokerage.

Living in an up-to-date, modernized farmhouse doesn't need to be just a dream.

There are many options available to purchase, renovate and remodel traditional rural homes on modest to flexible budgets.

Agriculture is an important part of the rural identities of Grey & Bruce Counties. The counties offer 4,500 square kilometres of picturesque land and pastures. The area is rich in agricultural history with many historic farm homes more than a century old.

For **Scott Crowther**, living on a farm has been an integral part of his upbringing, so he set out to find and renovate a farmhouse to share with his wife and children.

As a seasoned professional in country and farm real estate with **EXP Realty Brokerage**, Scott has an eye for a good investment. He saw the potential of a 100-year-old brick house near Meaford and decided to transform it with

a new and fresh design. The Crowthers were attracted to the 100 acres of farmland. As Scott says, with farmhouse properties, the outside land is half the fun.

The quaint two-storey farmhouse had good bones but deserved a few interior renovations. Scott says it is important to consider the house's foundation and ensure a solid roof system. Inspecting the insulation can determine whether the home was previously renovated and indicate necessary structural upgrades.

When renovating a farmhouse, the most critical functional benefits to consider are high-quality insulation and lighting. Insulation helps maintain a comfortable temperature during all seasons, and the strategic planning of pot lights or replacing small windows for large ones drastically impacts the overall feel of a home.



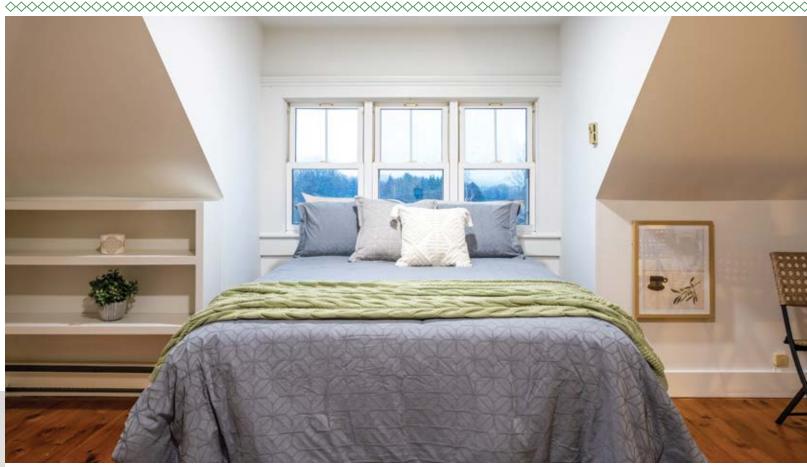
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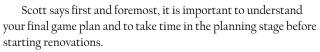
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feature









"Don't be afraid to involve professionals," advises Scott. "They can often source quality products with great value and drastically reduce your project timelines."

When choosing a farmhouse, buyers on a budget are advised to consider the home's layout and how it suits their family. Often, the footprint can be kept the same to avoid tearing down or putting up walls, which can be costly.

The summer kitchen in Scott's house was converted into a functional mudroom and closet to keep the mess out of the main home after a long day on the farm. Older farmhouses typically feature a summer kitchen – a small, detached building or an attached wing where families, before the advent of air conditioning, would cook in the warmer months. These additions offer creative opportunities for repurposing into a mudroom, playroom, guest room or laundry room.

One of the most prominent transformations of the home is the kitchen. While keeping the layout and kitchen island, a few modest upgrades made a huge impact. Continued on page 118







ABOVE: A primary bedroom suite was created in the third-floor loft. The dormer is the perfect size for the queen bed. Mattresses for the home were sourced at Tom The Dreamer. FAR LEFT: Built-in shelving that was original to the home was given a fresh coat of paint and now holds plants and décor. The hardwood flooring throughout the house was refinished by Glen Leslie's Hardwood Flooring. LEFT: A bistro set in the loft offers a quiet spot to enjoy coffee in the morning. Heating throughout the home was upgraded to a hot water boiler system by Crose Mechanical.

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"A simple kitchen remodel involving new countertops, fixtures and fresh paint gives you the most bang for your buck," says Scott.

Scott also stresses the importance of upgrading the lighting. Older farmhouses are typically very dark and poorly lit. Adding more lighting and elements like LED-style pot lights and modern light fixtures give the interior a contemporary feel.

Light colours were selected for the ceilings and walls to create an open, airy ambience. **Benjamin Moore** Steam White paint with a matte finish gives the farmhouse a modern makeover.

The beautiful maple hardwood was refinished by **Glen Leslie's Hardwood Flooring**. They removed the floor's existing varnish and seal, sanded the top layer and applied a fresh stain and lacquer. The hardwood looks brand new without needing replacement. Luxury Vinyl from **Greyfair Flooring** was selected for the mudroom as a practical solution for cleaning up after time spent on the farm. *Continued on page 120*

In one of the second-floor bedrooms, a panelled feature wall adds extra character and visual interest to the room. With the window open at night, a gentle breeze floats across the beds while crickets sing.

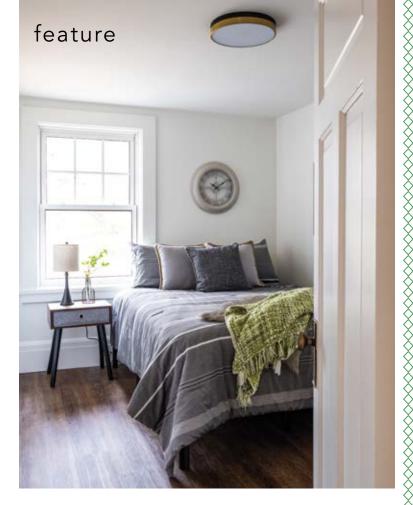
TOP & BOTTOM LEFT: A vessel tub in the second-floor bathroom/laundry room is

perfect for relaxing after a busy day outside, gardening, hiking and exploring the 100 acres that surround the home. Tile, installed by Zach Barnett Renovations, extends from the large shower to cover the wall. The well and pump system was upgraded by McCauley Water Systems.









With the expertise of McCauley Water Systems, the home's well and pump system were upgraded and brought into the house from the barn location to prevent freezing in the winter.

As an investment for future cost savings, a hot water boiler system was installed by **Crose Mechanical**. The system pumps boiling water through baseboards to heat the home instead of forced air. This is a great tip to save money and is maintenance-free.

On the second floor there are three bedrooms with fresh white linens and contemporary furniture, each with its own window. The newly-renovated four-piece bathroom and laundry room offers a tub for soaking after a day's work outdoors. Renovating the third-floor loft into a primary suite offers a cosy private retreat, complete with a breakfast nook for relaxing with coffee on laid-back mornings.

With the help of **Julie Brown** from **Flair Style Co.**, Scott's go-to home stager, the home was winterized to remain cosy in all seasons. Julie drafted spreadsheets and budgets for the farmhouse renovation before the project was started.

Scott says Flair Style Co. assisted greatly with the home from start to finish. Julie is also credited for much of the interior finishing touches and interior décor, such as the bunk beds in the upstairs guest room.

For those who want to enjoy the scenery and peacefulness of residing on a rural property without taking care of the land themselves, there are options to rent out the land to local farmers.

Interest in living in the country has increased in recent years due to the appeal of having space, getting outdoors and enjoying a peaceful lifestyle. As the Crowthers have demonstrated, Meaford and the Grey-Bruce area offer a scenic pastoral paradise and a laid-back lifestyle suited for a modern farmhouse renovation project. **OH**



LEFT: A peek into another of the three bedrooms on the second level. Julie Brown of Flair Style Co. helped the Crowthers with spreadsheets and budgets for the renovation as well as choosing furniture that complements the refreshed look of the home. **ABOVE:** Trim was matched and replaced where needed in the renovation by Austin Brown. **BELOW:** Each of the three bedrooms has a large window, deep closets and comfortable beds, giving family and friends a cosy spot to rest their heads at night.







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How to STOCK YOUR PANTRY for a PLANT-BASED DIET



STORY BAILEY FRANKLYN

Whether you've recently adopted a plant-based diet, or want to eat less meat, a well-stocked pantry is the key to success. A plant-based pantry is similar to a regular pantry, with a few main differences, namely proteins and some baking ingredients.

If you want to start eating a plant-based diet, as a plant-based Registered Dietitian, I recommend stocking these 10 pantry and fridge staples.

BEANS & LEGUMES

Think black beans, brown or red lentils, cannellini beans, chickpeas and kidney beans. A great source of protein and fibre, beans and legumes can be found canned or dried. Both are equally nutritious, but if you're using dried, they require some planning as they have to be soaked and

cooked before use.



HEMP HEARTS

Hulled hemp seeds have a mild, nutty flavour and can be added to anything from salads to oatmeal to boost the protein content.



NUTS & SEEDS

Common staples in most
pantries, however, their uses
are more versatile in plantbased cooking. After soaking,
they can be blended to add
creaminess and texture to
dressings and sauces, while
boosting the protein and
healthy fat content.



TVP (TEXTURED VEGETABLE PROTEIN)

A soy-based meat alternative. Great for replacing meat in chilis, tacos or pasta sauce.



CHIA SEEDS

Available whole or ground and a great source of fibre and Omega 3 fatty acids. Can be used to make a "chia seed egg" to replace eggs in baking. Once opened, store in the fridge.



FLAXSEED

High in fibre and Omega 3s, it can be added to almost anything. Choose milled/ground flaxseed, as it's more versatile and nutritious than whole flaxseed. Commonly used to make a "flax egg," which can also replace eggs in baked goods.





NUTRITIONAL YEAST

Lovingly referred to as "nooch"
by plant-based eaters, it's an
inactive form of yeast with a
cheesy flavour profile, and
packs a nutrient punch. High in
protein and B vitamins, sprinkle
it on pasta or make a vegan mac
and "cheese" sauce. Store in a cool
dark place or in your fridge.



VEGETABLE BROTH

Easily replaces animal-based broths, and is used the same way. If you open a container and don't use it all, freeze in ice cube trays for later use.

You can get most of these items at Bulk Barn, Costco or your local grocery store. No need for specialty stores.

A pantry takes time to stock, don't feel like you have to buy everything at once. Grab a few items every time you shop, and you'll have a well stocked plant-based pantry in no time. **OH**

Bailey Franklyn is a registered dietitian and lives in Meaford

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directory

OUR HOMES attracts the area's finest businesses to advertise in our pages, and utilize our unparalleled distribution and coffee-table appeal to market their products and services. We're making it easier for you, our readers, to become educated as you plan your home- and real estate-related purchasing decisions. View these business ads online at ourhomes.ca. The listings below are organized alphabetically by industry.

OUR HOMES is committed to ensuring the businesses below appear under the correct headings. To make a correction, or to have your business listed under more than one heading, please email bettyann.fawcett@ourhomes.ca. To have your business listed in our Home Resource Directory, call us to advertise at 519.986.2599.

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ROSE SIMPLE

granulated sugar

4 to 6 dried roses

granulated sugar,

water and dried roses.

½ cup water

Mix together

Bring to boil and simmer for

five minutes.

Remove from heat, strain and let cool.

COCKTAIL

4 oz. dry rosé wine 2 oz. sparkling water

Fill a wine glass with ice.

Mix together rose simple syrup (adjust

sweetness to taste), elderflower liquor and

Top with sparkling water and stir. он

rosé wine.

½ - 1 oz. rose simple syrup 1 oz. elderflower

SYRUP

½ cup











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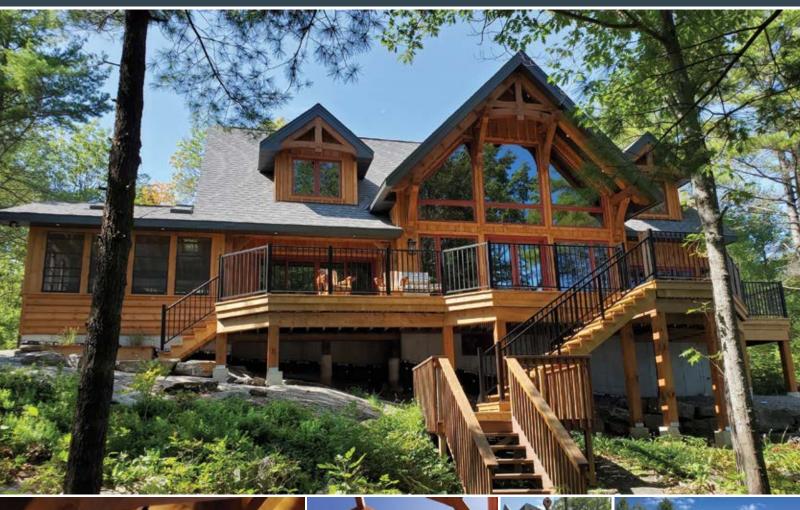






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