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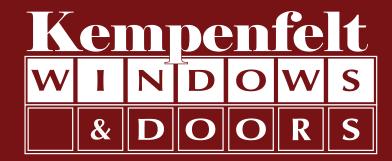






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OUR HOMES is distributed via free pick up to residents of Simcoe County at high traffic locations throughout the region. Copies of OUR HOMES are also sent via unaddressed mail to select residential neighbourhoods and Barrie and area business leaders, and via direct mail to select builders, architects, trades and professionals. OUR HOMES is also available in-room at select hotels and resorts within the region.

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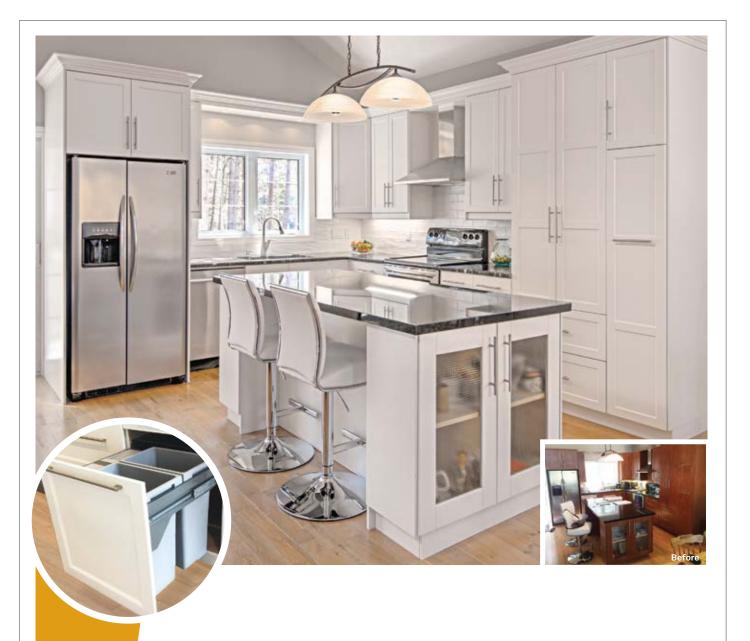
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#### editor's note



RENOVATIONS ARE STRESSFUL, but oh, so worth it!

My new kitchen is almost done and, for the most part, all went smoothly and I love it. Photographer Sandy MacKay took this photo of me the day before my backsplash was grouted, the walls were painted and the electrical finished.

In hindsight I wish I'd had the constitution to rip out all the floors (tile, hardwood and carpet in the bedrooms) and install new hardwood throughout the main floor. But that meant pulling every piece of furniture out of every room and I, frankly, chickened out. Three weeks without a kitchen was disruption enough. The boys in my house held up pretty well, with one exception – they missed the microwave. It meant having to use the barbecue or oven to melt cheese or heat up leftovers. Hungry men aren't very patient. A shout out to Jillian, Carl, Matt, Tyler and the rest of the team from DKI for all their hard work.

I have great respect for every homeowner who either builds new or decides to renovate. In this issue, we have both. Two brand new homes – one a magnificent timber frame that looks like it was dropped into Horseshoe Valley from Whistler and a lovely contemporary home in Midland with stunning views. Our third home is a gut and full renovation with inspirational results. All three come with amazing stories I know you'll enjoy.

I've also been having some fun helping my oldest son furnish and decorate his first apartment in Montreal, where he's living and working after graduating from university. My other son is heading south to university with more cool finds for his dorm room. We've done our very best to shop local, even if it means stuffing the truck for the journey.

Fall is the season for reflection, enjoying the changing colours and adding layers to our wardrobes. We also gather to give thanks. I'm feeling especially grateful for the goodness in my life.

giorgette

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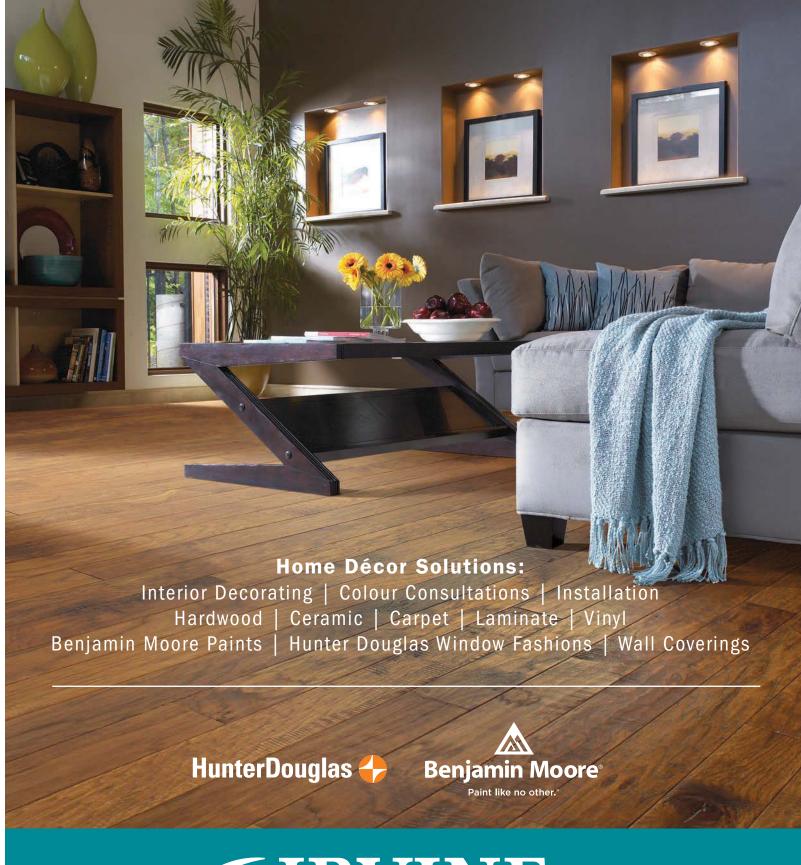


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Horseshoe Valley. Story, page 32.

Photography by Sandy MacKay.







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advice



## **COUNTERTOP**

Interior Designer Dolores Pian

Planning a new kitchen or bathroom? Confused by the many counter choices? Have you gone from enthused to confused? Let's see if we can clear up your countertop perplexity.

#### WHAT IS YOUR COUNTERTOP PERSONALITY?

What kind of surface fits your lifestyle? Is it easy to maintain? What is your budget? Digging deep into these questions will get you closer to the right solution for you.

#### **POPULAR CHOICES**

While there are a variety of materials, we'll review the most popular choices:

**NATURAL STONE:** Including granite, marble and soapstone. Stone is mined from the earth. Granite is granular with sparkle. Marble has its flamboyant veining while soapstone has a matte finish and old-world charm. Granite and marble are porous and must be sealed regularly to prevent staining and moisture retention. Soapstone feels soft but is durable and doesn't stain. It should be sealed with mineral oil.

MAN MADE: As seen in plastic laminate, quartz and large format ceramic tile.

Plastic laminate is perfect for the budget conscious. Known under brand names such as Arborite, Formica or Wilson Art, it is hard plastic sheeting glued to plywood. It comes in a variety of designs from plain to fanciful. Sinks and faucets must over mount and have a water-tight seal, otherwise water will leak and will warp or rot the plywood. The edging and backsplash can be made in one piece. Countertops are available from most fabricators and large box hardware stores.

Quartz is a mix of natural quartz, resins and colouring agents. Common brands include Cambria, Corian Quartz, Ceasarstone and Silestone. They can imitate the pattern of stone or come in various colours to reflect your unique décor. It is non-porous, does not require a sealant and is low maintenance. Since it is a resin mix, you cannot put a hot pot directly on the



Large format tiles are non-porous, ceramic-slab tiles. Brands such as Laminam by Stone Tile come in a standard size of 64-by-128 and a





#### MATTE OR SHINY FINISH

Shiny surfaces can cause extreme glare and eye strain and because of that, matte surfaces are gaining in popularity. Historically, designers have been big fans of matte surfaces for a soft, sophisticated look that minimizes fingerprints and smudges.

#### COST

Costs for counters can vary wildly. With quartz in particular, cost is affected by the quality of the quartz stone being used, the method of manufacturing (some use fillers such as sand), country of origin and photo reproduction quality of the pattern. Ask for a specification sheet outlining all the ingredients to know what you

Other expenses include installation fees, location of the project, thickness of material, edge details and the number of cut-outs required. Generally, 90 per cent of your cost is designated to labour and 10 per cent to raw material.

Large format tiles are comparable to quartz. Granite, marble, soapstone and basic quartz are now similar in price.

#### **FOOD SAFETY**

When preparing food on counters, always use a separate cutting board and clean up with a mixture of vinegar and water to disinfect the counter.

#### **NEW AND NOTABLE**

DuPont's Corian is now offering a charging surface that can power up your devices wirelessly. A transmitter is embedded under the counter. Just plug a charging ring into your device, place it on the counter and recharge your battery.



Now that we've cleared up your countertop questions, have you gone from confused to enthused? он





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counter. You must use a trivet.















The holidays are coming. Spruce up your home now so you can relax, enjoy and give thanks. PHOTOGRAPHY BONNIE FOX







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#### METALWOOD STUDIO

#### Wood Table

Continued on page 24

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#### style picks







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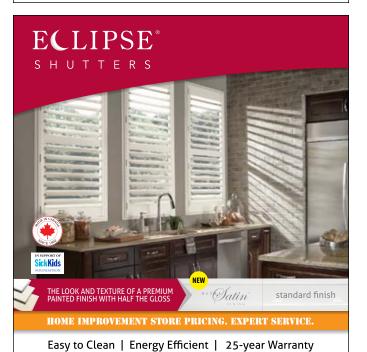
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# ring of RIRE

Extend your living space to the outdoors. A fire table creates warmth and ambience

PHOTOS: REGENCY FIREPLACE PRODUCTS

STORY MELANIE REKOLA

FIRE IS FASCINATING. Our human ancestors used fire to stay warm, cook food and keep predators at bay. It is also believed that human socialization began while huddled around the hearth. Adding cosy warmth and ambience to modern-day al fresco areas, the outdoor fireplace often serves as a design anchor at the centre of an outdoor living space. The fire also offers a place where people can relax and unwind together even when there's a chill in the air.

Here's a primer on how to bring fire and style to your outdoor space.

#### **SELECT A STYLE**

Freestanding Fireplaces: Adding a more formal or modern touch, these large, built-in fireplaces are simply gorgeous. They also offer opportunity for trendy, integral wood storage boxes, hearths, mantels and sometimes even a spot for an outdoor television. Some prefabricated models are offered but most often these are custom built and faced using a wide range of natural and/or manmade materials, including brick veneer and natural stone. Typical chimney and venting requirements for wood-burning units are dictated by strict local building regulation, making natural gas the fuel of choice due to less stringent zoning requirements. As with most things custommade, freestanding fireplaces often come with a hefty price tag.

Fire Pits: The original open fire feature, these range wildly in design and price tag. They can be pre-fab or custom, simple or extravagant. At their most basic, a humble campfire dug into the ground and lined with stone boulders might work for some, while others may choose a highend, custom fire feature that doubles as a dining table.

Fire Tables: Perfect for tight spaces and easy on the bank account, fire tables are all the rage. Often fueled by propane and available in an assortment of styles, they are brilliant in the sense that they are also moveable, meaning you can also take them with you when you move.

#### **PICK A FUEL**

Wood: Wood burning fireplaces look and smell like a real campfire. To some, the odour part can be looked at as either a pro or a con! They give off lots of toe-warming heat and their fire light is nice and bright. On the negative side it takes time to build and prepare a roaring fire. They can be messy and sometimes require extra cleaning and maintenance. Wood burning fire features are also dictated by stringent local guidelines and some residential areas don't allow them at all. Yearly permits may also apply.

**Natural Gas:** Natural gas is a quick way to enjoy a fireside evening. They are user-friendly, easy to maintain and offer a good heat source so long as they are rated at the proper output. Unfortunately they can be expensive to run and often the fire light is barely detectible until the sun is completely out of sight.

**Propane:** Also quick and efficient, propane fire features are great for those impromptu mid-week date nights or quick drinks with friends. Yes, this fuel source is costly but



on the flip side the firelight is quite obvious even during daytime hours. Though they do give off some heat, they are more for ambience rather than actual heating. They also can be a bit smelly.

**Gel Fuel:** Clean burning with no smoke and very little odour, these also require no ventilation and can be placed anywhere. Though they offer real flames, there is not much associated heat.

#### PLAYING WITH FIRE

Fire – though very beautiful – can be very dangerous and precautionary measures must be addressed. Never place a fire feature too close to a wall or other combustible surfaces or on a raw wooden deck. Fireproof surfaces are best for placement and include stone, concrete or tile. Be vigilant to situate them away from overhead tree branches as over time this will damage the tree and could also start a fire.

Interestingly, science suggests that the mesmerizing flicker of the television is very similar to the flicker of firelight and is likely one of the reasons why TV is so addictive. Knowing this, perhaps you'll choose to sit outside and enjoy some thought-provoking conversations alongside the fire more often. **OH** 

Fire tables are brilliant—they can be used where space is limited, and you can take them with you if you move.





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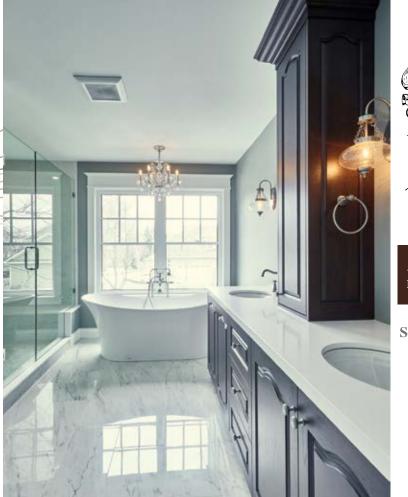
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# PEANUT BUTTER SANDWICH COOKIES with White Chocolate Ganache



**MAKES 12** 

#### PEANUT BUTTER COOKIES

#### **INGREDIENTS**

1 ¼ cups all-purpose flour

1 tsp baking soda

½ tsp salt

½ cup unsalted butter, softened

 $\frac{1}{2}$  cup creamy peanut butter  $\frac{1}{2}$  cup packed brown sugar

¼ cup granulated sugar

1 large egg

1 tsp vanilla extract

¼ cup peanuts, chopped

#### **DIRECTIONS**

Preheat oven to 350°F. In a bowl, mix together flour, baking soda and salt. Set aside.

Using a stand mixer, cream together butter and peanut butter. Add brown and granulated sugars and beat until light and fluffy. Add egg and vanilla. Mix to combine.

Turn the mixer to low and add flour mixture in batches. Stir in peanuts.

Scoop dough using a tablespoon and place on a lined baking sheet, leaving about an inch in between.

Bake 10-12 minutes and set on a rack to cool.



Get more recipes at ourhomes.ca/mag/cook

#### WHITE CHOCOLATE GANACHE

#### **INGREDIENTS**

6 oz. white chocolate, roughly chopped

2 oz. heavy cream

 $\frac{1}{4}$  cup creamy peanut butter

#### **DIRECTIONS**

Place white chocolate and cream in a microwave-safe bowl. Microwave for 1-2 minutes, stirring every 20 seconds until melted and smooth. Let cool until ganache is firm.

Place ganache in the bowl of a stand mixer and add peanut butter. Whip on high until light and double in size.

#### ASSEMBLE COOKIE SANDWICHES

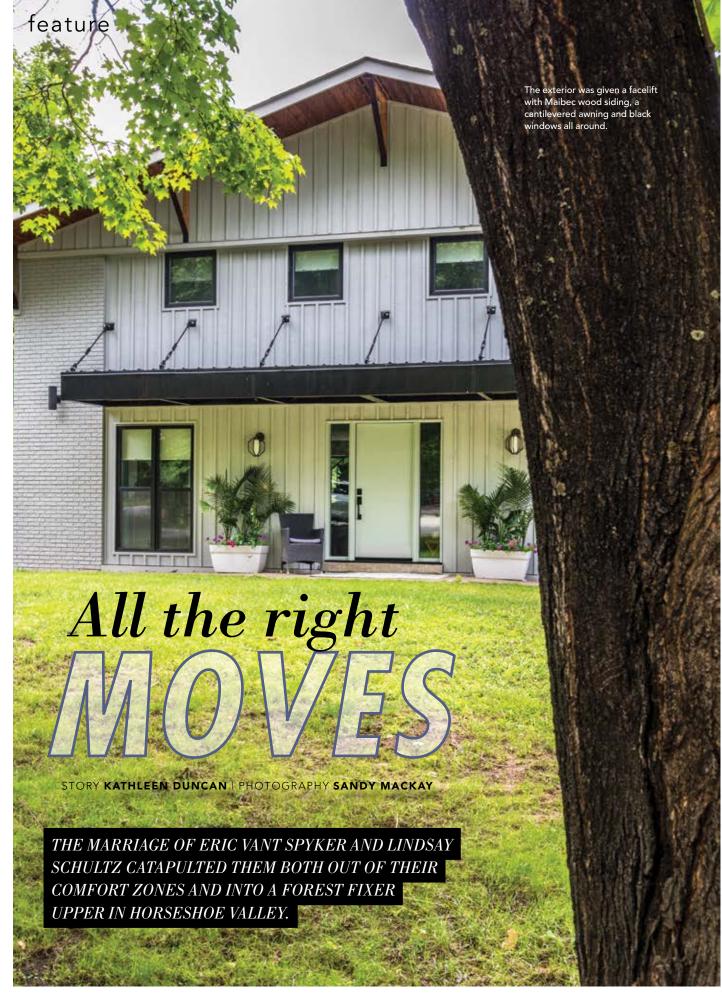
Spread a tablespoon of ganache onto the bottom of a cookie and sandwich with a second cookie. Repeat.

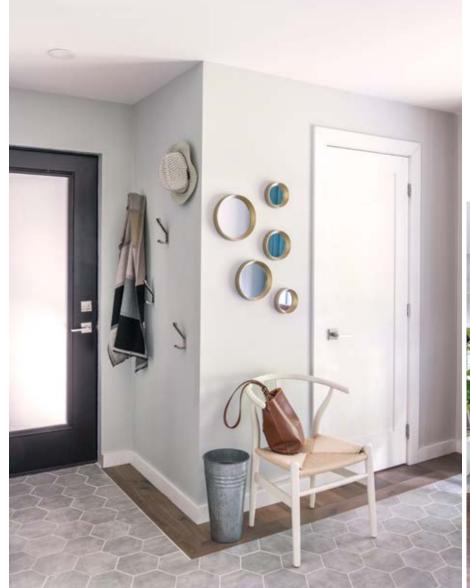
If desired, dip in melted chocolate and top with crushed peanuts. **OH** 











**LEFT:** Hexagon tiles, surrounded by white oak scraped hardwood, lead to the garage. **BELOW:** This is what you see when the front door opens – a smart redesign of the staircase, with access to the kitchen on one side, and the living room and garage on the other. Hexagon tiles also make an appearance in the foyer. It's a cool theme throughout the home. **BOTTOM LEFT:** Eric Vant Spyker and Lindsay Schultz just completed a total renovation of a tired ski chalet in Horseshoe Valley. Their new home is now fresh and beautifully designed and decorated.





Together, they quickly created a hybrid lifestyle for their combined family and breathed new life into a 49-year-old ski chalet. Over seven months in 2017, they chose, bought, renovated and moved into their new home. During that time, they each ran very busy and successful businesses – and got married.

"It was nuts," Eric recalls. They communicated often during the reno, but primarily by email and phone. "We knew we were in for quite a ride."

As owner of Midland's **Lindsay Schultz Kitchens & Cabinetry (LSKC)**, Lindsay also orchestrated a business expansion during that period.

"We've rebranded and moved into a larger

showroom just two units down," she says with excitement. "We've also grown to five full-time staff members, but we're still a boutique shop with a hands-on team. Our clients become like family."

While Lindsay works with clients to create the home of their dreams regardless of style, LSKC's trademark is a modern, relaxed cottage approach favouring bright, airy spaces with white-on-white textures and layers.

"My husband's style is more urban contemporary, so he had me branching out," says the Georgian Bay boater, who loves a great garage sale find. She moved to the Oro-Medonte hillside directly from a converted century home.

Continued on page 34

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"This is Lindsay's new experience, being away from the water. My new experience is the water," Eric reflects.

A recent convert to the boating life – and a fast fan of Georgian Bay sunsets, Eric grew up near the land-locked potato farms of South Simcoe. As co-owner of Trillium Ford Lincoln in Alliston and Shelburne, his pre-marriage home was a condo with clean lines and one-of-a-kind pieces of art collected on his world travels. "I have zero desire to live in a cookie-cutter house," he asserts. "You can't go wrong in this area."

"Living in the forest is an adjustment," Lindsay concedes. "But it's a nice central spot for work and free time."

Nature gives the half-acre property its magic, but the curb appeal needed a bit of help. They re-wrapped the house in Maibec wood siding and sandblasted existing cedar soffits to expose and seal in their beauty. A massive cantilevered awning and symmetrical black windows bring the tall, front elevation to life, while a misted green front door with black hardware provides the welcome.

Eric calls their combined style "soft contemporary" and is quite content with the results of Lindsay's efforts.

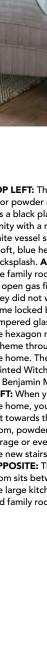
"I read clients all day long – that's what I do," she says of the process on this project. "I know him and his personality. I also saw what he liked in his other home and I wanted this place to reflect both our styles."

When they first walked into the 2,100 sq. ft. home, they saw beyond the tired surface and small rooms. Although they generalled the project themselves, **Marchand Construction Ltd.** removed the majority of the interior walls, opened up the kitchen, reversed the basement stairs to provide better access from a new garage door and powder room, and re-configured the main staircase

Continued on page 36



TOP LEFT: The mainfloor powder room has a black platform vanity with a round white vessel sink and a soft, blue hexagon backsplash. ABOVE: The family room has an open gas fireplace. They did not want a flame locked behind tempered glass. Notice the hexagon mirror. It's a theme throughout the home. The walls are painted Witching Hour by Benjamin Moore. LEFT: When you enter the home, you can go left towards the family room, powder room, garage or even up the new stairs. **OPPOSITE:** The dining room sits between the large kitchen and family room.





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**LEFT:** Lindsay, owner of Lindsay Schultz Kitchens & Cabinetry, created a spacious kitchen with so many great features, including a large island with abundant storage and walnut trim to match the floating kitchen sink cabinet. **BELOW:** This stunning walnut cabinet is topped with Caesarstone and has a custom iron base. Lindsay designed this beauty and had it made to honour Eric's style.



(with the help of **Barrie Trim & Mouldings Inc.**) to improve traffic flow and create a high-impact main entrance.

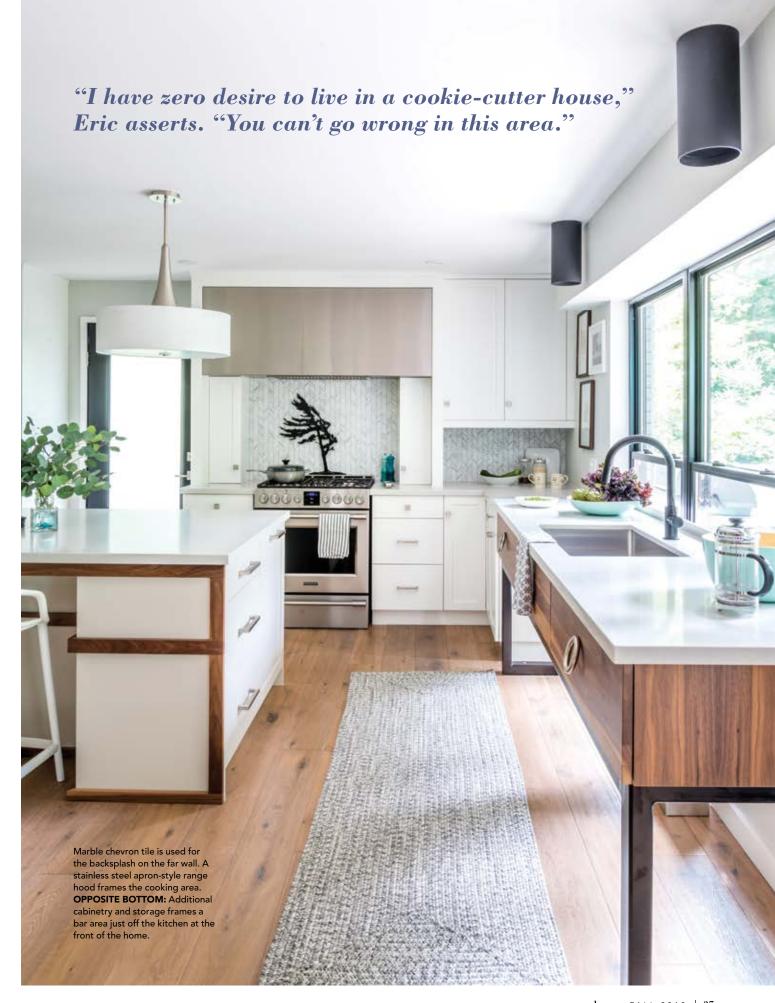
The new LSKC kitchen boasts Lindsay's favoured bright, but monochromatic textures. White painted cork pendants shine on a large island topped by Caesarstone Alpine Mist quartz. A sparkling white and grey marble backsplash in a chevron pattern complements cabinetry fronted with two-tone shaker doors.

While **Benjamin Moore**'s Chantilly Lace and Cosmopolitan are featured colours in the kitchen, **Essa Painting** primarily used Gray Owl elsewhere in the house.

To balance the his-and-hers style, a rich walnut floating kitchen sink cabinet (also

Continued on page 38





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Kitchens Bathrooms Lighting Hardware Sinks Faucets Tiles







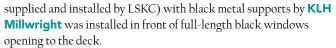








**LEFT:** The master suite upstairs was designed with a luxury hotel feel. It's one large room separated into three areas: the bedroom, the dressing room and the en suite, which has a vessel tub with a spectacular view. **ABOVE:** The three-quarter walls allow for an open and airy feel in the master suite. This is a view from the sleeping quarters. **BELOW:** The double vanity sits across from the vessel tub. The shower is tucked behind the vanity.



Wood reappears in an island skirt detail, and in the engineered hardwood floor below. The rustic white oak with a matte wire-brush  $\,$ finish was supplied by **Grand Floors** and installed by **Labatte's Flooring**. Metal repeats in the wrought-iron stair railing, stainless range hood and **Barber & Haskill** appliances.

A contemporary chandelier by LSKC lights the glass-top dining room table with a white base and white chairs with woven seats. The living room beyond features a unique open burner gas fireplace with a black fire box and simple mantel.

"I grew up with wood-burning fires," Lindsay recounts. "With glass in front of a fire, it doesn't seem real."

Upstairs, each of Lindsay's sons has a dedicated space with easy access to a spacious "Jack-and-Jack" shared bathroom. The Caesarstone

Continued on page 40

feature

#### feature







London Grey countertop, double vanity, porcelain flooring and glass-fronted shower system were all supplied and installed by their Mom's firm.

The spectacular master suite spans the back of the house. The newlyweds vaulted the ceilings and used floating walls to separate the faux wood closet cabinetry and bath area without closing them off. The result provides a luxurious hotel experience, which was their goal.

"It's our retreat and where I feel most comfortable," Lindsay says with a smile.

A private, full-length balcony puts them on the level of the forest canopy. Their property below backs onto a tree-lined ravine that descends to a golf course on one side and the Copeland Forest trails on the other – perfect for their shared love of skiing and the outdoors. OH

"It's our retreat and where I feel most comfortable," Lindsay says of the master suite.



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design ideas

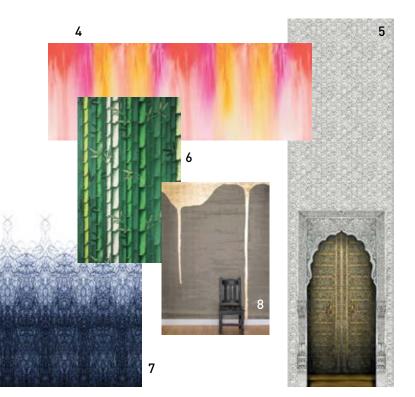
# 10 WAYS TO GO





STORY YANIC SIMARD

In interior design, choosing the right scale is always important – and sometimes bigger really is better! Here are my top 10 ways in the home to consider going BIG with your décor choices to create a strong statement and a generous sense of luxury.



#### Light Fixtures

Oversize lights add big drama and character to elevate the look of an entire space. This is especially true when you mix the scale of a grand chandelier with a modern shape to create an unexpected effect.

For a sense of balance, try a large pendant fixture with an airy form that includes a lot of clear glass or negative space, like an angular fixture. The silhouette is can't-miss-it big, but the look isn't overwhelming.

Floor lamps with a 24-inch shade or larger match the scale of a large piece of furniture like a bed or sofa, giving the whole grouping a sense of weight. Using simple drum or cone shades in a solid neutral colour makes sure the look is strong but not too heavy.

1. ZANEEN: 39-inch Willy 100 Suspension Light in Black 2. TROY LIGHTING: Uni in Tide Pool Bronze 3. MOOOI: Random Light in White

#### Patterns & Papers

In the digital era the options for patterns and even custom prints are virtually endless. Rather than playing it safe, consider using a paper or wallcovering with a large-scale pattern, one that you can see without having to stare at a wall up close.

Love a wallpaper with a large print but don't want to overwhelm the room? Such a wall covering is perfect for a single accent wall, paired with neutral paint for the remaining, creating a dramatic focal point in a balanced way.

When choosing a large-scale print for wall coverings, matched to a nearby wall colour. This helps create a , look for ones with light backgrounds that can be seamless effect and a sense of depth, which avoids visually shrinking the room.

4. ROLLOUT: Colourinky Wallpaper 5. COLE & SON: Bahia Wallpaper 6. OSBORNE & LITTLE: Bamboo W7025-01 Wallpaper 7. ROLLOUT: Ballpoint Pen Wallpaper 8. CALICO WALLPAPER: Satori Mountain Wallpaper









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#### design ideas

#### Seating

Seating is definitely an area where quality should not be ignored for the sake of quantity. It is often better to have fewer bar stools or dining chairs in a generous size that people will truly want to use.

Regardless of the size of the seat you choose, a person needs 24 to 30 inches of width to dine comfortably. Choosing wide seats (24 inches or more) ensures each guest has enough space reserved, while giving your island or table a rich, filled-in look.

In a living or family room, use a wide, plush sectional sofa to create a comfortable environment for day-today lounging. Even in a small space, a large sofa will make a room feel grand, and you'll be able to fit in a few extra quests when entertaining.

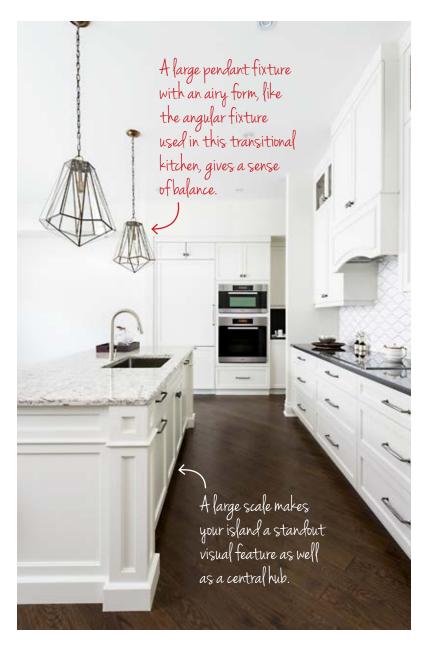


#### Art & Mirrors

Scale is never more important than when talking about wall art after all, it's hard to make a statement if you can't even see the piece.

Gallery walls have been a trend for nearly a decade, and they have their place, but there's also a beautiful simplicity to a singular large-scale canvas or photo print. Choose a piece that takes up at least 60 per cent of the available wall height to make a grand statement and a true focal point.

To capture the eye and also double the apparent size of the space, choose an oversize mirror hung prominently on the wall. A circular shape will add some softness to the room, perfect for a bedroom, living room or dressing suite.



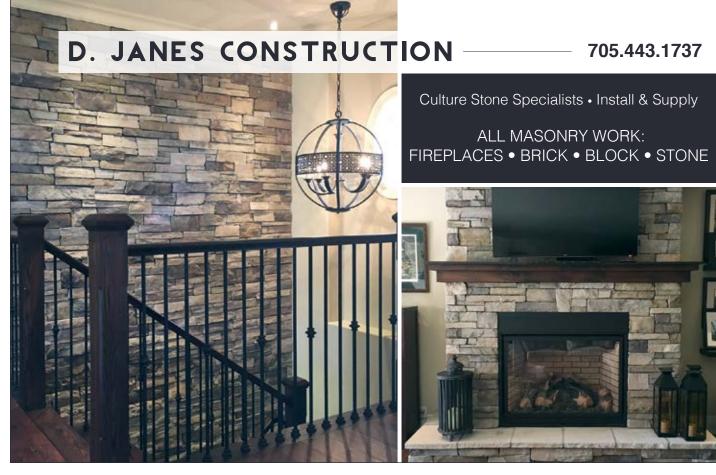
#### Kitchen Islands

With eat-in kitchens being ever more popular, many are choosing islands much deeper than the typical 30 to 42 inches. A large scale makes your island a standout visual feature as well as a central hub.

To allow for both diners and a home chef to coexist in harmony, consider an island that's 48- to 60-inches deep, with seating on two or three sides to allow for natural conversation. With a truly comfortable island, you might not need a separate breakfast nook at all.

To suit the scale of a feature island, consider a marble or quartz counter with rich veining. Keep in mind that large-scale veins won't show well on a small sample, so you'll want to visit a quality showroom to see larger slabs and get the full picture. OH





PHOTOGRAPHY BONNIE FOX

## THE LEGEND OF CAMBRIA

THE PLACE: Elegant Solutions is a Certified Install Associate of Cambria – a premium quartz brand. Elegant Solutions templates, supplies and installs all over Ontario. They sell direct to kitchen and bath retailers, designers, contractors, homebuilders and architects. The Slab Gallery showcases more than 60 full-size slabs of Cambria. "Designers and homeowners are encouraged to view the designs in their full glory," says Sales Manager Caitlin Cormier. "This gives you a better understanding of the veining and movement in a piece, setting an accurate expectation for the installation."



Elegant Solutions Sales Manager Caitlin Cormier.







THE STYLE: Cambria is a worry-free option for your kitchen or bath. "It is non-porous and non-absorbent, which makes cooking and entertaining stress free," says Caitlin. "There's no need to worry about cooking oils, grease or red wine. Simply use soap and water to clean up." Cambria is the only quartz manufacturer that uses Canadian quartz. This pure raw ingredient contributes to a slab's colour and clarity.

**PRODUCTS:** Cambria has nine collections and over 150 designs to choose from, each with its own unique story and unmatched beauty.



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**FAVOURITES:** Cambria has just launched five bold new designs and Skara Brae is a top contender. "It lends itself to all colour schemes with its white backdrop and muted taupe and grey veins with subtle black tributaries interspersed throughout," Caitlin says.

WHAT'S NEW: Cambria offers a matte finish available in all designs. The marble and coastal collections look amazing in this finish. Blackpoole Matte is a new solid black that is limitless in application. "With this design, you can use chalk to welcome guests or address menu items," Caitlin says. "It's perfect for a hospitality setting or a waterfall leg on an Island for the kids to use while dinner is prepared."

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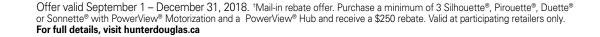




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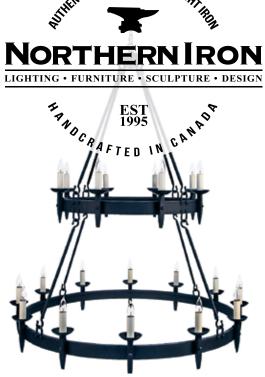














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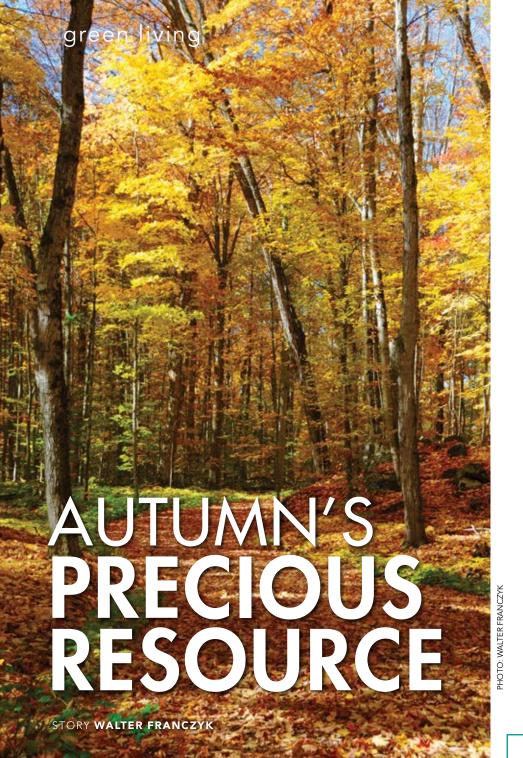
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RAKING LEAVES AND BAGGING THEM FOR PICKUP AT THE CURB IS A SIMPLE WAY OF RIDDING THE YARD OF AUTUMN'S ANNUAL BOUNTY, BUT IT'S ENVIRONMENTALLY UNFRIENDLY.

Especially for those who drive somewhere to collect or buy compost for the garden. Hauling away leaves and carting home compost needlessly burns fossil fuels.

Better solutions can be found right at home. A mature deciduous tree sheds hundreds of thousands, perhaps as many as a half million, leaves every fall. Year after year, this colourful descent adds tonnes of organic matter to the environment. It's a plentiful and renewable natural resource. Here are five ideas for dealing with leaves.

#### **GIVE THEM AWAY**

If you don't want the leaves that fall in your yard, you can offer them to a neighbour. This overture might be unwelcome or redundant if most of your leaves have already blown onto your neighbour's property. But it's worth a try. An avid gardener next door just might accept the offer. Some gardeners admit to supplementing their own leaf harvest by cruising residential subdivisions and taking the large paper bags full of leaves left at the curb for yard waste collection.

#### **LEAVING THEM**

Leaves are beneficial in yards and gardens. They serve as habitat for salamanders and insects. Completely removing them deprives soil of nutrients that percolate into the ground if leaves are left to rot naturally. But if you want to leave the leaves, it's best to leave them in wooded areas and beneath shrubs. If you want leaves to remain on the lawn, it's best to shred them with a lawnmower or place them in a big garbage bin and chop them up with a weed-whacker, before spreading them on the grass. If left un-shredded on the lawn, leaves will trap moisture, block sunshine and create bare patches in spring that will require more yard work to repair. Continued on page 52



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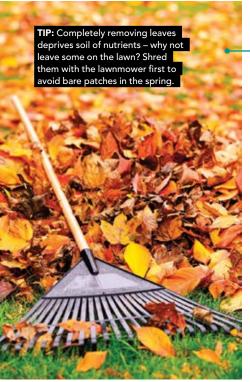
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riP: It's easier to till organic matter that is proken down. Leaves can be shredded into small pieces with a lawnmower, or place hem in a big garbage bin and chop them up

#### MULCHING

Adding leaf mulch around the base of trees and shrubs and atop perennial beds provides many benefits. Leaf mulch improves soil fertility. It inhibits the growth of weeds and prevents evaporation of moisture. It helps to protect plant roots, keeps soil warmer in winter and cooler in summer, and reduces soil erosion. It's welcoming to earthworms that aerate the soil and help release nutrients. Dried leaves can be chopped into mulch with a lawnmower. If trees and plants have been previously mulched, remove the old material. A new layer of three to four inches of shredded leaves can be added around trees and shrubs. Two to three inches will suffice for perennial beds. Mulch will reduce the need for watering, weeding and

#### TILLING

With a lawnmower, leaves can be shredded into pieces and tilled into the garden, where they improve soil quality. Leaves will increase organic matter, allow soil to hold more moisture and make it easier to till. Leaves add carbon, calcium, nitrogen, magnesium, potassium, phosphorous, iron and manganese to the soil. Decomposition is required to release these nutrients over time, but in the long run, they will enhance soil fertility. Scientists at Rutgers University in New Jersey found that due to the high carbon content of leaves, little of their organic nitrogen will be immediately available to flowers and vegetables, so some additional nitrogen fertilizer will be needed.

#### COMPOSTING

Composting leaves will turn them into an organic, nutrient-rich soil conditioner. Composting bins can be bought at garden supply centres or hardware stores, but it's easy to make one. Wooden shipping skids, turned on their sides and attached at the corners, will serve nicely. It's best to leave one side open or hinged to allow easy access. Chicken wire, rolled and fastened into a three-foot diameter bin, will also work. Composting works best when three parts brown material, such as leaves, are layered and mixed with one part green material grass clippings, vegetable peels, tea bags, coffee grounds, cut flowers or manure. Keep the pile moist. Turning it weekly will speed decomposition and prevent odours. After a few months, the pile will break down into a dark, valuable soil supplement that helps aerate and feed garden soil. Spread about a half-inch layer of compost over the entire garden. When transplanting, add compost to the soil surrounding plants. OH









On family ski trips to Canada's west coast, Marianne and Peter Valjas were captivated by the natural beauty and sweeping vistas of the mountains. The couple later used the favoured destination as inspiration to transform their rustic hilltop cottage into a timber-frame retirement chalet with a bird's-eye view of lush Horseshoe Valley.

"We'd dreamed of having a Whistler look in Ontario and one day owning a timber frame home," recalled Marianne, who also wanted a maintenance-free environment, leaving time to enjoy the four-season activities beyond their doorstep.

It was a love of the outdoors that first led them to the property nearly 20 years ago. Mountain biking through the Copeland Forest trails, Toronto resident Peter got lost and came across a community tucked into the wilderness.

"I thought, wow, people live here," he says. Their three athletic children were already involved in the winter program at Hardwood Ski and Bike, and the Horseshoe cottage became their leisure-time home base. "There are so many people who move to the area for the skiing."

Son Len would become a two-time Olympian in cross-country skiing, while daughter Kristina earned her Olympic spot in beach volleyball at the Rio de Janeiro games. Younger son Austin competed internationally in beach volleyball and nationally in crosscountry skiing and has been recognized for both athletic and academic pursuits.













"He's built all over the world, so it was an easy decision to get him involved," Peter says, looking around with satisfaction at the resulting great room. Massive Ontario white pine posts and beams provide both a structural and aesthetic backdrop. "Terry didn't skimp on size, that's for sure."

When retirement and Horseshoe

and log buildings.

Working from plans drawn by Minesing's **Denise Adams-Lawrence of West Eden Design Studio**, Terry took the homeowners through many style options. They chose their preferred size and shape of timbers, as well as special features to be included.

"We wanted it asymmetrical – like nature," adds Peter, pointing out an offset archway detail tucked into the eaves atop the vaulted ceiling.

"We wanted it to feel comfortable," says

**TOP LEFT:** The floors throughout are reclaimed hemlock. The dining table was custom crafted by Aqua Timber from water-recovered wood. **TOP RIGHT:** The pine staircase leads from the lower level all the way to the master suite on the third floor. Murphy loves to relax near the stairs. **RIGHT:** The stunning shaker-style kitchen cabinetry was handcrafted from alder wood and custom stained.





Marianne, who took on the role of designer. "We loved researching things on our own."

When they couldn't find the oversize barn doors they wanted for their master suite on the loft level, they sourced the materials and a craftsman to build them. Horseshoe-shaped hardware and V-shaped support battens were consciously included in the door's construction to give a nod to the house location and owners.

"I have all these things that make my life easier here," Marianne adds. Reclaimed oak barn board floors with in-floor heating, for example, only get more interesting with wear. "We have two big dogs – we didn't want to worry about damaging the floors."

They didn't have to worry about many window coverings either, but Hunter Douglas blinds from **Blair Interiors** were added where necessary. Continued on page 58





**TOP LEFT:** Son Lenny took this drone shot of the home during a recent visit. **LEFT:** Peter and Marianne made their dream of a Whistler-chalet in Ontario come true. Murphy and Misty love their new home too! ABOVE: A covered porch and custom pergola provide shelter and another relaxing outdoor space for the family in all seasons.

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#### home & builder









Thermador appliances, including a warming drawer and refrigeration column, are tucked seamlessly behind custom cabinets in a kitchen made of alder wood. A custom stain complements the **Benjamin Moore** wall paint in Pashmina. To continue maximizing luxurious finishes while minimizing upkeep, quartz was chosen for the main counters, while a live-edge slab adorns the breakfast bartop.

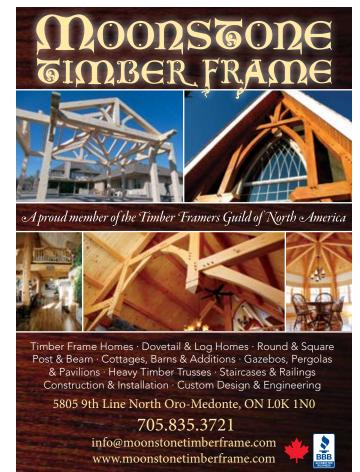
Similarly, Pollard Windows & Doors supplied black, vinyl-clad wood windows that balance a maintenance-free exterior with the beauty of a wood-finish interior. Matching eight-foot sliding glass doors open to a covered balcony with a breathtaking view that changes with the season.

During construction, the existing cottage was removed and the new larger 2,900 sq. ft. home required a wider footprint and pinpoint precision in setting the foundation – all atop of a steep incline from the road.

While the Valjases' vision was clear from the start, the actual construction was far from straightforward. Continued on page 60

TOP LEFT: The home was built with plenty of covered outdoor spaces to enjoy. Peter and Marianne take in the breathtaking views from the wrap-around deck on the second level. ABOVE: A propane fire pit warms up cool nights. FAR LEFT: A traditional sauna is a must for the Valjas family and is well-used. LEFT: Peter easily climbed this tall tree to put this bear in its place.







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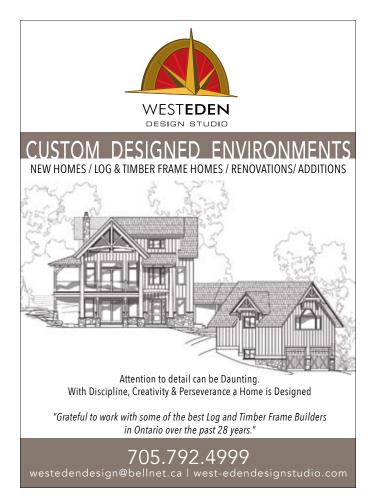


Using centuries-old techniques, Moonstone Timber Frame crafted the structure offsite in its beamery. For the assembly and placement to be successful, "the foundation had to be prepped within millimetres," according to Peter. The couple spoke to several custom home builders before deciding to go with contractor **Steve Cockburn**, owner of **Crown Point Homes**.

"Steve was the only one who realized how complicated the build was," says Peter. "We made a great choice with him."

Before the two-storey garage was constructed closer to the road, its concrete slab was used as a platform for the crane, used for eight days to lift and place enormous timbers. Continued on page 62

**ABOVE:** The master suite is upstairs in the loft. Barn doors open to the bedroom. **TOP RIGHT:** A custom vanity in the en suite suits this mountain chalet. **RIGHT:** A timber bed is dressed in traditional bedding from Hudson's Bay.







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#### home & builder

**BELOW:** This wall on the lower level displays souvenirs, memories and achievements by the Valjas children – including two Olympians and one who hopes to emulate his siblings. **RIGHT:** Peter waxes a ski in his gear room. BOTTOM RIGHT: Now retired, Peter has a special place in his new home to spend





"We had the wettest spring and summer, and one of the coldest winters," Peter explains. "It took over a year and a half to build. The hill was a nightmare. At one point, the driveway got washed out in a storm and we had to bring in a tractor."

Another heavy item to be carted up the hill was the Muskoka granite used by **JMC Stoneworks Ltd.** to create the fireplace hearths and surrounds. The main floor showpiece is a faux dry-stack construction with built-in lighting, a reclaimed wood mantel and a side cubby to store and stack logs. The large guillotine Rumford unit from the Fireplace Shop ensures the warm air generated stays inside.

With a Sonos sound system from **Simcoe Audio Video** available at the touch of a cell phone button, the sights and sounds inside pair harmoniously with those outside. Taken together, the agenda is clear.

"We want to relax," smiles Marianne. "This is our retirement." **OH** 











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## HOME Stars

PLAN YOUR PROJECT, FIND INSPIRATION AND THEN MAKE THE CALL. PHOTOGRAPHY BONNIE FOX

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AT WORK

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fit your needs.

### **Latest Home Project:** New laundry cabinets and counters and new vanity in the third bath, all by Cabneato. Company Motto: Transform your kitchen today! Current **Project:** We are refacing a full kitchen and three vanities in a Barrie home. Most Popular Cabinet Colour: The majority of Cabneato clients are going with white for their kitchen cabinets. Benjamin Moore's Chantilly Lace is popular. Granite or Quartz: A

AT HOME

Neighbourhood: Quaint

Shanty Bay. Kitchen Style: Open concept with a contemporary look, combined with a mid-century modern

feel. Gas or Electric Stove: Gas.

#### AT WORK

**Current Project:** Condo in Tottenham. **Design Inspiration:** Farmhouse style. Colour Palette: Soft warm greys, creams, whites, black. Where to Splurge: Soft furnishings with custom pillows and wood furnishings.

#### AT HOME

Neighbourhood: Cartwright Park. Style: Transitional. Favorite Room: Open concept living space/kitchen. Current **Project:** Whole home accessorizing.

#### **DARCIE EDGAR**

Darcie Edgar Designs

Darcie Edgar Designs is an interior decorating and design company located in Barrie and serving Simcoe County and the surrounding area. Services range from colour consultations and space planning to 3-D conceptual renderings and furnishings, fabrics and finishes. "We create simple, beautiful livable spaces that reflect your personal style," says Darcie. "Our number one goal is a happy client."

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#### CÉLESTE PILON, KIM STOVOLD & ERIN TRIBE

**Total Living Concepts** 

Total Living Concepts is a full-service design-renovation company specializing in kitchens, bathrooms and home renovations. Their full scope of services includes every aspect of the renovation process from initial client meetings, design and construction to completion. "Since 1993 we have worked hard to establish a loyal client base with our award-winning design solutions."

#### JEREMY DESOTA EthoEnergy

A company passionate about providing customers an alternative building solution that breaks through the current contractor stereotype. EthoEnergy builds and renovates unique, healthy, high performance and sustainable homes. "We work on the basis of building relationships with our clients and providing value that lasts a lifetime, Jeremy says."

Continued on page 68

#### AT HOME

#### Neighbourhood:

Tollendale Mills. Style: Modern to Transitional. **Energy** Source: The sun (panels to

be installed shortly). Fall Project: Wasaga Beach passive home.

#### AT WORK **Current Project:** Lakefront property. Company Philosophy: Building stronger communities through sustainable design and the building framework/process. Inspiration: To see someone in a home that reflects them, helps them feel unique and provides long-term sustainability. It means making a difference for the next generation. Goal: To build self-sustaining communities.

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the trend shifting to a warmer palette. Clients Want: An informative one-

stop shop to streamline the

renovation process.



#### AT HOME

Neighbourhood: Kingswood Subdivision in Barrie's south end. Most-Used Room: Kitchen. Meal Specialties: A great steak on the barbecue and chicken cacciatore. To-do: Fence repair.

#### **CHRIS** WAGG Wagg's Painting

Wagg's Painting has the services you need to transform the look, feel and mood of your home. Their award-winning team of professional painters takes great pride in their work. "We treat your home with the care and respect it deserves," says Chris.

#### AT WORK

**Current Project:** Whole house - top-to-bottom - for clients on vacation. Future Project: Beautiful townhome in Friday Harbour. Most **Important Tool:** Yellow tray arm. Success Secret: Happy clients.

**PAINTING TIP:** A matte finish paint hides blemishes on uneven wall surfaces.



#### **MARGARET GRAINGER**

The Grove by Granite Homes, Midland

Granite Homes offers craftsman-inspired designs, featuring freehold townhomes, semi-detached and single-detached homes nestled in a quite enclave, located in picturesque Midland.

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#### A SHOWCASE OF **HOMES TOUR:**

Big Brothers Big Sisters of North Simcoe

For 21 years, the Showcase of Homes Tour has been a fall tradition, raising funds for Big Brothers Big Sisters of North Simcoe – a community supported volunteer-based organization committed to the healthy development of children in need and their families through the provision of quality mentoring programs. This year they are happy to acknowledge community florists and stagers. These four local businesses have donated their time to decorate this year's homes with their unique style and flair.

#### THE TOUR

Date: Saturday, September 29, 2018 from 9:30 a.m. to 4:30 p.m. Number of Homes: Six homes, one loft. Where are the Homes? Located throughout North Simcoe. Ticket Price: \$40 EARLY BIRD price until September 14th. \$45 regular price. Tickets Available At: Arbour's Flower Shoppe, Tripp's Paint and Decorating Shoppe and RE/MAX Georgian Bay Realty Ltd., Brokerage. Complimentary Lunch: 11 a.m. to 2 p.m. at Restaurant Sainte Marie at Sainte Marie Among the Hurons, Hwy. 12., Midland. OH





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LEFT: Julie and Forrest Willet relax on the expansive deck of their contemporary Midland home. BELOW: The massive sliding doors open from the kitchen, dining and family rooms onto the partially covered deck, where the Willets grow tropical fruit in huge, moveable planter boxes. FAR LEFT: The exterior of the home as seen from the street.

IN 2002, FORREST AND JULIE WILLETT of Midland seemed to have it all: a two-year-old son, a beautiful home, great friends, a successful entrepreneurial business with offices in eight cities and 23 employees. But life changed in a heartbeat that October when Forrest was seriously injured as a passenger in a car crash. Diagnosed with a catastrophic

brain injury and undergoing 14 different

surgeries, he went through five years of

full-time rehabilitation, speech, occupational therapy and physiotherapy. He developed depression and debilitating anxiety and was hospitalized several times.

In an instant Julie found herself wearing several hats, that of mother, business owner, caregiver and general contractor as they had a new home under construction at the time of the accident.

During that time Julie also found a

passion for designing and decorating that continues today.

Determined to get better, they sought help from several local sources, including Huronia Physiotherapy, The Macpherson Communication Clinic and Claudia Maurice Occupational Therapy. It wasn't easy, but by 2012 the neurology team at St. Michael's Hospital in Toronto – where Forrest was once told he wouldn't lead a productive

life – invited him to speak to their staff. Now Forrest speaks around the world to schools, universities, hospitals and private companies who want him to help their staff lower stress levels and increase mental health awareness, notably Emirates Airlines in Dubai. "When people are stressed they cut corners and when they cut corners, people get hurt," Forrest says.

Forrest's book *Baseballs Don't Bounce* has become a number one bestseller. And his story

Continued on page 74



**LEFT:** Trips to California and Arizona inspired the look inside the Willets' new home. **BELOW:** A beautiful cross-breeze fills the home when the front door is open on a warm day. The foyer has in-floor LED lighting and a sliding, red, closet door. **BOTTOM:** The feature wall in the family room is made from a product that simulates copper. **INSET:** Forrest plays with Sadie in the family room.



of overcoming physical and mental health obstacles is the featured foreword of Jack Canfield's New York Times bestseller *The Success Principles* 10th anniversary edition with over one million copies in print.

As he looks around his newly-built home Forrest muses, "Now we get paid to travel. We never thought in a million years that talking about depression and things that were our worst problems would turn into our biggest assets."

Their property in Midland is located on one of the highest points in the region, which means incredible views. To the north, the tree canopy of Awenda Provincial Park stretches as far as the eye can see and in the fall, the colour show from the leaves is breathtaking. The west-facing deck along the front of the home provides a view of the Blue Mountain ski hills in Collingwood, along with more gorgeous fall foliage.

The view of the great outdoors is more than just aesthetic; it's therapeutic. Forrest recommends getting outside to help with depression and anxiety symptoms, and the Willetts surround themselves with greenery as much as possible. They have lemon, orange, fig and pomegranate trees in wheeled planters on the deck that they can bring indoors in cooler weather. "We have so much natural light it feels great to have greenery all year round," Forrest says.

The expansive deck on the north side of the home has a gazebo, which can be shaded on very hot days, and a fireplace for cooler nights. The couple purchased vintage bar stools in retro 1940s colours from a former soda shop near Base Borden and had them mounted to a plank of wood from their property.

The open-concept kitchen, dining and family room has a feature wall made from a new product that simulates copper by MurDesign.

ontinued on page //







**LEFT:** A vintage high chair sits near the island in the large kitchen. **BELOW:** The Willets sent this door to Armand Auto Body for a slick red paint finish.



The foyer has LED lights built into the floor that broadcasts ambient light at night. The large bedroom windows are lower at the bottom and higher at the top than standard to maximize views and bring the outdoors inside. Forrest says, "Every room in this house feels like you're outside." Windows and front door are by Jeld-Wen.

The expansive dining table is from a maple tree salvaged during the excavation. It was so heavy they needed a crane from **Penetanguishene Sand & Gravel** to

transport it to **Aqua Timber** for milling. **Marcelville Custom Cabinetry** built the final product. The centre length of the table features a glass display that can be changed according to the season and the striking light above the table was imported from Italy.

They sourced most of their own finishing touches and enjoy the blend of local and international décor. "We travel a lot and see different things," says Forrest. "The sliding glass exterior doors are from Greece." They

often leave the doors wide open, with no screening, to let the breeze from the bay in Tiny Beaches blow through. The tall interior doors complement the high ceiling that slopes from 12 feet to eight feet, eight inches, a result of the Arizona-inspired roofline; doors are by Metrie Interior Moulding and Doors and sourced through Elmvale Home Building Centre.

"I work a lot in California and Arizona so that's where the (exterior) design idea came from," says Forrest. "I couldn't bring

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TOP LEFT: The fire pit is a hit with family and friends in all seasons. TOP RIGHT: A pergola covers the sitting area on the rooftop. ABOVE: Stairs lead from one deck to another. **CENTRE:** A propane fire pit warms a crowd on the rooftop deck. RIGHT: The Willets mounted vintage bar stools from a pharmacy at Base Borden onto a log for a fun look on the deck.

us to California so I brought it home to Ontario." The couple worked with the IHD Design Build team of Dave Lalonde, Jacob Lalonde and Jason Regimbal and are repeat customers of Mike Wilcox Construction. Total square footage on the main floor is 2,640.

They love the process of designing, building and renovating and do much of the interior work themselves, from painting to flooring.

Forrest calls the heated garage his "man cave," complete with a hot tub and TV and he laughs when he notes that although it's a garage there's never a car inside. The driveway resembles a parking lot, with more than 12,000 square feet of asphalt, because lots of space is needed for their guests and frequent entertaining. Friends were a key part of Forrest's recovery and he gestures around his home and says, "If all this went away tomorrow, our friends would still be here."









#### feature

**RIGHT:** Double sinks are a must in the master en suite. FAR RIGHT: The vessel tub was also finished in a deep teal at Armand's Auto Body. BELOW: Son Hunter's room is full of his favourite things and photos of his favourite people. **BOTTOM RIGHT:** The master bedroom has a walkout to the deck and a nice view of the fig tree from the now-closed Bowmanville Zoo.

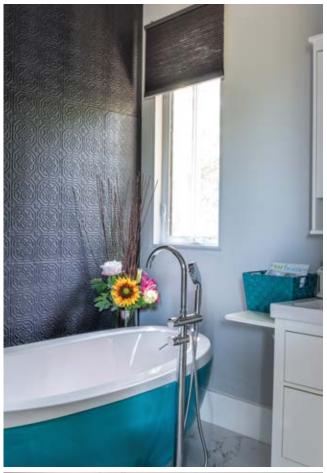




"When I was going through depression and anxiety I didn't know what it was because nobody talked about it," says Forrest. "Now the phone is ringing, and people are asking me to come to Switzerland, Africa and the Philippines to do talks on mental health. There is so much opportunity to turn tears into triumph. There is something about being open and vulnerable and saying yes, depression sucks, but it doesn't have to forever."

One of the most memorable places he was hired to speak at was the Royal Horseguards near the grounds of Buckingham Palace, where Winston Churchill made speeches and inspired a nation. "I had to learn how to speak again with the help of my speech therapist and here I am, speaking around the world," he says.

"People ask us if we would go back and change things and we say no, not at all." The Willett home is on the Midland Big Brothers Big Sisters Showcase of Homes Tour on September 29. You can read more of Forrest's story at mentalhealthspeaker.ca **OH** 









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Live the cottage country lifestyle today, in the heart of Georgian Bay. Visit the grove midland.com for more information or to register for future releases. Sales Centre: 10 Keith Ave, Unit 401, Collingwood Margaret Grainger 705.351.2839 mgrainger@granitehomes.ca

(Please see ad on pg 3)



#### **TOTAL LIVING CONCEPTS**

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As members of the National Kitchen and Bath Association. Simcoe County Canadian Home Builders Association and Renomark, we are committed to excellence in all that we do and take pride in each of our many accomplishments. Total Living Concepts has been featured in Canadian Living magazine, Canada's Homes & Cottages magazine, and on Roger's Television.

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PROJECT AND PHOTOGRAPHY TARA CHATTELL



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Paint (optional; we used gold craft paint)

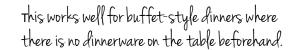
Foam paintbrush (optional)

Glue (optional)

Pens or pencils

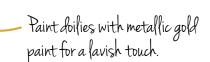


















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#### real estate

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# THE DOS AND HOME DON'TS OF HOME INSURANCE

# THE CARDINAL RULE OF HOME INSURANCE: BUY IT!

✓ Do shop around when getting a new policy, says Pete Karageorgos, Ontario director of consumer and industry relations, Insurance Bureau of Canada (IBC). And remember to sit down with your insurance representative for a yearly review of your policy. The reason, Karageorgos says, are the upgrades homeowners do over a number of years.

"That increases the value of the house," he says. "If you don't tell the insurance company about it, they may say, 'since you weren't paying the premium for that item, we won't pay you the amount to replace it."

- Do make a list of valuable items you have, Karageorgos says. Documenting assets helps the claims process go smoothly. "Most folks have smartphones with cameras, and it's easy to take photos of your rooms, cupboards, closets and your storage areas," he says. "A lot of times when we're faced with making insurance claims, we may forget what we've had in storage."
- On't assume everything you own is automatically covered in your policy. "Most policies will cover a home for fire, wind and theft, but things such as power surges may not be covered," Karageorgos says.
- ✓ Do check to see if you will need an additional personal articles policy. "Understand there may be specific sub-limits for items, such as jewelry, sports equipment or stamps you've collected," he says. "You may want to look into having these covered separately."
- Oo check for specific events for which you're covered when reviewing a policy. "More and more, we're seeing severe weather events in our communities," Karageorgos says, adding that customers calling the IBC's help centre say they are caught offguard when their dwelling is affected by a natural disaster, such as flooding or a storm. "Reality is, we're seeing a shift in weather patterns and we're trying to meet those needs."

For example, he says, when areas in Calgary were flooded a few years ago, insurance companies weren't paying to cover for the aftermath.

"Now, they are," he says. "This coverage also applies to septic systems. If those overflow, insurance companies are offering sewer back-up coverage."



- Do look into taking steps to protect the house. For example, insurance companies may determine premiums based on the distance of the dwelling from the shoreline, Karageorgos says.
  - "Sometimes the insurance company may ask you if you have a safety measure, such as a sump pump," he says. "Look at what you can do to minimize the risk. Make sure the grading around the property isn't such that water flows into your house, but is pushed away from the house. Make sure there aren't any issues with the foundation. You could (also) look into getting a home alarm system," he adds.
- **Do repairs regularly,** don't think that just because you have insurance that it will act as a maintenance policy. If items that wear and tear and have a specific period of usefulness break down, you may not get the type of claims response you were expecting.
- Oo check that your policy covers additional living expenses, which pays if families are forced to leave their home, due to a fire or another event.
- Onn't assume your landlord's insurance will cover your valuables, too. Home insurance isn't only for homeowners; renters should also look at buying a policy.
- "As a tenant, you're responsible for covering your own items," he says. "It also helps cover you for liability, in case of a fire or another event," Karageorgos says.
- Liability coverage also protects against being sued by visitors if they are injured on the property.
- ✓ Do review your deductible. "Adjusting your deductible is important; maybe increase it to have a smaller premium," says Karageorgos, adding another insurance do is to look at bundling home insurance with other insurance policies, such as auto and life.

General guidance is available through IBC's help centre, which can be reached at ibc.ca or by calling 1.844.227.5422. он



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# 5 DECORATED HOMES

Unique Boutique & Tea

# **SAVE THE DATES:**

**Saturday & Sunday Nov. 17/18, 2018** 

May Court, Canada's oldest Service Club. All proceeds go back to helping people every day in our community.

Tour
Ticket Guide
\$3000

TICKETS AVAILABLE AT:

The May Court Shop, 54B Maple Avenue

705-737-1322







#### **INGREDIENTS**

1 Tbsp coconut oil

1 medium pumpkin, peeled, seeded and cubed

1 medium onion, diced

5 carrots, diced

2-inch piece fresh turmeric, peeled and diced

3-inch piece fresh ginger, peeled and diced

3 cloves garlic, roughly chopped

Chili flakes, to taste

4 cups vegetable stock

Pumpkin seeds to garnish

#### **DIRECTIONS**

In a soup pot, melt coconut oil over medium-high heat. Add pumpkin, onion, carrots, turmeric, ginger, garlic and chili flakes. Sauté until pumpkin and carrots begin to caramelize.

Cover with vegetable stock and simmer for about 30 minutes.

Using a hand blender (or transfer to a food processor or blender), blend until smooth.
Garnish with pumpkin seeds to

online

Get more recipes at ourhomes.ca/mag/cook





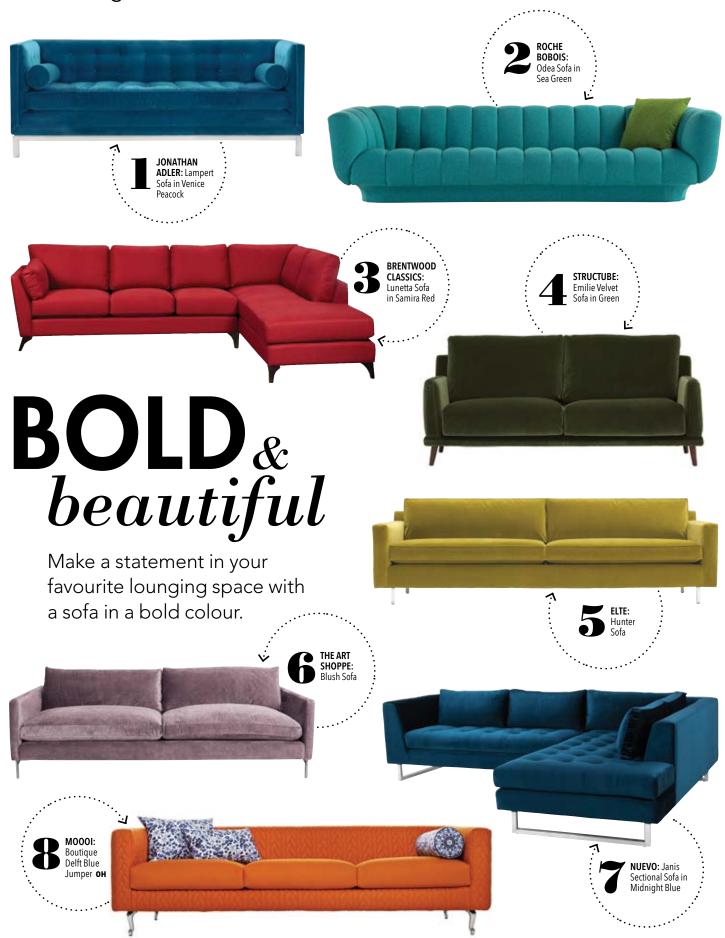




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